



Cookridge Holy Trinity Church of England (A) Primary School

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'The Best for Every Child -a Unique Child of God'
ISSUE No 536

13th May 2022

Dear Parent / Carers

Our Christian Value this term is: **Compassion**

Our Ethos Statement this week is: **"Thus has the LORD of hosts said, 'Dispense true justice and practice kindness and compassion each to his brother. Zechariah 7:9"**

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July


Summer Term

This week our children in year 6 have endured 'testing times'. I am extremely proud of how well they have **Persevered** during the week and demonstrated their **Resilience** in tackling a multitude of problems posed to them – even the fire-drill earlier in the week! Their excellent attitude to learning and growth mindsets have been on display, not only this week but in every week this year. They are a testament to how well they have tackled not only the challenges that COVID has posed but also how well they have focussed upon doing the next right thing. They, along with their dedicated team of teachers and teaching assistants, definitely deserve a weekend of relaxing 😊

Our Year 6 epitomise how well every child in our school has returned to our normal routines of staying safe, learning well and having fun whilst engaging in their learning – I must admit to being surprised by a 'deposit' left on my desk from our year 4 children who were investigating what Romans ate last week. I spent quite a few minutes wondering exactly what the specimen was! Year 4 parents will know what I am on about there!! Have a wonderful weekend 😊

Pupil of the week

RR Charlie Witton is our Pupil of the Week :) Charlie always has a brilliant attitude towards learning and shares his ideas and thoughts about our areas of learning. Charlie is especially impressing us with his excellent reasoning skills in maths where he shows a deep understanding of number. Well done, Charlie :-))	RWB Our pupil of the week this week is Alice Pride. Alice has been trying really hard with her writing. She has been applying her knowledge of the sounds she knows and using these to write words and sentences. Well done Alice 😊
1A This week my pupil of the week is Emily Scott. Emily is an always child in our class. She always	1RM Our pupil of the week is Molly Fowkes. Molly always comes into school with a fantastic

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tries her best and gives 100%. She is a kind and caring friend who does her best to look after others. All in all she is a pleasure to have in 1A and feinitely on her way to becoming a year2! Well done, Emily! :-)	attitude, works hard and tries her best. She has done some excellent maths work on multiplication and has been working exceptionally hard on her reading. Well done Molly! 😊
2J Our pupil of the week this week is Emad. Emad has had a really good week in school. He has made a concerted effort to neaten up his handwriting and his letters are now more clearly formed. He wrote an excellent advert for his chewing gum meal, full of expressive vocabulary and his drama when reciting the 'Chocolate' poem by Michael Rosen was fantastic. He's becoming more confident with his times tables and addition and subtraction in maths too. Well done Emad! Keep it up! 😊	2S We have chosen Nicholas Goodwin as our pupil of the week! He has tried extremely hard with his learning, especially in maths where he has given some super explanations of how he's solved a problem. He's also putting his hand up more and showing lots of enthusiasm for our Charlie and the Chocolate Factory topic. Keep up the hard work Nic, well done! 😊
3P This week I have chosen George Thomas as our pupil of the week. This half term, he has really impressed me with his fantastic attitude to learning and his enthusiasm in our current topic 'Ancient Greece'. George has really improved his presentation skills and is taking pride in his writing, planning an exciting myth. His hard work in maths has been noticed by all of the year 3 team. Well done George, keep it up! 😊	3R This week I have chosen Eva as my pupil of the week for her enthusiasm and effort with her learning. Eva really impressed me on our school trip to the Royal Armouries last week when she acted the part of a character from a Greek myth. We have since started to plan our own myths and Eva has come up with some fantastic ideas for a hero and a beast. She has also been working independently in maths on her fractions work which has been amazing to see. Well done Eva! Keep up the good work 😊
4L My Pupil of the Week in 4L is Daniel Buckle. Daniel has had a really successful week, working hard to achieve all his goals and has tried hard in doing so! I am really happy to see how he has come into school each day with a positive 'can do' attitude towards his learning! Keep up the hard work Daniel! 😊	4W Another really tricky decision after a fab week in 4W! However, I have chosen Oskar Oliver. Oskar has really impressed me with all of his hard work and focus this week. He's had his head down, working extremely hard in all lessons with his handwriting and presentation looking excellent too. He's also been really engaged with all of our learning with his and always up asking questions or sharing his own ideas. Well done, Oskar! 👤
Millie Cable is our pupil of the week this week. She has written a brilliant first person retelling of a chapter in Beowulf complete with action, drama, suspense, emotion and perfect punctuation. She has also tackle angles with great success and can now identify them, order them, estimate and draw them. Well done, Millie. 😊	5H I have chosen Ben Higgins as pupil of the week because he has tried incredibly hard with his maths this week. I am very impressed with his determination to tackle some very challenging questions about angles and he has shown great enthusiasm and a growth mindset. Well done Ben! :-)
Yr 6 The whole of Year 6 for their outstanding and exemplary attitude throughout all of SATS week. They have been fantastic in the way they have approached the week, demonstrating an incredibly positive attitude towards their work while also supporting each other along the way. They have	

shown adaptability and patience throughout - a real credit to themselves and the school. Well done. ☺

Dates for your diary

Tue 17 May – Year 1 trip to Harlow Carr
Thur 26 May – Queen’s Jubilee Day!
Fri 27 May – School closed - training day
Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg
w/c 13 Jun – Year 6 bikeability
Fri 17 Jun – PTA Disco (TBC)
Thur 23 Jun – Year 4 trip to Bradford Media museum
Thur 7 Jul – Year 2 trip to Yorkshire Wildlife Park (information to follow soon)
Mon 11 Jul – Rec to y5 Treat Day (information to follow!)
Thur 21 Jul – Year 6 treat day (Inflatable)

Sports Days

This year we are delighted to announce that we will be holding a number of Sports Days and we are now able to invite parents to watch. In order to reduce numbers we will be spreading the sports days over a few days as follows:

Wed 22nd June – Reception (pm)
Thur 23rd June – Years 1 & 2 (am)
Mon 27th June - Year 6 (am)
Tue 28th June – Year 5 (am)
Thur 30th June – Years 3 & 4 (am)

More information to follow soon!



Thank you Tesco!

We would like to say a huge thank you to Tesco who kindly donated food for our year 6 SATS breakfasts this week. The children were treated to breakfast in school to set them up for the day! Tesco also donated suncream for our children to use in school and on trips if the sun decides to come out!

Jubilee Day – ‘Best Dressed Competition’

Just a reminder that we will be celebrating the Queen’s Platinum Jubilee on **Thursday 26th May**. The children are invited to come to school dressed as Kings and Queens and there will be a prize for a KS1 and KS2 pupil for being the, “best dressed!” Homemade costumes are very much encouraged

We are looking forward to seeing all your wonderful costumes!

Cookridge Community Run

This year’s Community Run is fast approaching and will be taking place on **Sunday 22 May**. There will also be a Community Fun Day including BBQ, treasure hunt, stalls and more!

Eco Warrior Notice

Congratulations to our winners, Maisie Barker 5H and Ernie Boyle 2J for their fantastic Earth Day Art. They have both won their own plant to care for and watch grow! Well done to the rest of the school for some fantastic entries, the Eco Warriors were very impressed!



Mathletics news

This week there are clear winners in the Key Stage trophy competition - well done to 5E and 1A, keep up the hard work 😊

Our Top 10 Mathletes this week are:

1. Maya Zelikson
2. I Li
3. Lily Jaques
4. Alexa McKenzie
5. Lyra Hakim
6. Florence Young
7. Eden Abidian
8. Zachary Cunliffe
9. Samuel Middleton
10. Esme McDermott

Cath Hellings
Headteacher

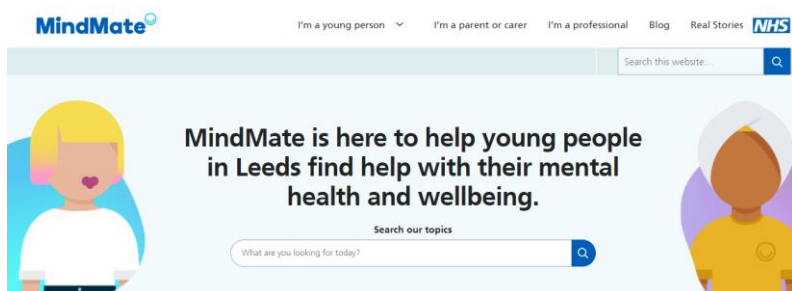


Leeds

Clinical Commissioning Group



www.kooth.com



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18. Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!
Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189.
18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People