



# Cookridge Holy Trinity Church of England (A) Primary School

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## 'The Best for Every Child -a Unique Child of God' ISSUE No 542

1<sup>st</sup> July 2022

Dear Parent / Carers

Our Christian Value this term is: **Truthfulness**

Our Ethos Statement this week is: **But I trust in your unfailing love; my heart rejoices in your salvation**  
*Psalm 13:5*

### Remaining training days this year:

Monday and Tuesday 25<sup>th</sup> and 26<sup>th</sup> July

### Training Days for 2022/23

Monday 5<sup>th</sup> Sept 2022

Friday 21<sup>st</sup> Oct 2022

Friday 26<sup>th</sup> May 2023

Monday/Tuesday 24<sup>th</sup> & 25<sup>th</sup> July 2023

### Summer Term

It has been another busy week in school and it has been wonderful to welcome more parents, carers and grandparents into school to share children's work and for sports days. There has been a real sense of community around school and we look forward to building this as we move into the next academic year. This week some of our Year 5 pupils attended MindMate Ambassador training, with a view to taking a lead on promoting mental health and wellbeing across school from September. As we move towards the end of term the school diary is getting very busy, so keep an eye out for any upcoming diary dates for your child's year groups. We will be hosting transition afternoons for children to meet their new classes and meetings for parents after school on July 13th...more details to follow. Our Year 6 pupils have started their transition visits to their new high schools too, exciting times!

### Pupil of the week

RR

Our Pupil of the Week is Eliana Costa. Eliana is a very polite and kind member of our class and shows a brilliant attitude to all areas of learning. This week we have been learning how to sew and I was really impressed with Eliana's concentration and fine motor control. Eliana's finished product was brilliant. Well done Eliana

RWB

This week we have chosen Jessie Wilkin as our pupil of the week. Jessie is an amazing student and friend. She consistently tries hard and as a result has made fantastic progress throughout the year. She is helpful and reliable in class and shows great levels of determination and perseverance. Well done Jessie 😊



**The best for every child**

☺	
<p>1A My pupil of the week this week is Max Gallagher. Max has been impressing all members of Year 1 staff for the last few weeks. His hand is always up and he makes really useful contributions. We've noticed how much progress he is making and we are all so proud of how far he has come n Year1. Well done Max!</p>	<p>1RM This week in 1RM, Joseph Wouters is our pupil of the week! Joseph has had a brilliant start to our seaside topic and thoroughly enjoyed our seaside workshop on Monday. Joseph created a fantastic portrait of his friends in a Victorian seaside outfit and really impressed all of his teachers. Well done Joseph :-)</p>
<p>2J Sophie Prior is my pupil of the week for Year 2 this week. Sophie has had an outstanding year in Year 2. She listens brilliantly in every lesson and has an amazing memory for what she has learnt. She then concentrates hard and applies everything she has been taught in her work. Sophie is highly conscientious and always does her best. In addition, Sophie is always very polite and always considerate towards others. Her manners are superb and she is a kind, caring friend to others. Well done Sophie! ☺</p>	<p>2S Our pupil of the week in 2S is Ellie Kaye! Ellie is always an absolute superstar; she works hard in all her lessons, is always smiley and positive and is a lovely friend. However, she's really stood out for the fantastic questions she's asked over the year showing a really deep level of thinking about the world around her and she was excellent during our science talk this week about astrophysics!! Well done on a super year Ellie! ☺</p>
<p>3P This week I have chosen Emily Cail as our pupil of the week. Emily consistently impresses me with her excellent attitude both in class and around school. It has been noticed by myself and other adults that Emily always has a very mature and kind manner on the playground. She is a great team player in football and PE, enthusiastically leading and motivating the rest of her team. She always tries her best in every single lesson and is always keen to take on a challenge. Well done Emily! ☺</p>	<p>This week I have chosen Erin. Erin is an always child that I could choose every week without fail! She always tries her very best and sets an excellent example with her behaviour. She is kind and caring towards others and is incredibly helpful around the classroom too. This week Erin has worked hard on her persuasive writing, creating her travel brochure about Greece. I can't wait to read it when it's completed! Well done Erin, you are a superstar :-)</p>
<p>4L My 4L Pupil of the Week is Oliver Mitchell for his fantastic attitude towards his learning. He has shown great understanding and has enjoyed reading our class text during English lessons, creating some thoughtful responses to questions. He has also represented data using different graphs and shown good understanding of this maths topic. He showed great sportsmanship during our Sports Day! Oliver is always a very polite member of the class and been a star this week! ☺</p>	<p>4W Well doe to all of 4w for a great week and a fantastic sports day yesterday! Our Pupil of the Week is Rajan. Rajan has had an absolutely fantastic week and a fantastic year! He works incredibly hard in all lessons and always strives to produce the best work he possible can. What's more, his behaviour is always exemplary. Well done, Rajan! ☺</p>
<p>5E Oscar Webber is our pupil of the week this week. He has embodied all that is great about our school. On Sports Day he showed team spirit, commitment, sportsmanship and bags of enthusiasm. He displayed his work with pride during our book look and showed respect when we went to church for Mass on Wednesday. Thoroughly deserved, Oscar. ☺</p>	<p>5H I have chosen Yashar as pupil of the week because of his excellent knowledge of telling the time to the exact minute in maths. He has also impressed me this week on our sports day, which is his first at Holy Trinity, where he showed fantastic encouragement to others, tried really hard in his races and was smiling the whole way through! Well done Yashar! :-)</p>

6c

Lucas Avery for his great week in school. He is showing some impressive team work and independence when working, and overcoming problems, with his group for the upcoming Y6 Enterprise Day. He has also impressed with his acting abilities during rehearsals for our Y6 Show. He has shown stage presence and adaptability when 'ad-libbing' to improve the scene he is in - an actor in the making! 😊

6M

My pupil of the week is Caleb Townsley for his incredible attitude to learning all year. Over the past few weeks, I have been extremely impressed with the way he has learnt his lines for our end of year performance and he is really bringing his character to life. Well done Caleb! 😊

### **Dates for your diary**

Thur 7 Jul – Year 2 trip to Yorkshire Wildlife Park  
Mon 11 Jul – Rec to y5 Treat Day (information to follow!)  
Wed 13 Jul – Transition afternoons and meet the teacher evenings  
Thur 14 Jul – Y6 Enterprise Day  
Mon 18 Jul – Y6 End of year show to parents (am)  
Tue 19 Jul – Y6 End of year show to parents (eve)  
Thur 21 Jul – Year 6 treat day (Inflatable)

### **Mindmate Training**

This week Arnav, Freya and Imogen from Year 5 went with Miss Russell to the MindMate Ambassador training. They learnt all about how to look after children's mental health and what we could do in school to promote well-being. They contributed some fantastic thoughts and ideas and represented our school brilliantly. Well done to Arnav, Freya and Imogen 😊



### **Sports Day**

It was great to finally welcome parents, carers, friends and family back into school for sports days. Thanks all for coming and supporting! It was clear to see that all of the children had a fantastic time taking part in a range of activities from speed bounce and skipping to an agility course and basketball. As ever, the races on the field were hotly contested, including the ever-popular parents' race.

Well done to all of the children for participating and giving it their all. The winning team will be revealed on Monday morning.

Thanks once again for your support,



## **Enterprise Day 2022**

On **Thursday 14<sup>th</sup> July 2022**, Year 6 will be holding their annual Enterprise Day. For those of you that are not aware of what this day is, Enterprise Day is the culmination of a half term of teamwork, collaboration and lessons in which the children have learnt about being sensible with their money, how to budget and start a 'business' from a small investment. Each group is given £10 and the aim is to make as much money as they can from the given investment.



On their stalls they have come up with an initial business plan with activities, food, drink and healthy options. This day is also factored into our school policy on healthy eating as one of our exception days. This year there will be a range of activities, for all year groups to access. All the information about the stalls will be emailed in a newsletter designed by the children next week, as we have done in previous years.

Every year group will get the chance to visit the stalls and again, slightly different to previous years, money will not be exchanged during the event. Instead, this year we will be running a cashless Enterprise Day and instead money will be raised through a voluntary donation.

If you would like to make a contribution please make it on SIMS PAY. You will find it in the 'Events' section.

The money raised goes towards the year 6 end of school treat, and the rest is invested back into Year 6 to provide resources (SATs Busters, props for show, DT equipment etc) for future year 6 children and also donating to a charity chosen by the Year 6 children.

**Please see the attached flyer to find out more!**

Thank you for all of your support.

Mr Clarke and Mr March

Year 6 Teachers

## **Fundraising**

For the last few years, Esme Clark in Year 1 has been growing her hair so that when it was long enough, it could be chopped off, donated to the Little Princess Trust and used to make a wig for a child who has lost their hair, due to cancer or other illness.

The Little Princess Trust relies on hair donations but also financial donations to actually make and distribute the



wigs, so in addition to donating Esme's hair, we are hoping to raise as much money as possible, to be donated towards the trust's costs. It costs £550 to make one wig.

We appreciate times are very tough at the moment, but if you can spare a pound or two, it would mean the world to Esme, to the trust and to the child who eventually receives the wig.



Please follow the link below if you would like to make a donation:

[https://www.justgiving.com/fundraising/Esmebighaircut?utm\\_campaign=lc\\_frp\\_share\\_transaction\\_fundraiser\\_page\\_donation\\_received\\_-\\_nth\\_donation&utm\\_content=c9405d8f-1849-4594-a034-22eadb2ff756&utm\\_medium=email&utm\\_source=postoffice&utm\\_term=1655805498801](https://www.justgiving.com/fundraising/Esmebighaircut?utm_campaign=lc_frp_share_transaction_fundraiser_page_donation_received_-_nth_donation&utm_content=c9405d8f-1849-4594-a034-22eadb2ff756&utm_medium=email&utm_source=postoffice&utm_term=1655805498801)

Here are some before and after pictures – well done Esme!

### Grace Community Church Holiday Club

**EPIC**  
**explorers**  
for ages 4-11  
FREE summer activities based on bible stories for kids to learn and explore whilst having fun together

**GCC**  
Grace Community Church  
www.gccleedsnorth.org

Tuesday 30th August - Friday 2nd September  
10 am-12:30pm  
Cookridge Methodist Church, Tinshill Road  
To book please email: [epic@gccleedsnorth.org](mailto:epic@gccleedsnorth.org)

Friday 2nd September, Family Fun Night, Fun and Food, Cookridge Village Hall, Starts 6pm

### Mathletics news

This week the trophies are shared between the Year 1 classes in Key Stage 1, and in Key Stage 2 it goes to 3P.

The top 10 mathletes are:

1. Ruby Jones
2. Jackson Hill
3. Luchia Deakin
4. Elsana Ganjpoor
5. Zachary Cunliffe

6. Michael Li
7. Jessica Askey
8. Lyra Hakim
9. Jamie Nathan-Moss
10. Zachary Taylor

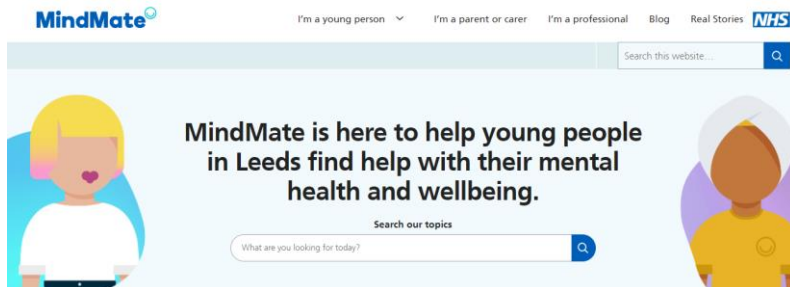
Cath Hellings  
Headteacher



**Leeds**  
Clinical Commissioning Group



[www.kooth.com](http://www.kooth.com)



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18. Kooth is an online community ([www.kooth.com](http://www.kooth.com)) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the

community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



### **Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

#### **Silvercloud self-directed website for parents/carers**

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!  
Tel: 0800 1111

**The Mix** Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.  
[www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

### **The Market Place**

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

**Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

**Bereavement support for Children and Young People**