



## Cookridge Holy Trinity Church of England (A) Primary School

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**'The Best for Every Child -a Unique Child of God'**  
**ISSUE No 529**

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Dear Parent / Carers

Our Christian Value this term is: **Hope**

Our Ethos Statement this week is: **Now faith is being sure of what we hope for and certain of what we do not see Hebrews 11:1**

**Remaining training days this year:**

Friday 27<sup>th</sup> May

Monday and Tuesday 25<sup>th</sup> and 26<sup>th</sup> July

### **Spring Term part 2**

The half term is whizzing by with lots of wonderful learning happening in each of the year groups across school. Our children are flourishing with their learning and grasping new concepts at a rapid pace!

I've seen children being mathematicians, researchers, historians, geographers, scientists and artists this week as well as class advocates. What an amazing group of individuals we have in our school! You only need look at our Pupil of the week awards to see for yourself 😊

Just a reminder about the school gate opening times each morning and evening. Our school day begins at 8:50 and we encourage you to drop your child(ren) off from 8:40 – as this only gives them 10 minutes of having to wait in line before the bell goes and they are collected by their teacher. Thank you for supporting us with this. At the end of the day Mr Osborne opens the gates at about 3:15 to allow parents of Reception children whose school day ends at 3:20.

As our school returns to more normality after our COVID adventures I would like to remind you about our uniform rules

Under the Health and Safety part of the uniform policy please note:

No jewellery should be worn except a wristwatch.

Children with long hair need to have their hair tied back – hair accessories should be in our school colours of navy or gold/yellow.

Pierced ears – If you wish your child to have pierced ears we suggest this is carried out in summer holidays to allow sufficient time to heal. A small simple plain stud can be worn in school.

In addition:

Hairstyles – razored lines and haircuts which are below a number 2 are not allowed.

No make-up is to be worn in school- this includes nail varnish and stick on tattoos.

When buying PE kit trainers please note that coloured trainers are not permitted – please try to buy black/navy or white.

Many thanks for your support with this.

 THE CHURCH  
OF ENGLAND  
Diocese of Leeds



**The Best for Every Child- a Unique Child of God**

### **Pupil of the week**

<p>RWB Our pupil of the week is Harrison Foley for his focus and effort. Whilst doing our learning on the carpet Harrison is joining in and is engaged. Whilst doing our small group work he is working hard with both his Literacy and his Maths. Well done Harrison 😊</p>	<p>RR Jack is our Pupil of the Week :) Jack has had a brilliant week at school, listening really carefully and engaging in all of our learning. Jack puts 100% effort into everything we do and he is really growing in confidence in phonics and reading. Well done, Jack :)</p>
<p>1A Anita Porter for her excellent writing this week. She has produced a wonderful persuasive leaflet all about London. As well as choosing excellent adjectives and verbs, Anita has also tried using her cursive handwriting. We are all really impressed with her work this week. Well done, Anita! 😊</p>	<p>1RM My pupil of the week is Edward Williams. Edward is very conscientious and always tries his best. This week, he has really impressed us with his leaflet persuading people to visit London. He has thought of some fantastic adjectives, taken care over his handwriting and drawn some beautiful pictures. Well done Edward! 😊</p>
<p>2J Our pupil of the week this week is Abi. Abi is one of our 'always' pupils in 2J and could be given pupil of the week any week. She has an excellent, mature attitude towards her learning and is cheerful and enthusiastic around the classroom. Abi participates in all lessons really well and always tries her very best with her work. She is a great friend to others and is a delight to have in class. Well done Abi! 😊</p>	<p>2S This week we have chosen Daisy Dowling for really impressing me with her attitude towards her learning this week. Daisy is always enthusiastic about what we're doing but this week I've noticed she's also working extremely hard on concentrating on what she's putting on paper and it's making a huge difference to the quality of her work. She's also shared some super facts and knowledge about the Lake District. Keep up the hard work Daisy! Well done! :-)</p>
<p>3P This week I have chosen George Thomas as our pupil of the week. George has been trying extremely hard with his handwriting and presentation this week in all of his books and has produced a fantastic poem inspired by the rainforests. He has particularly impressed me in maths, always offering contributions and persevering through some tricky worded problems. Well done George, keep it up! :-)</p>	<p>3R This week I have chosen Eddie Johnson for my pupil of the week. Eddie is a superb member of 3R and has a fantastic attitude to learning. He always has his hand up to answer questions and approaches everything with a growth mindset. This week he has impressed me with his poetry writing about the rainforest using alliteration and personification. Eddie has also been working hard in art and has produced some lovely drawings of animals in the rainforest. Well done Eddie! 😊</p>
<p>4L Eva Cail is our 4L Pupil of the Week for her fantastic attitude towards her learning! Eva has tried so hard with her learning in English this week. She has produced a great quality of different sentence types and used effective similes and metaphors in her description about Pompeii! Eva has also shown great understanding in her maths work this week, looking at equivalent fractions and fractions greater than 1. Keep up the fantastic work, Eva! Well done :-)</p>	<p>4W Well done to all for another fantastic week in 4W. Particular well done to our pupil of the week Jasmin. Jasmin's has a fantastic week, working really hard as usual. We have been doing some tricky fractions work in maths but she has persevered, getting herself out of the learning pit. She has also produced some excellent work in English linked to our book, Escape Pompeii. To top it off, she's recently got her pen license too. Well done, Jasmin! 😊</p>

<p>5E Zachary Ford is my pupil of the week this week. He has made gigantic strides with his handwriting and his presentation is now superb. His English writing of a newspaper article of the Moon landing has really shown me what he can do, not to mention his fine general knowledge that really adds to his writing. 😊</p>	<p>5H I have chosen Artie Rogers as my pupil of the week because of his fantastic Moon Landing newspaper article! Artie has really tried to include high level vocabulary, factual information and has presented it beautifully with cursive handwriting. Well done Artie! :)</p>
<p>6C Anya Logan-Hall for her great efforts over the past few weeks. This has been particularly shown in her writing where she has been working hard to draft the beginnings of her quest story based on the Hobbit. What has also been really pleasing to see, is that Anya has been showing greater confidence to answer questions and share her opinions in class discussions. Well done - keep up the impressive work! 😊</p>	<p>6M Isabelle Tunncliffe for her incredible attitude to her learning. She has produced a brilliant story in English and has shown what a wonderful mathematician she is by solving some tough problems on area. Her perseverance and resilience is something that has definitely helped her with this. Well done Issy- keep it up 😊</p>

### Dates for your diary

Tue 15 Mar – Reception trip to Temple Newsam  
 Wed 23 Mar – Year 3 trip to Tropical World  
 Thur 24 Mar – Year 4 trip to Dane Law Living History Centre  
 Fri 25 Mar – Year 5 Easter Worship at Tinshill Church  
 Wed 30 Mar – Class photos  
 Wed 30 Mar – Planetarium in school (y5)  
 Fri 1 Apr – Last day before school closes for Easter holiday  
 Tue 19 Apr – School re-opens after holidays  
 Mon 2 May – School closed (Bank Holiday)  
 Tue 3 May – Reception trip to Hesketh Farm (more information to follow soon)  
 Tue 17 May – Year 1 trip to Harlow Carr (more information to follow soon)  
 Fri 27 May – School closed - training day  
 Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg  
 w/c 13 Jun – Year 6 bikeability  
 Thur 21 Jul – Year 6 treat day (Inflatable)  
 Year 2 trip - TBC

### Scholastic Book Fair

Don't forget our new **Scholastic Book Club is still up and running!**

If you would like to purchase any books please go to <https://schools.scholastic.co.uk/holy-trinity-ls16/digital-book-club> to browse the latest books and order online. For **every £1 you spend** on this month's Book Club, **our school will earn 20p** in Scholastic Rewards.

Please place your **order online by March 20th, 2022**. Thank you!



### Pokemon Cards



We have noticed that Pokemon cards have started coming into school, and so far it hasn't caused any problems. However, we do have a rule where you should not be bringing 'toys' into school at all. From next week we are going to have 'Pokemon Thursdays', so if your child wants to bring cards in to look at/trade, they can do this by the reading shed on a Thursday lunchtime between 12.30 and 12.50, and this will be supervised by some Y5 experts, to help make sure everyone is trading fairly!

## Cookridge Community Run



## Mathletics news

The reporting system has been down for the past 2 weeks but is up and running again now so we can find out who our leading mathletes are!

The Top 10 currently are:

1. Zhila Zangana
2. Orla Cafferky
3. Michael Li
4. Zachary Cunliffe/Elsana Ganjpoor
5. Emilia Hickman
6. Dina Zangana
7. Millie Mellor
8. Thomas Smith
9. Christian Holmes
10. Oskar Oliver

The Key stage trophies are awarded to 3R and 1RM - well done to everyone who has contributed.

## Nurture resources

A plea for resources...if anyone has any resources that could be used for indoor den building they would be gratefully received. Also we have had lots of donations of fancy dress that we use for those children who may not have a costume on dress up days, but we mainly have male superheroes, so if anyone has any other type of costume they can pass on we would welcome them - thank you.

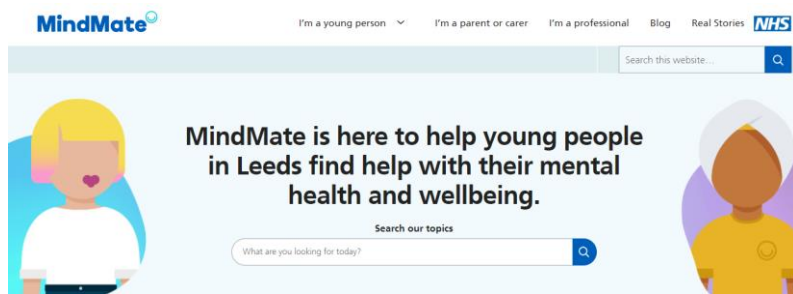
Many thanks  
Cath Hellings  
Headteacher



**Leeds**

**Clinical Commissioning Group**





Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community ([www.kooth.com](http://www.kooth.com)) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



**Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

[Silvercloud self-directed website for parents/carers](#)

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.



The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address. To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

[The Mix](http://www.themix.org.uk) Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. [www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

### **The Market Place**

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

### **Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

### **Bereavement support for Children and Young People**