



Cookridge Holy Trinity Church of England (A) Primary School

Green Lane Cookridge LEEDS LS16 7EZ

Telephone 0113 225 3040

www.holytrinity.leeds.sch.uk

'The Best for Every Child -a Unique Child of God'
ISSUE No 556

25th November, 2022

Dear Parent / Carers

Our Christian Value this term is **Friendship**

Our Ethos Statement this week is **'Greater love has no one than this, that he lay down his life for friends. You are my friends if you do what I command you.'** John 15: 13-14 (Jesus' words at the Last Supper)

Autumn Term

We had a wonderful start to the week with our year 6 children leading our Monday morning worship. They had a very clear focus upon what it means to be a good friend and our children were more than happy to help with suggestions and answers to their questions.

Our children in Key Stage 2 took part in some internet safety lessons this week with our annual visit from D:Side. They were reminded about how to keep safe on the internet.

Our year 4 children went to Headingley Water Treatment Works to find about the water cycle and also to learn about water wastage and how we can protect the environment as part of their Science topic this term. Our children also went to St George's Crypt to find out about what Christmas is all about when they watch their Christmas production! This week also saw the stage being re-assembled and the tree being decorated in readiness for the Christmas season. As part of our De-carbonisation works we have had our roof covered with 240 solar panels this week. The next stage is the installation of the heat source pump in the boiler room.

Parking

Please make sure that you park/drop your child off at school responsibly – not on the double yellow lines or stopping on the white zig-zag lines as these are both illegal.

Our PCSOs will be back around next week to help with keeping our children safe getting to and from school.

Pupil of the week

<p>1A This week my pupil of the week is Grace Kellett. I could choose Grace any week. She is always joining in and giving 100%. Grace puts her hand up to answer questions and, even if she's not quite sure, she will use what she knows to make an educated guess. She is also a super friend and very caring towards all members of the class. Well done, Grace! 😊</p>	<p>1RE Our Pupil of the Week is Jack Lee. Jack is such a happy, smiley member of 1RE and is a great friend. This week he has stood out for his perseverance with some very tricky 'finding the difference' work in maths. He has shown a great growth mindset! Well done Jack :-)</p>
<p>2S This week we have chosen Eleanor Bose as our</p>	<p>2J Our pupil of the week is Zachary. Zachary has</p>

 **THE CHURCH
OF ENGLAND**
Diocese of Leeds



The Best for Every Child- a Unique Child of God

<p>pupil of the week in 2S. Eleanor is always a superstar and consistently does the right thing. She puts 100% into all her learning and has really impressed with her maths and reading recently. Keep up the hard work Eleanor, you should be really proud of all your efforts! 😊</p>	<p>had a great term so far. His handwriting has become incredibly neat and he is always conscientious with his presentation in his books. He has impressed me with his writing skills recently, demonstrating that he knows how to use adverbs, adjectives, conjunctions and a variety of punctuation in sentences to make them interesting to read. He has also been delivering his lines for the Christmas Nativity with confidence and expression. Well done Zach!</p>
<p>3P This week I have chosen Katy-Rose Sorren as our pupil of the week. Katy-Rose is a kind friend and thoughtful member of 3P who always follows our golden rules. She has particularly impressed us in group work in Science and Geography this week where she has had some fantastic ideas and led the group with kindness and confidence. She has also produced an excellent vulture fact file linked to our English novel 'The Explorer'. Well done Katy-Rose, keep up the good work! 😊</p>	<p>3R This week I have chosen Haashir. In the short time Haashir has been in our school he has settled into 3R brilliantly and has impressed all the adults with his fantastic attitude to learning. Haashir sets an excellent example with his behaviour and always listens well. He always tries his very best in every task and has produced some brilliant writing this week. He has also impressed the rest of the class with his super quick recall of the 4 times table! Well done Haashir, keep it up :-)</p>
<p>4L My 4L Pupil of the Week is Isabelle Kerr! I am so pleased with Isabelle's attitude towards her learning. This week, she has tried incredibly hard with her learning across the whole curriculum, producing some lovely written and artistic pieces of work! I have seen her confidence with math has grown, particularly with her times tables so I hope this new found confidence will help her achieve even more! Isabelle is such a lovely kind and caring member of the class as well, so what a wonderful week in 4L! Well done, Isabelle! 😊</p>	<p>4W Well done to 4W for two fantastic school trips this week! It's been another tough choice this week however, I was super impressed with Oliver Graham on our Yorkshire Water trip. He was really engaged with our learning, asking and answering some fantastic questions and really representing the school superbly well. Not only that but Oliver is a fantastic member of the class, incredibly kind, helpful and polite and someone who always puts maximum effort into all that they do. Well done! 😊</p>
<p>5E Roan Forrest is our pupil of the week this week. He has shown a tremendous amount of growth this half-term and is really showing maturity in his writing and in how he wants to improve it. He seems to have a new found confidence in constructing challenging sentences which has led to a steep increase in the standard of his work. Keep it up please!</p>	<p>5H I have chosen Nicola as my pupil of the week because he has shown a brilliant positive mindset in our maths lessons when tackling challenging fraction questions. He has shown great determination and is building his confidence in maths. Well done Nicola! :)</p>
<p>6C Jonah Lee-Bentham for his impressive attitude this week in Y6. He has shown a greater desire and confidence to share his ideas and opinions in our class discussions. This has been particularly true when discussing our class novel 'The Boy in the Striped Pyjamas', showing a deep awareness of the events and identifying clues to help with understanding character motivations – keep up the superb efforts.</p>	<p>6M Yashar Parsamanesh for his amazing attitude to his learning. He is growing in confidence each week and is now showing a good grasp with his work in English and all other areas of the curriculum. This week I have been very impressed with how Yashar is now contributing to lessons and asking questions to further develop his knowledge. Well done Yashar- keep it up 😊</p>

Dates for your diary

Tue 6 Dec – Reception Nativity (9:30am)

Wed 7 Dec – Reception Nativity (2pm)

Tue 13 Dec – KS1 Nativity (2:15pm)

Wed 14 Dec – KS1 Nativity (9:20am)

Thur 15 Dec – KS2 Carols at church (AM) Christmas lunch and parties

Fri 16 Dec – Carols round the tree (PM)

Christmas Tree Festival – Saturday 3rd December

Cookridge Methodist Church Christmas Tree Festival is on Saturday 3rd December 11am to 1pm

Decorated Trees, Bacon Butties, Refreshments, Tombola, Handmade crafts, Christmas stall, Jigsaws, Cake stall and more!

All welcome!



Home School Values

This term we will be focusing in school on the value

FRIENDSHIP. Please find our Home School Values activities attached, we hope your family will find these ideas helpful as you explore the value and have fun together.

Operation Christmas Child Shoebox Appeal 2022

A massive thank you for all your generosity and support with our Shoebox Appeal this year. We collected an incredible amount of items to fill over 119 shoeboxes! These will now be travelling overseas to Ukraine and bordering countries to bring a smile to many children's faces over the Christmas period!

Many thanks,

Miss Lillington and the Worship Team



KS2 Christmas carol services



Due to the wonderful turnout of parents to our KS1 Harvest Festival earlier this year, we are expecting lots of parents/carers will want to join us at Holy Trinity Church for our KS2 carol service. In light of this, we have decided to put on 2 performances, the original one as planned on Thursday 15th December at 9.30am and a second on the same day at 2.15pm. The children will then walk back to school for collection at home time as usual.

We will be asking the children to wear school uniform on that day, but they may wear a Christmas/festive jumper instead of their school jumper/cardigan.

A letter will be coming home to complete if you would like a ticket for either carol concert - we want to allow as many to attend as possible, but are mindful of the space in Church so have decided to issue tickets (no charge). Please return the letter to your child's teacher if you are able/would like to attend - initially we can offer 2 tickets per family and then will evaluate the numbers for extras, so please indicate on the form if you would like to be

considered for spare tickets. They will be issued as reply slips come into school. If you can avoid needing to bring pushchairs/prams, this would be appreciated, but we will aim to accommodate as many as we can.

Mathletics

This week the Key Stage trophies are awarded to 2S and 3R - well done to all who contributed.

This week to Top 10 mathletes are:

1. Millie Mellor
2. Zhila Zangana
3. Sophie Harris
4. Jenson Bryer
5. Elsana Ganjpoor
6. Lily Mitchell
7. Eleanor Bose
8. Michael Li
9. Alexa McKenzie
10. George Obbereuter

Great to see a few new names this week 😊

Cath Hellings
Headteacher



Leeds

Clinical Commissioning Group



www.kooth.com

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/

writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People