



Cookridge Holy Trinity Church of England (A) Primary School

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‘The Best for Every Child -a Unique Child of God’ ISSUE No 533

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Dear Parent / Carers

Our Christian Value this term is: **Compassion**

Our Ethos Statement this week is: **The Lord is gracious and compassionate, slow to anger in rich in love. The Lord is good to all; he has compassion on all he has made. Psalm 145: 8-9**

Ramadan Kareem – to all who began Ramadan on 2nd April.

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July

Summer Term

I hope that you had a wonderful holiday and managed to enjoy a good rest.

It has been wonderful to have the children join in worship in the school hall this week and as we progress through the term there will be more opportunities to come together as a whole school family. You can always tell when we are getting back to a more normal way of life when the lost property box starts to fill up! Our box is overflowing – if you have a moment can you come by the office and have a look 😊

We have a term packed with lots of activity again this term and I am sure that, as with every other term in school, this one will fly by.

Don't forget that it is school photos next Monday

Pupil of the week

<p>RR Elliot Smart is our Pupil of the Week :) Elliot has had a brilliant first week back at school. He has shown a good attitude to his learning and this has had a really positive impact on his English and Maths this week. Elliot has shown a really good understanding of numbers beyond 10 and brilliant reasoning skills. Well done :-)</p>	<p>RWB We have chosen Phoebe Firth as our pupil of the week. Yesterday in class we were writing all about what we might see on a farm. Phoebe wrote some lovely sentences using the sounds that she knows. At the end Phoebe looked through her writing and thought of ways that she could make her sentences even better by using different sentences openers/starters. Great work, well done Phoebe! :-)</p>
<p>1A This week my pupil of the week is Robyn Heels. Robyn really impressed me when writing her instructions for how to plant a seed. I could see</p>	<p>1RM This week in 1RM, Alani Nathan-Moss is our pupil of the week. Alani always works hard and tries her best in all lessons. Alani has been</p>



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<p>her really trying to use her phonics to spell new words and structure her sentence properly. This also let her work a lot more independently, getting ready for Year 2! Well done, Robyn. :-)</p>	<p>listening really well this week and has showed fantastic participation especially in RE when we learnt about Compassion. Alani did a fantastic freeze frame to show Compassion. Well done, keep up the hard work :-)</p>
<p>2J Our Pupil of the Week this week is Elsana. I could give Elsana pupil of the week every week as she is certainly an 'always' pupil! Elsana always tries her best in every lesson and she is always polite and considerate to others. She has a great attitude towards her learning and always wants to succeed in everything she does. She has particularly been impressing me in her arithmetic lessons when we've been revising the four main operations in maths. Well done Elsana! ☺</p>	<p>2S This week we have chosen Alexis Rivett as our pupil of the week. She is trying so hard with all her learning and persevering even if she finds it tricky. We are especially proud of the progress she is making in reading and the enthusiasm she is showing! Keep up the hard work Lexie, it's really paying off! Well done! :-)</p>
<p>3P This week I have chosen Isabelle Kerr as our pupil of the week. Isabelle has shown fantastic perseverance in our tricky topic of tenths, in fractions this week. I have been impressed with her 'can do' attitude and her enthusiasm to try, try and try again! She has also created some beautiful geometric patterned designs in her sketchbook whilst researching Ancient Greek vases. Well done Isabelle, keep up the good work! ☺</p>	<p>3R This week I have chosen Charlie Pullan for trying his very best working hard in all areas of his learning. Charlie has impressed me with his super knowledge of fractions in maths and his times table recall. He has also produced some lovely artwork designing patterns for a Greek vase and worked well in a team during our cricket game in P.E. Well done Charlie, keep up the good work! ☺</p>
<p>4L My 4L Pupil of the Week this week is Daniel Thomas. Daniel has made a great start to the new summer term. He has been really engaged with our new class text in English and has shown great enthusiasm during our Science lesson, conducting a fantastic minibeast hunt! Daniel also produced brilliant sketches of insects, using his knowledge of the characteristics of each insect. Well done Daniel! ☺</p>	<p>4W Well done to 4W for a fab first week back after Easter. It has been a tricky decision as usual but I have chosen Saffron. Saffron has really impressed me with her maths work, she's really grown in confidence in the subject and has been working incredibly hard. We have been looking at some tricky fractions and decimals work but Saffron has done fantastically well. She always has her hand up in lessons to answer questions and is always keen to push herself by taking on tricky challenges. Well done, Saffron! 🤗</p>
<p>5E Rose Preston is our pupil of the week this week. She has put in a concerted effort into improving her English writing in our description of Grendel through asking questions about vocabulary choices. Her attitude to learning has been great this week and I can see she is really trying with her concentration. ☺</p>	<p>5H I have chosen Theo Njie as my pupil of the week because his attitude towards his learning has really impressed me since coming back to school after Easter. He contributed some fantastic ideas to our class discussion about our class novel "Beowulf" and has worked really hard in our decimal work in maths. Well done Theo, keep it up! :-)</p>
<p>6C Ben Stevenson for his great efforts this week. He has come back to school with a renewed attitude which he has demonstrated in all lessons. This has been particularly shown in maths where he is involved in all our class discussions and getting himself out of the learning pit. It has also been good to see him</p>	<p>6M Luca Bozzo for his incredible attitude in every subject. He is a role model to the class and always does the right thing; this was noted by the supply teacher this week. I was also extremely impressed with his Computing skills and explanation about stop motion and what it</p>

take on roles of responsibility around school with his Y6 job. Well done - keep up the impressive attitude and effort! 😊

is. Well done Luca 😊

Dates for your diary

Mon 25 Apr – Class Photos

Mon 2 May – School closed (Bank Holiday)

Tue 3 May – Reception trip to Hesketh Farm

Fri 6 May – Year 3 trip to The Royal Armouries

Tue 17 May – Year 1 trip to Harlow Carr (more information to follow soon)

Fri 27 May – School closed - training day

Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg

w/c 13 Jun – Year 6 bikeability

Thur 23 Jun – Year 4 trip to Bradford Media museum (information to follow soon)

Thur 21 Jul – Year 6 treat day (Inflatable)

Year 2 trip - TBC

Roundhay Music

Music lessons will be re-starting next week (26th April for keyboard and 29th April for guitar)

Be Curious 2022

Saturday 7th May, 10am - 4pm

Parkinson Building, University of Leeds

Woodhouse Lane, Leeds, LS2 9JT

Design, imagine, make, do, glue, explore and more at Be Curious 2022! Visit the University of Leeds on Saturday 7th May, 10am-4pm, for a day of FREE, fun activities suitable for all the family.

Get to grips with what really goes on inside a university with over 35 interactive stalls and activities, a hands-on Tinker Space, Maker Kits, performances, workshops and tours. Learn to pipette like a pro, meet Robbie the Robot, help us to craft a community blanket, take part in a chocolate trial, adventure into astronomy, find out what your poo says about you, and much more!

New for 2022 is the Be Curious Tinker Space, which encourages families to spend time getting back to all things hands-on. Explore research through creative activities and Maker Kits, which will be available for visitors to get making on the day, or take home to continue their Be Curious experience.

There's no need to book and all age groups are welcome.

View the full programme at www.leeds.ac.uk/becurious

Great Science Share June 2022

Calling all parents working in science and technology industries. In June we will be celebrating and highlighting Science in school and our local community. We would like to invite people to come into school and share their experiences of working in a scientific profession. A big thank you to those that have already responded, and we look forward to you coming into school in the Summer Term. However, it would be great to have even more people sharing their experiences of science at work, so if any people would be willing to get involved, or know of anyone that would, could you please contact Mr Clarke in 6C.



Mathletics news

The Top 10 currently are:

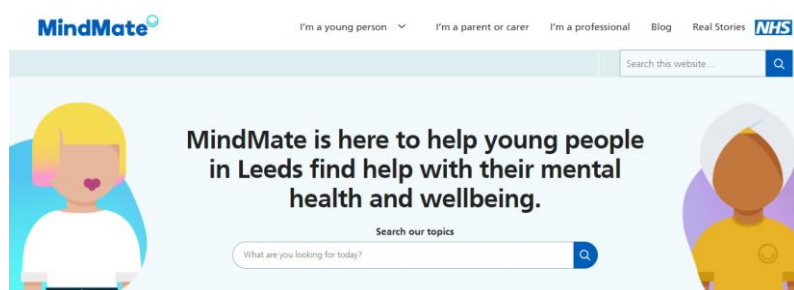
1. Michael Li
2. Victoria Rao
3. Thomas Smith
4. Noah Lyons
5. Amelia Matson
6. Jack Hargreaves
7. Emad Hilali
8. Lyra Hakim
9. Yvonne Fang Yuan/Jonah Lee Betham
10. Oliver Hargreaves

The Key stage trophies are awarded to 1A and 4W - well done to everyone who has contributed.

Cath Hellings
Headteacher



www.kooth.com



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-

Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!
Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People