



Cookridge Holy Trinity Church of England (A) Primary School

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‘The Best for Every Child -a Unique Child of God’ ISSUE No 531

25th March, 2022

Dear Parent / Carers

Our Christian Value this term is: **Hope**

Our Ethos Statement this week is: **Let us hold unswervingly to the hope we profess, for he who promised is faithful. Hebrews 10:23**

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July

Spring Term part 2

Another different week in school! It has been really lovely to see you all coming into school from my new viewpoint at the school gate this week. I even got offered a cup of tea from the lady who lives opposite – what a lovely thought!

It has been lovely to see our children, filled with excitement, going on school trips this week. Our year 3 and 4 children have been topping up their school based learning with real life experiences and our children finally being able to attend Tinshill Free Church to consider ‘What’s Easter all about?’ –I am sure they will remember those visits for years to come.

This new round of COVID cases seems to be spreading quickly in school – the symptoms have changed a little too. It seems that headaches and sickness and diarrhoea are also a feature of COVID cases this time. If in doubt please check using LFT.

Don’t forget that during the Easter break Holy Trinity Church will be running its usual Good Friday service of Stations of the Cross on Friday 15th April. This is such a lovely way of remembering and getting ready to celebrate Easter Day. Stations of the Cross starts at 10am in church and involves us all moving around church and thinking about each of the stations – it also involves lots of participation too.

If you want to be a reader during this service, please contact Pat Swann at Holy Trinity Church who will be more than happy to sign you up.

Pupil of the week

RR

Ryan Sirisena is our Pupil of the Week. Ryan has shown a brilliant attitude to learning and has really impressed us with his Literacy. Ryan has

RWB

This week we have chosen Ella Speight as our pupil of the week. Ella is always enthusiastic in all aspects of her learning. This week we have



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<p>grown in confidence with his reading and has challenged himself to write sentences independently this week and has apply tricky words and digraphs. Well done, Ryan 😊</p>	<p>been writing sentences about our story Room on the broom. Ella has been using the sounds that she knows and incorporating these into her writing. Ella has demonstrated that she is a great friend to others in our class during playtimes where she has approached children and asked them if they would like to join in with her play. Well done Ella 😊</p>
<p>1A This week my pupil of the week is Finley Wilson. I've noticed Finley recently for always having his hands up in our class discussions. He is always willing to give us an answer and have a go, even if he isn't 100% sure. He has been really enthusiastic in all our learning this half term and I am looking forward to hearing what Finley has to say to us throughout the rest of Year 1. 😊</p>	<p>1RM Our pupil of the week this week is Max Watkinson. Max has been working really hard in our maths topic where we have been solving problems linked to measures. He has also done some fantastic geography sorting human and physical features of our local area. Well done Max! 😊</p>
<p>2J Sebastian Wilson is our pupil of the week this week. Sebastian has been impressing me in all subjects this year. He is an excellent listener in class and always has his hand up to contribute answers and ideas in lessons. He is enthusiastic to improve in all areas and has done exceptionally well on some maths booklets that we have completed this week. He is making a concerted effort to improve his handwriting and I was impressed with his perseverance when counterbalancing in PE this week. 😊</p>	<p>2S We have chosen Esme McDermott for our pupil of the week in 2S. Esme could probably have pupil of the week any week, she tries extremely hard in every lesson and her presentation is always beautiful. This week she has really impressed me with her maths as we've been doing some tricky problem solving. She's also written two lovely diaries about the chicks! Keep up the hard work Esme, well done! :)</p>
<p>3P This week I have chosen Harry Dodds as our pupil of the week. I have been so impressed with Harry's attitude to learning this half term. He consistently shows enthusiasm in lessons and has been putting his hand up to share well thought out contributions. Harry created a wonderful life cycle of a Sunflower as his learning log task which he presented to 3P confidently. He has persevered through some very tricky test questions and used his 'can do' attitude. Well done Harry, keep it up! 😊</p>	<p>3R This week I have chosen Freya Bell. Freya has been working exceptionally hard in all areas of her learning and has produced some brilliant work this term. She has written a fantastic recount of our trip to Tropical World and has been working hard on our fractions topic in maths. Last week, she brought in an amazing acrostic poem about plants and a paper mache tree as part of her learning log task. She really has been working her socks off! Well done Freya 😊</p>
<p>4L Ivan Lightowler is our 4L Pupil of the Week for his enthusiastic efforts in his learning this week. Ivan has shown a real interest in our Romans topic, producing some great quality pieces of writing in our English and History lessons! He was a fantastic role model on our Roman school trip to Murton Park, he was a great representative for our school and was fully immersed in the whole experience! Well done Ivan! 😊</p>	<p>4W Well done to all of 4W for a super week, including our fantastic trip yesterday. This week's pupil of the week is Jared Holland. Jared has worked hard this week, particularly in maths where we've been looking at fractions and decimals. I've also been hugely impressed with his enthusiasm and knowledge on our topic of the Romans. He has been sharing lots of super facts with the class and loved our trip yesterday, impressing the staff there with his facts. Well done, Jared!</p>

<p>5E Suha Yaqubi gets our vote for pupil of the week. She has been putting a lot of effort into all areas of the curriculum. This has led to an increased set of scores in her tests. Her English writing is really improving but her reading and understanding is now exceptional and showed this in her reading test where she scored 41/50. Keep it up, Suha.</p>	<p>5H I have chosen Thomas Carruthers as my pupil of the week because he has written a fantastic opening chapter to his sci-fi story! He has lots of creative ideas, uses high level vocabulary and has included lots of different types of sentences! Keep up the great writing Tom! Well done! :-)</p>
<p>6C Gracie Daibell for her great efforts this week. She has been fully involved and engaged in all our lessons and class discussions. She has shared her thoughts when analysing and interpreting images showing the life of Jesus in our RE lessons, and working hard to understand and use the language of ratio in our maths lessons. Well done - keep up the impressive attitude and effort!</p>	<p>6M Seth Clark for his attitude in all subjects. This week he has really impressed me in our RE lessons as he has interpreted images and given extremely insightful views of images we looked at about the story of the Crucifixion and Resurrection of Jesus. Well done Seth- keep it up 😊</p>

Dates for your diary

Wed 30 Mar – Planetarium in school (y5)
 Fri 1 Apr – Last day before school closes for Easter holiday
 Tue 19 Apr – School re-opens after holidays
 Mon 25 Apr – Class Photos
 Mon 2 May – School closed (Bank Holiday)
 Tue 3 May – Reception trip to Hesketh Farm (more information to follow soon)
 Tue 17 May – Year 1 trip to Harlow Carr (more information to follow soon)
 Fri 27 May – School closed - training day
 Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg
 w/c 13 Jun – Year 6 bikeability
 Thur 21 Jul – Year 6 treat day (Inflatable)
 Year 2 trip - TBC

Great Science Share June 2022

Calling all parents working in science and technology industries. In June we will be celebrating and highlighting Science in school and our local community. We would like to invite people to come into school and share their experiences of working in a scientific profession. A big thank you to those that have already responded, and we look forward to you coming into school in the Summer Term. However, it would be great to have even more people sharing their experiences of science at work, so if any people would be willing to get involved, or know of anyone that would, could you please contact Mr Clarke in 6C.



Mathletics news

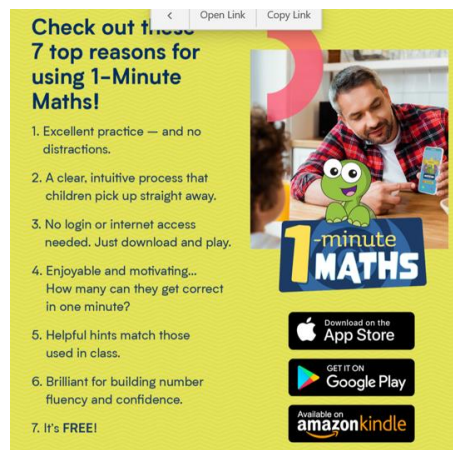
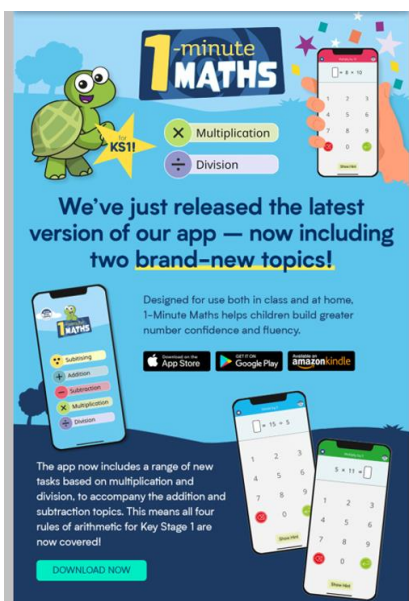
This week the Key Stage trophies go to 2J and 3R - well done to all who have contributed.

Our current Top 10 mathletes are...

1. Lily Mitchell

2. Jenson Bryer
3. Isaac Riches
4. Rajan Bhath
5. Michael Li
6. Amelia Furlong
7. Nancy Cafferkey
8. Elsana Ganjpoor
9. Sophie Harris
10. Anya Bhath

In school we use White Rose Maths for our long term planning and resources. They have released an app that you may want to download at home called '1 minute maths'. It is suitable for KS1 and KS2, and now has a new feature for KS1



Cookridge Community Run



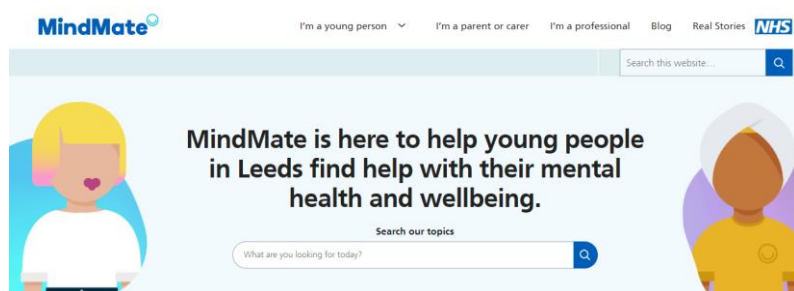
Nurture resources

Thank you to those who have already donated, if anyone else has any resources that could be used for indoor den building they would be gratefully received. Also we have had lots of donations of fancy dress that we use for those children who may not have a costume on dress up days, but we mainly have male superheroes, so if anyone has any other type of costume they can pass on we would welcome them - thank you.

Many thanks
Cath Hellings
Headteacher



www.kooth.com



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18. Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!
Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People

