



## Cookridge Holy Trinity Church of England (A) Primary School

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**'The Best for Every Child -a Unique Child of God'**  
**ISSUE No 554**

11<sup>th</sup> November, 2022

Dear Parent / Carers

Our Christian Value this term is **Friendship**

Our Ethos Statement this week is: **'I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you.'**  
**John 15: 15**

### Autumn Term

Work began this week on our decarbonisation programme. When the workmen dug up an area outside of year 4 they discovered a pack of school items that had been placed there in 2011. There were a few magazines in it and ... a Pokemon card! Who knew! I might try for a swap at Pokemon club next week 😊

We had a visitor in school this week from the Local Authority SEN Quality Assurance Team. She spent time looking at our SEN learning across school. Her focus was upon the progress children who are identified on the SEN register make in school. She took time to visit all classes and looked at the learning children were engaged in. She commented upon how well children were tackling their learning and noticed how there was a balance between supported and independent learning. She commented upon children making good progress from their starting points.

Next week we are taking part in Anti-Bullying Week – don't forget your odd socks for Monday!

### Dogs in and around before and after school

If you bring your dog to school for the drop off or the pick up can you please ensure that they are placed away from the gate. We do have some children who are very afraid of dogs and who have been worried about coming into school due to the number of dogs around. Please can you also make sure that they are under control and do not jump up at adults and children passing by.

Many thanks

### Parking

Please make sure that you park/drop your child off at school responsibly – not on the double yellow lines or stopping on the white zig-zag lines as these are both illegal.

Our PCSOs will be back around next week to help with keeping our children safe getting to and from school.

### Pupil of the week

1A This week my pupil of the week is Harrison. Harrison has been impressing all the adults in 1A by how much his hand is up in lessons. He is now	1RE Our Pupil of the Week is Daisy White. Daisy is one of our 'always' children. She is always doing the right thing and following our golden rules.
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<p>joining in all the time and really thinking about the answers he gives. We have also noticed how hard he is trying in his writing and reading. Well done, Harrison. Keep up this super attitude to your learning! 😊</p>	<p>She gives us 100% effort in all our lessons and we think she is a superstar! Well Done Daisy 😊</p>
<p>2S This week we have chosen Lyra Hakim as our pupil of the week. Lyra is a delight to teach but this week she has really stood out with her wonderful answers about our new class book 'A Christmas Carol'. She has shown a super understanding of the characters and can clearly explain the meaning behind the story and why we should show compassion for others. Keep up all your hard work Lyra, well done! 😊</p>	<p>2J Our pupil of the week this week is Alice! I could give Alice pupil of the week every week. She is an excellent role model in class as she is one of my always pupils - always listening, always doing her best, always being polite and always smiling. This past two weeks Alice has particularly impressed me in our maths lessons where she has conscientiously tackled our tricky extended column method for addition and subtraction. She has also shown some superb balances in gymnastics. Keep it up Alice. 😊</p>
<p>3P This week I have chosen Charlie Rogers as our pupil of the week. Charlie has really impressed all of the year 3 team with his independence and perseverance this week. He has been using imaginative vocabulary and writing sentences independently to describe the jungle in our English lessons and how becoming more confident with column addition in maths. Charlie is also a wonderfully kind friend and class member. Well done Charlie, keep it up! 😊</p>	<p>3R My pupil of the week is Amelia Furlong for being a fantastic friend to all and always showing great enthusiasm towards her learning. Amelia impressed many adults on our school trip for persevering with the activities and encouraging others to do the same. Amelia is kind, helpful and is always looking after others which is lovely to see. She has shown great enthusiasm with her learning this week and has produced some super writing in English. Well done Amelia - keep it up! 😊</p>
<p>4L My 4L Pupil of the Week is Maya Zelikson for her fantastic attitude towards her learning! She always tries incredibly hard with her learning and puts 100% into everything she does! She produced a descriptive poem, really capturing the detail of the iceberg which sank the Titanic! She has also shown great enthusiasm in our Science states of matter topic this half term, both thinking and working scientifically! Well done Maya! 😊</p>	<p>4W Well done for another great week in 4W making pupil of the week a rather tricky choice. However, I have been really impressed with Maksym. He has had a fab start to the half term and has been working really hard in all lessons but particularly in maths, science and history - enjoying our Titanic learning. Maksym also really impressed me in our football lesson on Tuesday, he demonstrated fantastic teamwork encouraging his team as well as sharing his top tips. Well done, Maksym! 😊😊</p>
<p>5E Abudi Hamdoush is our pupil of the week this week. He has been showing more and more how he wants to improve all his work, especially his English writing where is really pushing his own standards which has led to a real increase in quality and understanding of how to write more ambitious sentences. 😊</p>	<p>5H I have chosen Olivia Barnes because of her excellent attitude towards her learning. She always works hard, is polite and kind. She has really impressed me with her descriptive sentences in a "Holes," description and she has also gained her pen licence as her presentation is beautiful. Well done Olivia! :-)</p>
<p>6C Olivia Goodyear for her great attitude to work in Y6. She continually demonstrates perseverance and effort in the tasks she undertakes. This week I have also been impressed by her increased involvement in our class discussions and she has provided some excellent responses and opinions about our class novel in English and explanations of strategies in maths. Keep up the superb attitude 😊 well done Olivia.</p>	<p>6M Oliver Harland for his fantastic work in our Maths lessons. Oliver is showing a real growth mindset and understanding when it comes to some tricky work on fractions. He has managed to attempt problems involving finding common denominators in larger multiplication tables, and his determination to find an answer was very impressive and did not go unnoticed. This can also be said for every other subject we learn!</p>

### **Dates for your diary**

Mon 14 Nov – Odd Socks Day - for anti-bullying week  
Tue 22 & Thur 24 Nov – Year 4 trip to Yorkshire Water  
Fri 25 Nov – Year 3 and 4 trip to St George's Church annual Christmas stage production  
Tue 6 Dec – Reception Nativity (AM)  
Wed 7 Dec – Reception Nativity (PM)  
Tue 13 Dec – KS1 Nativity (PM)  
Wed 14 Dec – KS1 Nativity (AM)  
Thur 15 Dec – KS2 Carols at church (AM) Christmas lunch and parties  
Fri 16 Dec – Carols round the tree (PM)

### **Christmas Tree Festival – Saturday 3<sup>rd</sup> December**

Cookridge Methodist Church Christmas Tree Festival is on Saturday 3<sup>rd</sup> December 11am to 1pm  
Decorated Trees, Bacon Butties, Refreshments, Tombola, Handmade crafts, Christmas stall, Jigsaws, Cake stall and more!  
All welcome!



### **Remembrance at Holy Trinity**



Children at Holy Trinity have been celebrating the lives of those who have fought in wars, both past and present. Each class have been reading the ww1 poem, "Flanders Fields," and have recorded a video of them performing the poem, which can be found on the history page of our website and will also be sent out to parents. Additionally, the children have produced beautiful illustrations to go with the poem, which is hanging on our front gate for members of the community to see.

### **Green Peace Planet Competition for 7-11 year olds!**

If you care about nature or protecting the planet, we've got the competition for you!  
Greenpeace's first Poems for the Planet competition, in collaboration with National Poetry Day, invites you to put your poetry hat on. We want your lively limericks, heartfelt haikus and polished prose on the theme of hope and the environment. For this year's National Poetry Day on 6 October, explore the beauty of the natural world around us and the need to protect the planet. Maybe you love whale song and want to capture it as poetry. Or maybe you felt moved at an environmental protest. We'd love to read about whatever inspires you to write a poem for the planet. The competition is open to all ages from 7 and above.  
Submit your poem by midnight on 1 December 2022 using the online entry form on the Greenpeace website.

<https://www.greenpeace.org.uk/resources/poems-planet-competition/>

Happy Writing!  
Eco Warriors

### **Children in Need**

Friday 18<sup>th</sup> November is Children in Need. We will not be collecting money this year but children are welcome to come to school wearing a Children in Need accessory (ears/ hat etc). Normal school uniform is required.



### **Sex Education and Relationships Education**

We want to review our curriculum for teaching Sex Education and Relationships Education in year 5 and 6 and would like to set up a working party of staff and parents to do this. Thank you to those who have already volunteered, if you are interested in helping us with this then please contact the school office to let us know.

### **Home School Values**

This term we will be focusing in school on the value

FRIENDSHIP. Please find our Home School Values activities attached, we hope your family will find these ideas helpful as you explore the value and have fun together.

### **Operation Christmas Child - Shoebox Appeal – DEADLINE MONDAY 21<sup>st</sup> NOVEMBER 2022**

We are hoping to repeat last year's success and run our Shoebox Appeal once again. Of course, the past couple of years have been different and incredibly difficult for everyone, so we have joined together as a school to create our shoeboxes with classmates. Each class have been given 7 shoeboxes to fill, it would be brilliant if each child could bring one or two items to help fill their class shoeboxes. I know lots of children have already brought items into school which is fantastic!



If you would like to create your own shoebox at home with family, that would be incredible! We have run out of the flat pack boxes but you would be very welcome to fill a normal shoebox (please don't seal it if you wrap it up!)

**Ideas for items to donate:** toothbrush, bar of soap, small toys, books, colouring books, pens, pencils etc. (See the attached information guide for more details of what may be included)

**Please bring your items into school no later than Monday 21<sup>st</sup> November 2022.**

Many thanks for your continued support,

Miss Lillington

### **Mathletics**

The Mathletics trophies this week are awarded to 2S and 3R - well done to all who have contributed.

This week's top 10 mathletes are:

1. Jenson Bryer
2. Lyra Hakim
3. Elsana Ganjpoor
4. Michael Li
5. Harry Wilson
6. George Cook/Sophie Harris
7. Eloise Heels
8. Zhila Zangana
9. Jaxon Child
10. Sebastian Wilson

If anyone has been trying the Barvember challenges at home I would love to hear about it! If you haven't tried any yet, the link is:

<https://whiterosemaths.com/resources/barvember>

On the website on the Maths page, I have uploaded some videos demonstrating how to tackle each level of problem.

Cath Hellings  
Headteacher



**Leeds**

**Clinical Commissioning Group**



[www.kooth.com](http://www.kooth.com)

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community ([www.kooth.com](http://www.kooth.com)) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



**Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

**Silvercloud self-directed website for parents/carers**

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

**The Mix** Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. [www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

### **The Market Place**

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

### **Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

### **Bereavement support for Children and Young People**