



Cookridge Holy Trinity Church of England (A) Primary School

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'The Best for Every Child - a Unique Child of God' ISSUE No 532

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Dear Parent / Carers

Our Christian Value this term is: **Hope**

Our Ethos Statement this week is: **In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade - kept in heaven for you. 1 Peter 1:3-4**

Ramadan Kareem – to all who are about to begin Ramadan on 2nd April.

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July

Spring Term

For such a short half term we have certainly packed in a lot – what with school trips. A glimpse of outer space from the mobile planetarium that was in school this week along with many Easter activities as we approach our Easter break.

We have definitely suffered this half term with many more COVID cases in school – it has affected many of our staff and children who, I am sure you will be thankful to know, have not been seriously affected with lasting side effects. I am very thankful for their return to school in full health.

Please continue to be vigilant over the school break and keep yourself and those who you love safe and free of this indiscriminating virus.

We have a Holy Trinity wedding during the Easter break. Mr Osborne, our school caretaker, will be tying the knot at Holy Trinity Church on Saturday 2nd April. I am sure that you will join me and our school family in wishing him, and Miss Shires, a wonderful wedding day and many more years of wedded bliss. Congratulations to the happy couple!

Don't forget that during the Easter break Holy Trinity Church will be running its usual Good Friday service of Stations of the Cross on Friday 15th April. This is such a lovely way of remembering and getting ready to celebrate Easter Day. Stations of the Cross starts at 10am in church and involves us all moving around church and thinking about each of the stations – it also involves lots of participation too.

If you want to be a reader during this service, please contact Pat Swann at Holy Trinity Church who will be more than happy to sign you up.

Have a happy and peaceful Easter. Don't forget that school opens again on Tuesday 19th April.

 THE CHURCH
OF ENGLAND
Diocese of Leeds



The best for every child

Pupil of the week

<p>RR Nafisatu is my Pupil of the Week :) Nafisatu has had a brilliant week at school and is really growing in confidence and independence. Nafisatu is especially enjoying phonics, literacy and mark making. She is drawing fantastic pictures and is enjoying writing sentences independently, including fantastic description. Well done, Nafisatu :-)</p>	<p>RWB This week our pupil of the week is Thomas Wightman. Thomas has been trying really hard this week especially with his handwriting and remembering to use his finger spaces. Well done Thomas, we are really proud of you! 😊</p>
<p>1A This week my pupil of the week is William Graham. Will has been impressing me with his attitude to writing. His work is now presented neatly every time, he always writes on the lines and he is really working on remembering finger spaces. Well done William, keep up your growth mind set to your writing. :-)</p>	<p>1RM Our pupil of the week this week is Lewis Smith. Lewis has worked really hard this term in all areas of the curriculum and we are so proud of the progress he has made. He has also shown some super baking skills this week when we made scones. Well done Lewis! 😊</p>
<p>2J I am really pleased to say that Jacob Dickinson is our pupil of the week in 2J this week. Jacob's self-confidence and attitude towards school have transformed this term. I am so proud of the progress that he has made. He is now finding the courage to attempt tricky things on his own and he is persevering in all subjects. He is now writing independently and it is great to see a happy smile on his face every day. Keep up the excellent work and mindset Jacob, we're all really proud of you :-)!</p>	<p>2S Boo Mellor is 2S's pupil of the week this week. Boo is a delight to have in class and I'm surprised she's not had it already this year! Boo tries incredibly hard with everything we do and perseveres even when she finds something tricky. We are very proud of the progress she's making, keep up the hard work Boo! Well done :-)</p>
<p>3P This week I have chosen Saara Sharif as our pupil of the week. Throughout this half term, Saara has shown a lot of focus and concentration in lessons. I have been particularly impressed with the passionate, persuasive letter that she has written discussing deforestation in the Amazon rainforest. Saara has really persevered with some tricky fractions questions in maths this week, tackling a challenging topic with enthusiasm. She has also used her creative skills and made some wonderful artwork. Well done Saara 😊</p>	<p>3R This week I have chosen Madhi as my pupil of the week. Madhi is a new member of 3R and he has really impressed me with his perseverance when reading and writing. Over the past few weeks Madhi has definitely grown in confidence and it has been lovely to see. This week he has written a brilliant persuasive letter to stop deforestation and he even read it to the whole class! Well done Madhi, keep up the good work :-)</p>
<p>4L Josh is our 4L Pupil of the Week for showing great enthusiasm with his learning this half term, it is clear that he has thoroughly enjoyed our Romans topic! This week, he has produced a well written description based on the life of a Roman soldier. He has also shown fantastic understanding of our fractions and decimals work. Well done Josh! 😊</p>	<p>4W Well done to all of 4W for a fantastic term, I can't believe it's Easter already! Pupil of the week this week is Aaran Mander. Aaran has had a fab week in school, He's really been impressing me with his math work- some fab fractions and decimal work including some really tricky challenges too. Not only that but his presentation is looking fantastic too. Well done Aaran! 😊</p>
<p>5E Freya has had a great term and an even better</p>	<p>5H I have chosen as my pupil of the week for her</p>

<p>week. I have been so impressed by her efforts in all subjects. This week, I have especially noticed her writing. She has written a 5 chapter sci-fi story full of drama, tension and high emotion - she even killed off one of the main characters! Amazing work Freya. I shall look forward to reading your novels in the future, Freya (the next J.K.Rowling). ☺</p>	<p>fantastic attitude and her excellent writing this week of her sci-fi story! She has written some brilliant description and has lots of creative ideas! Well done Alice ☺</p>
<p>6C Ella Ledger for her great attitude in all her lessons. She is always willing to go into the learning pit, demonstrating perseverance and determination. She is also reflective with her learning, taking on-board advice and continually attempts to make small steps of improvement every day. This week I have particularly enjoyed reading her quest story. Keep up the great work! Well done ☺</p>	<p>6M Ava Hoole for her incredible quest story. It followed the style of The Hobbit and really hooked me in with her amazing vocabulary and style. Well done Ava- keep it up ☺</p>

Dates for your diary

- Tue 19 Apr – School re-opens after holidays
- Mon 25 Apr – Class Photos
- Mon 2 May – School closed (Bank Holiday)
- Tue 3 May – Reception trip to Hesketh Farm (more information to follow soon)
- Tue 17 May – Year 1 trip to Harlow Carr (more information to follow soon)
- Fri 27 May – School closed - training day
- Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg
- w/c 13 Jun – Year 6 bikeability
- Thur 21 Jul – Year 6 treat day (Inflatable)
- Year 2 trip - TBC

Eco Warrior Notice

The Eco Warriors have been very busy making bird feeders out of recyclable materials to hang up in the Wildlife Area.





Great Science Share June 2022

Calling all parents working in science and technology industries. In June we will be celebrating and highlighting Science in school and our local community. We would like to invite people to come into school and share their experiences of working in a scientific profession. A big thank you to those that have already responded, and we look forward to you coming into school in the Summer Term. However, it would be great to have even more people sharing their experiences of science at work, so if any people would be willing to get involved, or know of anyone that would, could you please contact Mr Clarke in 6C.



Mathletics news

This week the KS1 trophy is a joint tie between 3 classes! Well done to 2J, 1A and 1RM.

The Top 10 currently are:

1. Michael Li
2. Zachary Cunliffe
3. Sebastian Wilson
4. Benjamin Witton
5. Oskar Oliver
6. Charlotte Campbell
7. Nicholas Goodwin
8. Luke Wilson
9. Lyra Hakim
10. Oliver Hargreaves

Nurture resources

Thank you to those who have already donated, if anyone else has any resources that could be used for indoor den building they would be gratefully received. Also we have had lots of donations of fancy dress that we use for those children who may not have a costume on dress up days, but we mainly have male superheroes, so if anyone has any other type of costume they can pass on we would welcome them - thank you.
Many thanks

Cath Hellings

Headteacher

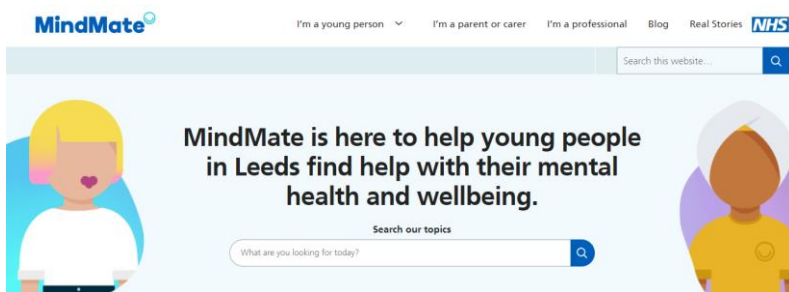


Leeds

Clinical Commissioning Group



www.kooth.com



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18. Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

[Silvercloud self-directed website for parents/carers](#)

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!
Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People