



Cookridge Holy Trinity Church of England (A) Primary School

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'The Best for Every Child - a Unique Child of God' ISSUE No 543

8th July 2022

Dear Parent / Carers

Our Christian Value this term is: **Truthfulness**

Our Ethos Statement this week is: **O Sovereign LORD, you are God! Your words are trustworthy, and you have promised these good things to your servant. 2 Samuel 7:28**

Remaining training days this year:

Monday and Tuesday 25th and 26th July

Training Days for 2022/23

Monday 5th Sept 2022

Friday 21st Oct 2022

Friday 26th May 2023

Monday/Tuesday 24th & 25th July 2023

Summer Term

This week we have had the pleasure of meeting our children who will be joining us in our Reception classes in September. They had wonderful 'Stay and Play' afternoons – our current Reception classes were busily rehearsing their end of the year worship that they performed to parents this afternoon. It is really wonderful to get back to a 'normal' way of life at Holy Trinity!


Our children in Year 2 enjoyed their trip to Yorkshire Wildlife Park on Thursday – they certainly had lovely weather for their visit.

I would like to say a big well done to our children in year 6 who received their SATs results this week. They have worked very hard to achieve their results and are a true credit to both us in school and to you, parents, for their hard work and fantastic work ethic during what has been very unusual times most recently. They have the skills and attitudes that will ensure their journey through their respective high schools will be a successful one.

Three children from year 5 took part in a science festival at Ralph Thoresby High School this week. The children in year 5 were tasked with a challenge to design and make a catapult device. Our children won the challenge for furthest launched article and second for overall performance. Well done to them!

The temperature for next week looks to be rising. Please ensure that your child comes to school wearing sun lotion, a hat and their water bottle. We do have a stock of Nivea sun lotion in school too for top up during the day if they need it.

Don't forget that next Monday is the 'Treat' day for our children – thank you to Miss Hickey for her organising this day again. It will be a non-uniform day. I am sure that our children will have a wonderful day. Thursday next week is also our Year 6 Enterprise Day. There will be lots of lovely activities planned by

 THE CHURCH
OF ENGLAND
Diocese of Leeds



The best for every child

our year 6 on that day – Year 6 are completing a project around business as part of the day. They have been given some ‘seed’ money to develop their business. If you would like to make a contribution please make it on SIMS PAY. You will find it in the ‘Events’ section.

Today marks the day when you will receive your child’s end of year report. We are sending them via SIMs again this year – look out for it coming.

Your child’s class for next year

Children will be finding out who their teachers are today:

Children in Mrs Rathmell’s class will be going into Mrs Riddell and Mrs Elders class - 1RE

Children in Miss Wynd and Mrs Bowman’s Class will be going into Miss Appleyard’s class – 1A

Children in Miss Appleyard’s class will be going into Miss Johnson’s class 2J

Children in Mrs Riddell and Mrs Morrow’s class will be going into Miss Slaney’s class 2S

Children in Miss Slaney’s class will be going into Miss Pickering’s class 3P

Children in Miss Johnson’s class will be going into Miss Russell’s class 3R

Children in Miss Russell’s class will be going into Mr Wilkinson’s class 4W

Children in Miss Pickering’s class will be going into Miss Lillington’s class 4L

Children in Miss Lillington’s class will be going into Mr Englefield’s Class 5E

Children in Mr Wilkinson’s class will be going into Miss Hickey’s class 5H

Children in Mr Englefield’s class will be going into Mr Clarke’s class 6C

Children in Miss Hickey’s class will be going into Mr March’s class 6M

The class teachers are looking forward to welcoming you to an information evening next Wednesday at either 3:45pm or 4:30pm. Miss Chang (SENCO) will be available from 4:15pm if you wish to speak with her.

Pupil of the week

<p>RR My Pupil of the Week is Evie McKenzie. This week we have been writing the story 'Snail and the Whale' after spending lots of time selecting vocabulary and sequencing key events. Evie's final piece of writing is excellent. She has used excellent vocabulary, has written the story in great detail and her handwriting is brilliant. Evie chose to spend a long time completely her writing and was really proud of the finished piece. Well done, Evie 😊</p>	<p>RWB Out pupil of the week is Henry Hickman. Henry has worked hard throughout the year and has really developed his levels of perseverance, and this has shown in the pieces of work that Henry has completed. Well done Henry! 😊</p>
<p>1A This week I have chosen Kitty Popplewell for the second time. She has impressed us all year with her attitude to learning. She always tries her absolute hardest and this is really paying off. She also is an enthusiastic learner and has shown us all how read she is for Year2. Well done Kitty! 😊</p>	<p>1RM Out pupil of the week is Henry Hickman. Henry has worked hard throughout the year and has really developed his levels of perseverance, and this has shown in the pieces of work that Henry has completed. Well done Henry! 😊</p>
<p>Year 2 This week we have chosen all of year 2 for pupil of the week! They were all absolutely fantastic on our trip to Yorkshire Wildlife Park and represented the school brilliantly despite it being rather</p>	

<p>warm!! We were really impressed by their enthusiasm and interest in the animals we saw. Also a big thank you to all the adults who joined us, we couldn't have done it without your help. Well done year 2, you're all superstars! 😊</p>	
<p>3P This week I have chosen Karis Richards as our pupil of the week. Karis really impressed me with her super attitude on Sports day. Showing lots of enthusiasm, she took part in all of the carousel activities and a sprinting race. Helping us set up for the races, she showed real team spirit and positivity all day long! In English, Karis has produced a fantastic leaflet persuading readers to visit Greece. It includes persuasive writing features and is presented very neatly. Well done Karis! 😊</p>	<p>3R This week I have chosen Sophie for a brilliant week! Sophie is a delight to teach and always comes to school with a huge smile on her face. Last Thursday, Sophie really impressed all the adults by being brave and participating in the sports day events. She tried her very best and even took part in the sack race! She has also done some super work in maths this week, using scales to measuring mass accurately. Well done Sophie, we are all very proud of you! 😊</p>
<p>4L My 4L Pupil of the Week is Emmeline Pickup. Emmeline has had a wonderful week in class with her learning. She has shown great enthusiasm with her Egyptian adventure story writing, showing an incredible imagination! She has also showed good understanding in maths, learning about angles and properties of shape. Emmeline showed great enjoyment during our Egyptian day and was fully immersed in the day, showing kindness to others along the way! Well done Emmeline! 😊</p>	<p>4W Our pupil of the week this week is Sophie. Unfortunately, I have not been in school much this week but I was delighted to find out that the class have had a fantastic week. The supply teacher was particularly impressed with Sophie and her hard work in all subjects, her enthusiasm and her politeness too. Well done, Sophie for yet another fantastic week in year 4. 😊</p>
<p>5E Theo Cable is our pupil of the week this week. He has shown an added maturity in all lessons which has led to him producing some superb work in maths where he has excelled in working with time and in English where he has written a piece of suspense writing full of drama and tension. Well done, Theo. 😊</p>	<p>5H I have chosen Emily Dougill as my pupil of the week because she is an always child. I could choose her every week! She always works hard, listens and tries her very best. She is a delight to teach! Well done Emily! :-)</p>
<p>6c Charlie Britten for his great attitude in the final weeks of the school year. He has worked hard throughout Year 6 and it has been great to see his confidence in his work increase. Currently, he is also doing a fantastic job in our preparations for the Year 6 show and his acting abilities are shining through; he has a real knack for understanding and portraying a character as well as some great rhythm in the songs. Well done Charlie! 😊</p>	<p>6M Jacob Zelikson for his incredible attitude all year. He is an absolute superstar and always puts 100% effort into everything he does. Well done Jacob! :-)</p>

Dates for your diary

Mon 11 Jul – Rec to y5 Treat Day (Animal Day)
 Wed 13 Jul – Transition afternoons and meet the teacher evenings
 Thur 14 Jul – Y6 Enterprise Day
 Mon 18 Jul – Y6 End of year show to parents (am)
 Tue 19 Jul – Y6 End of year show to parents (eve)
 Thur 21 Jul – Year 6 treat day (Inflatable)

Ralph Thoresby Science Fair

On Wednesday, three children from Year 5 visited Ralph Thoresby High School as part of a catapult competition and Science Fair. The children had to design and make their own catapult to then be used practically in a set of competition events. The three also were tasked with making their own PowerPoint slides about their creation and presenting it to their peers.

The children did brilliantly and came 2nd overall. We won the competition for the distance event but were pipped to the post by another school based on the accuracy event. The catapult stood up to the rigours of testing and performed superbly.

In the afternoon, they took part in some further scientific testing and made their own hovercrafts before coming back to schools with big smiles. Well done Harry, Charlotte and Tom for your efforts and for representing school so positively.



Mathletics news

The winners of the trophy in KS1 are 2J, and in KS2 it is a tie between 3R and 5E - well done to all who contributed 😊

This week's top 10 are...

1. Max Gilbert
2. Popy Johnson
3. Eden Abidian
4. Sophia DiMonaco
5. Elsana Ganjpoor
6. Sophie Harris
7. Sebastian Wilson
8. Jackson Hill
9. Eleanor Nesbitt
10. Zachary Cunliffe

Cath Hellings
Headteacher

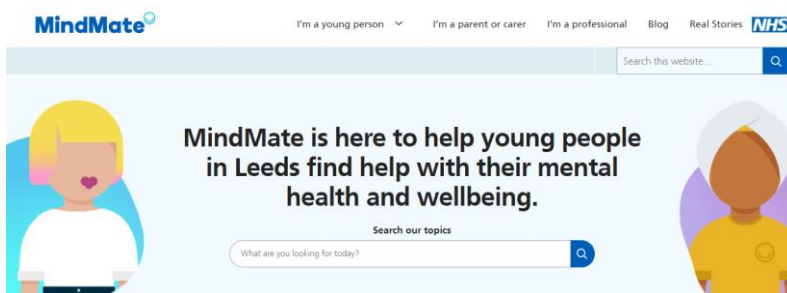


Leeds

Clinical Commissioning Group



www.kooth.com



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18. Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!
Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People