



Cookridge Holy Trinity Church of England (A) Primary School

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'The Best for Every Child -a Unique Child of God'
ISSUE No 2

15th September 2023

Dear Parent / Carers

Our Christian Value this term is **Respect**

Our Ethos Statement this week is: **So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets. Matthew 7:12**

Autumn Term

What a week! We have had more of our children in Reception Classes joining us this week -so that all of our children have now started 'big school'. They looked so lovely in their uniforms! A big Holy Trinity Welcome to all of our new parents. Our Year 6 buddies are waiting with baited breath for their moment to shine as buddies for our new family members – they have spent years wondering what it will be like to have that status – well now it is here! I am sure that they will be even better than last year's buddies!

Morning line up routine

Thank you for helping with our morning routine and dropping off your child(ren) on the top playground – It really does help with us having a prompt start to the day. It also stops the congestion as children are trying to get across the playground as they walk in and parents moving up the playground – keeping all safe.

I know that some children find the separation difficult and if that is the case then please wait with them on the top playground until the bell goes so that they can go in to school by joining the end of their line.

Just a reminder about our dropping off and collection routines

Start of the school day: – gates will open from 8:40am. Mr Osborne will be manning the gate from this time. Mrs Hellings, Mrs Casling and Mr Clarke supervising the children in their lines. Teachers will be collecting the children at 8:50am.

On the top playground (nearest to the gates) we will have a drop off zone where parents can come onto the school playground (if they need to) so that water bottles, book bags etc can be handed over and then your child will go straight to their lining up point. This system has really encouraged our children to develop independence and resilience – it has also enabled parents/carers to have a quick drop off and get off to work/start your day.

Years 1, 2 and 3 will line up on the middle playground;

Years 4,5,6 will line up on the bottom playground;

Reception parents will be informed of the start/end of the school day as they start school.

The afternoon collection routine: The gates will open at 3:20pm

The children will be dismissed to certain areas on all three playgrounds

Years 4,5,6 will be dismissed to the bottom playground;

Year 1 will be dismissed from the year 1 gated area;

Years 2 and 3 will be dismissed from the top playground.



Diocese of Leeds



The Best for Every Child- a Unique Child of God

Pupil of the Week

<p>1K</p> <p>This week our 1K pupil of the week is Harriet Pickersgill for being a fantastic role model to the class. Well done Harriet! 😊</p>	<p>1RM</p> <p>This week in 1RM, Joshua Pierce is our Pupil of the Week! Joshua has settled into Year 1 really well. He always has his hand up on the carpet and joins in with all lessons. Joshua sets a brilliant example by always following our golden rules. Well done Joshua! 😊</p>
<p>2J</p> <p>I have been really impressed with how well my class have already settled into Year 2. They are already learning well and are becoming more engaged in lessons by the day. Our pupil of the week is Emmy as she has shown a really positive attitude towards all of her learning and she is always smiling. She hasn't found everything easy, but has tried her best in every lesson and given 100% effort. Well done Emmy. Keep it up! 😊</p>	<p>2S</p> <p>Our pupil of the week is Leonard Macgregor for having a fabulous week in year two. Leonard always has his hand up and tries really hard in everything he does. Well done Leonard for being a super role model in year two! 😊</p>
<p>3P</p> <p>This week, I have chosen Joseph Wouters as our pupil of the week. Joseph has had a great start to year 3, he is an excellent role model around school showing respect and kindness to all students and staff. Joseph has been sharing some fantastic ideas for his character descriptions of Aunt Sponge in our English lessons and has been working very hard in maths lessons partitioning numbers. Well done, keep it up! 😊</p>	<p>3R</p> <p>I have had a fantastic first two weeks back at school with my new class! Everyone in 3R has impressed me with their learning :) This week I have chosen Ben as my pupil of the week. Ben has stood out to me for all the right reasons; he has been listening well in class and trying hard with all his learning. He has written some fantastic super sentences about Aunt Sponge and Aunt Spiker in English and has worked hard in maths with his work on place value. Well done Ben - keep up the good work! :-)</p>
<p>4L</p> <p>My 4L Pupil of the Week goes to Rory Briscoe-Wilkinson for a fantastic start to year 4! Rory has come into school each day with lots of enthusiasm towards his learning. He has tried so hard with his reading and writing and has particularly worked hard with his maths work, showing some great understanding! I know that lots of teacher are impressed with him already! Well done, Rory! :-)</p>	<p>4W</p> <p>Well done to all of 4W for a great first two weeks in year 4, you have made picking a pupil of the week really hard! However, after much deliberation, I have chosen Camilla Wright. Cammy is a fantastic member of the class, she is incredibly polite, kind and hardworking as well as being a superb friend to others. I am sure with her mature attitude and hard work; she is going to have a fantastic year! Well done, Cammy. 😊</p>
<p>5E</p> <p>Eleanor Nesbitt is our pupil of the week this week. She has demonstrated to me qualities that I want to see throughout the year: effort, resilience, perseverance and kindness. I have loved seeing her struggle then keep on going until she succeeds. Her hand has been up all the time and, even if she doesn't get it right,</p>	<p>5H</p> <p>I have chosen Jacob Orson as my pupil of the week this week! I have been really impressed with his enthusiasm in his maths and english and how well he is settling into year 5. He has completed all of his work and has tried really hard this week! I am looking forward to seeing his confidence grow in these subject</p>

she carries on going. Great start to Year 5, Eleanor. 😊	areas as the year progresses. Well done Jacob! :-)
6C Josh Archibald for his hard work and effort during the first few weeks of Y6. He has begun the new year with a superb attitude, putting incredible effort into all tasks and always offering insightful responses to our class discussions. A superb start Josh keep up the impressive efforts. 😊	6M Rajan Bhath for his incredible start to Year 6. He's working independently, participating in class discussions and showing a great deal of maturity. His work is also always completed to a high standard. Well done Rajan- keep it up :-)

Dates for your diary

Thur 21 Sep – **Individual School School Photographs**

w/c 25 Sep - Wellbeing Week

Fri 29 to Sun 1 Oct – Angel Festival at Holy Trinity Church

Fri 6 Oct - Harvest Festival – information to follow

Thur 12 Oct - Year 4 trip to the Railway Museum (information to follow)

w/c 23 Oct - Parents Consultations (information to follow)

Fri 27 Oct – training day

w/c Mon 30 Oct – half term holiday

Thur 9 Nov – Nasal Flu immunisations (information and consent form to follow)

Mon 13 Nov – Odd Socks Day – Anti-Bullying week

Wed 15 Nov – Year 3 trip to Herd Farm (information to follow)

Parent Prayer Group

Next meeting Wednesday 4th October. We meet in the school conference room from 9am with the meeting starting at 9:30. We finish at 10am – all are very welcome

Mathletics

Children should now have received a Mathletics log in from their class teacher. There is the weekly homework task to complete and also many more features to explore. If you want to find out more about Mathletics there is a link on our school website on the Maths page.

Each week we announce in the school newsletter which class in KS1 and KS2 have achieved the trophy for points earned, and who our top 10 mathletes are for participation. At the end of each term, the top 10 mathletes overall for the term will receive a small prize.

As it is the first week of starting, there is not class in the lead yet for the trophy, but the first top 10 results are in...

Well done to:

1. Sophie Harris
2. Jenson Bryer
3. Rupert Kitts
4. Eloise Harris
5. Zachary Taylor
6. Aaran Mander
7. Eryn Edson
8. Esme Dargan
9. Meadow Brazil
10. Maya Zelikson

Bear Hunt

As the Bear Hunt draws to a close there are a few events happening in Leeds, please follow the link below for more information:

<https://leedsbearhunt.co.uk/>



Visit from the Leeds Rhinos

Monday afternoon was a little different to usual, as all of the children in school were treated to a visit from two players from Leeds Rhinos. Leon Ruan and Justin Sangaré joined us in the school hall where they were grilled by the children about life as a professional rugby player. The duo shared their experiences about life at the Rhinos as well as giving their top tips on how to set goals and targets, and importantly, how to achieve them – valuable lessons for both on the rugby pitch and in school. Children also demonstrated their impressive language skills by asking Justin Sangaré, a French international, a number of questions in French. The afternoon proved to be a fantastic experience for both children and staff.

Don't forget there is still time to order your tickets for the Leeds Rhinos match on Fri 22nd September (see attached flyer)

Pictured are Leon and Justin with some of our PE Council



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Cath Hellings
Headteacher



Leeds

Clinical Commissioning Group



www.kooth.com

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can

access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

[The Mix](http://www.themix.org.uk) Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People