



Cookridge Holy Trinity Church of England (A) Primary School

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www.holytrinity.leeds.sch.uk

'The Best for Every Child -a Unique Child of God'
ISSUE No 535

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Dear Parent / Carers

Our Christian Value this term is: **Compassion**

Our Ethos Statement this week is: **Showing compassion to others by sharing what we have. "Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant eln everything I showed you that by working hard in this manner you must help the weak and remember the words of the Lord Jesus, that He Himself said, 'It is more blessed to give than to receive.'" Acts 20:35**

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July

Summer Term

It has been another busy and exciting week in school, with some lovely burst of Spring sunshine, with more forecast for next week. Today our Year 3 children have been representing our school beautifully on a visit to the Royal Armouries, and earlier this week our Reception children visited Hesketh Farm where they had a wonderful time. Next it will be Year 1 going to Harlow Carr to explore the gardens. In school, we have enjoyed getting together in small groups for worship in the hall and it is wonderful seeing our school community coming enjoying each other's company. We are, however, mindful of keeping our hand washing routines and cleaning routines as robust as ever to maintain everybody's health.

This week we wished 'Eid Mubarak' to our families who celebrated Eid. We also had news that one of our Year 2 pupils, Sebby Wilson, has won first prize in the 'Ultimate Lunchbox' competition run by Warburtons – he designed a winning healthy lunchbox and has won a bakery hamper and a £50 supermarket voucher, alongside some goody bags for his classmates and a hamper for his teacher – well done Sebby!

Pupil of the week

<p>RR</p> <p>Vihan is Pupil of the Week . Vihan is showing a brilliant attitude to learning at school, he is making excellent progress in phonics and is beginning to use digraphs in his writing. Vihan has been working really well in groups and is a kind and caring towards the rest of the class. Vihan had a brilliant day at Hesketh Farm and engaged with all activities throughout the day.</p>	<p>RWB</p> <p>Our pupil of the week this week is Cooper Clarkson. During our school trip to Hesketh Farm Cooper was engaged and joined in and answered some of Farmer Chris' questions. Cooper has been working hard in school on developing his written skills and applying his phonics. Well done Cooper 😊</p> <p>We would also like to say a BIG thank you to all</p>
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 **THE CHURCH
OF ENGLAND**
Diocese of Leeds



The best for every child

Well done, Vihan 😊	of the Reception children, members of staff and helpers who assisted us on our trip to Hesketh farm. We are really proud of how well behaved the children were and we all had a fantastic day 😊
1A This week I have chosen Scarlett Smith. Scarlett has impressed me with her attitude and enthusiasm. She has worked so hard and followed all the instructions, thus allowing her to be one of the first to finish many task this week. Keep up all your hard work Scarlett and you will soon be Year 2 ready! 😊	1RM This week in 1RM, Jenson Bryer is our pupil of the week! Jenson is a really kind and caring member of our class and he is always working very hard in all subjects. This week he has really impressed his teachers with his fantastic multiplication skills! Well done Jenson, keep up the hard work 😊
2J Our pupil of the week this week is Layla Tawfiq. Layla has impressed us with her hard work and attitude towards her learning recently. Her handwriting is getting much neater and her reading is brilliant. Layla is making a lot of progress in her maths too due to her improved focus and concentration. Layla is a lovely, happy girl and comes into school with a big smile on her face everyday. She is cheerful and a good friend to others. Well done Layla! Keep it up! 😊	2S This week we have chosen Eden Abidian as our pupil of the week. He has been trying really hard with his English and has come up with some very creative ideas for his Wonka's chewing gum meal! He's also putting his hand up for answer more questions and doing some super reading. Well done Eden, keep it up! 😊
I have chosen Isaac Riches as our pupil of the week. Isaac is always the first pupil to put his hand up to contribute to class discussion which shows his enthusiasm for learning. He tries his best in every single lesson and is always keen to take on a challenge. Isaac's work finding equivalent fractions has really impressed me as he has persevered through some tricky questions showing a growth mindset. He has also demonstrated his balancing skills brilliantly in gymnastics. Well done Isaac! 😊	3R This week I have chosen Esme Dargan as my pupil of the week. Esme has been working hard in all areas of her learning and has written some fantastic sentences to describe the Gorgon Medusa as part of our English work on Greek myths. She has also impressed me in maths as she has been persevering with our work on equivalent fractions and putting her hand up to answer questions. Well done Esme! Keep up the good work 😊
4L My 4L Pupil of the Week is George March for a great week with his learning! George has persevered with some tricky decimals work in maths and in English, has written a detailed letter linking to our class text, which he has thoroughly enjoyed! Keep up the great work and enthusiasm George! 😊	4W Our pupil of the week is Eliza Trigg. Eliza is the definition of an always child, she always works incredibly hard in everything we do as well as setting a fantastic example with her behaviour. I have been particularly impressed with her work in maths where we have been looking at decimals. Despite the work being rather tricky, Eliza has taken it all in her stride and really pushed herself to complete all of the challenge work too. Well done, Eliza! 😊
5E Aaryan Mander is our pupil of the week this week. He has had an excellent week in his maths where he is achieving some brilliant scores in recent tests. His writing is the most impressive as his punctuation accuracy is improving all the time whilst trying to use lots of ambitious punctuation marks like colons, dashes	5H I have chosen Charlie Done as pupil of the week this week because of his fantastic attitude towards his maths. He has shown good knowledge and skills about angles this week, participating enthusiastically in class discussion, as well as improving on his presentation in his maths book. Well done Charlie! 😊

and semi-colons to improve his sentence structure. Well done. 😊	
6C Khiloni Dhabhi for her incredible efforts throughout this week and the entire year. She always puts in maximum effort to anything she undertakes and does so with a respectful and thoughtful attitude. It is brilliant to see her improve at her work and strive to get out of the 'learning pit' when she finds things tricky. Keep up the superb attitude, well done Khiloni. 😊	6M Isabelle Tunnicliffe for her showing excellent perseverance and determination. Issy always puts 100% into everything she does, but this week she has shown brilliant resilience to improve on her learning by answering tricky SATs questions during our Maths sessions; producing an excellent ski resort in English and also sharing well-thought-out answers during our guided reading sessions. Well done Isabelle- keep it up 😊

Dates for your diary

Tue 17 May – Year 1 trip to Harlow Carr
 Thur 26 May – Queen's Jubilee Day!
 Fri 27 May – School closed - training day
 Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg
 w/c 13 Jun – Year 6 bikeability
 Thur 23 Jun – Year 4 trip to Bradford Media museum (information to follow soon)
 Thur 7 Jul – Year 2 trip to Yorkshire Wildlife Park (information to follow soon)
 Mon 11 Jul – Rec to y5 Treat Day (information to follow!)
 Thur 21 Jul – Year 6 treat day (Inflatable)

Cookridge Community Run

The organisers of the Cookridge Community run have very kindly donated £500 to our school to spend on new PE equipment. We decided to buy 30 beautiful new footballs and 30 fantastic new rugby balls with the money. The children are already loving using them for their lessons so a HUGE thank you to anyone who donated to the run back in July.

This year's Community Run is fast approaching and will be taking place on **Sunday 22 May**. There will also be a Community Fun Day including BBQ, treasure hunt, stalls and more! (please see attached flyer)



School Absences

If your child is absent from school for any reason please contact the school office. If the reason for absence is a holiday you must complete a holiday request form prior to the absence. (If the absence is for just one day an email may be sufficient). If you have any queries, please contact the school office.
 Many thanks

Poppy Appeal

Many thanks to all those who bought poppies and donated last year, we raised a huge £659.36 for the Royal British Legion Poppy Appeal.



Mathletics news

There is an updated section about Mathletics on the school website with some information for parents.

The Top 10 currently are:

1. Eden Abidian
2. Esme McDermott
3. Alexa McKenzie
4. Michael Li
5. Elsana Ganjpoor
6. Isabelle Kerr
7. Samuel Middleton
8. Rajan Bhath
9. Sebastian Wilson
10. Antoni Palczewski

The Key stage trophies are shared between 1A and 2J this week, and in Key Stage 2 it's a joint win for 3R and 5H. Well done to everyone who has contributed.

Cath Hellings
Headteacher



Leeds

Clinical Commissioning Group



www.kooth.com



[I'm a young person](#) [I'm a parent or carer](#) [I'm a professional](#) [Blog](#) [Real Stories](#) 

Search this website 



MindMate is here to help young people in Leeds find help with their mental health and wellbeing.

Search our topics

What are you looking for today? 



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today
For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!
Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189.
18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People

COOKRIDGE

COMMUNITY FUN DAY AT

Bannatyne

Health Club & Spa

Saturday 21st May 2022 11am-3pm

• BBQ • Children's activities
• Raffle and tombola • Treasure hunt
• Stalls and community information tables

**COOKRIDGE
COMMUNITY RUN**

10K AND FUN RUN **SUNDAY 22 MAY 2022**

cookridgecommunityrun.co.uk

Supporting the



Supporting



CANCER
RESEARCH
UK

In memory of club member and good friend Gareth Dunn

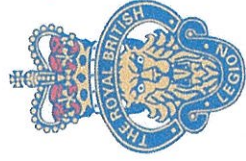
Proud partners of the run

Bannatyne
Health Club & Spa



HEADINGLEY

BR 1129



**Charity event at
The New Headingley Club**

Charity No 219279



Saturday the 7th of May 2022

12pm until 6pm

RBL Headingley V E Day Anniversary

*Dance & Jive
Jazz Orchestras
40s Canteen*



*Raffle/Tombola
Prize best 40's Dress
Face Painting*

Mr Martin Holman, BEM. Branch Secretary & Poppy Appeal Coordinator
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