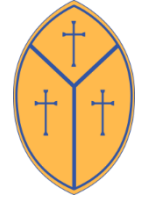




## PE Long Term Plan - Year 3



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 1-3 Outdoor (Thurs am)	Co-ordination Footwork FUNS 10	Rugby	Dynamic Balance On a line FUNS 5	Dance Rainforest	Cricket	Athletics (Sports Day prep)
Week 1-3 Indoor (Wed pm)	Static Balance One leg FUNS 1	Gymnastics Real Gym	Co-ordination Ball Skills FUNS 9	Static Balance Floor work FUNS 3	Gymnastics Real Gym	Dance Ancient Greek
Week 4-6 Outdoor (Thurs am)	Dynamic Balance to Agility Jumping and Landing FUNS 6	Rugby	Co-ordination Sending and Receiving FUNS 8	Agility Ball chasing FUNS 11	Cricket	Revisit Co-ordination Footwork FUNS 10
Week 4-6 Indoor (Wed pm)	Static Balance Seated FUNS 2	Gymnastics Real Gym	Counter Balance With a partner FUNS 7	Agility Reaction and Response FUNS 12	Gymnastics Real Gym	Static Balance Stance FUNS 4

- Autumn 2 - Trip to activity centre for OAA (Outdoor Adventurous Activity)