



Cookridge Holy Trinity Church of England (A) Primary School

Green Lane Cookridge LEEDS LS16 7EZ

Telephone 0113 225 3040

www.holytrinity.leeds.sch.uk

'The Best for Every Child - a Unique Child of God'
ISSUE No 528

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Dear Parent / Carers

Our Christian Value this term is: **Hope**

Our Ethos Statement this week is: **Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honour depend on God; he is my mighty rock, my refuge. Trust in him at all times, O people; pour out your hearts to him, for God is our refuge. Psalm 62:5-8**

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July

Spring Term part 2

I am sure that you have been as concerned as we were with the events that are unfolding in the news recently. In school we have gone with the principle that if children are coming into school with worries about what they have heard we will talk about them. Some children have briefly spoken about concerns they have and we have addressed those concerns under our Christian Value of Hope.

Our hopes and prayers are with all people who have been displaced due to war.

We are still waiting for the updated COVID risk assessment to come into school from the Local Authority Health and Safety Team. I know that the team has met with representatives from Public Health England to ensure that we are following advice that keeps us all safe. When it comes into school we will share it with you on our school website.

Just a reminder about the school gate opening times each morning and evening. Our school day begins at 8:50 and we encourage you to drop your child(ren) off from 8:40 – as this only gives them 10 minutes of having to wait in line before the bell goes and they are collected by their teacher. Thank you for supporting us with this. At the end of the day Mr Osborne opens the gates at about 3:15 to allow parents of Reception children whose school day ends at 3:20.

 THE CHURCH
OF ENGLAND
Diocese of Leeds



The Best for Every Child- a Unique Child of God

Pupil of the week

<p>RWB</p> <p>This week we have chosen Elise Barrett as our pupil of the week. Elise is trying really hard with her writing and using the sounds that she has learnt to write new words. Whilst in the areas of provision Elise demonstrates our Christian values and shares and take turns. Well done Elise 😊</p>	<p>RR</p> <p>This week my Pupil of the Week is Luchia Deakin. Luchia shows a fantastic attitude to learning in school and I have been especially impressed with her literacy. Luchia has used fantastic vocabulary to describe the characters from The Three Billy Goat Gruff and used excellent language, expression and drama skills to retell the story. Well done, Luchia 😊</p>
<p>1A</p> <p>This week Jacob McDermott is my pupil of the week. I have noticed a huge effort from Jacob in his writing. Already it is neater and more thought about. He has really impressed us this week with his facts about London where he used an underlined title neatly and put lots of effort into remembering full stops and capital letters. Well done, Jacob. Keep it up!</p>	<p>1RM</p> <p>Our pupil of the week is Hannah Tugwell. Hannah always works really hard and tries her best in all subject areas. She has particularly impressed us this week with her skills in gymnastics, which she demonstrated in front of the class. Well done Hannah!</p>
<p>2J</p> <p>Jacob Snowdon is our pupil of the week. Jacob has been putting 100% effort into every lesson for a while now and is always brilliantly behaved. He's eager to learn and is always telling me facts that he has found out from reading books. He is making a concerted effort to improve his handwriting and the transformation is amazing already. He's had his hand up a lot to answer questions in lessons and his reasoning skills are really improving. Keep up the excellent attitude towards your learning! 😊</p>	<p>2S</p> <p>We have chosen Henry Speight as our pupil of the week in 2S. He is trying so hard with all his learning, especially with his handwriting and English. He also makes great contributions to our class discussions and always has his hand up. I've been very impressed by him in PE too, where he did some excellent balancing and demonstrated extremely good teamworking skills. Keep up the hard work Henry, we're very proud! :-)</p>
<p>3P</p> <p>This week I have chosen Eleanor Porter as our pupil of the week. Eleanor always shows an enthusiastic attitude to her learning and gives 100% to every task. This week I have been particularly impressed with her investigatory skills in our Science topic 'Plants'. She has showed great initiative, sharing her research with the class and inspiring us all to plant more at home! Inspired by the rainforest, Eleanor has also written a wonderfully creative description in our English lessons. Well done :-)</p>	<p>3R</p> <p>This week I have chosen Summer Cass for impressing me in all areas of her learning. Summer has shown great enthusiasm in our maths lessons this week and has been putting her hand up lots to answer questions which has been lovely to see. She has also written some fantastic sentences about the rainforest and drawn some super sketches of plants. Well done Summer! 😊</p>
<p>4L</p> <p>Kaelen is our 4L Pupil of the Week for his wonderful approach and attitude towards his learning across the curriculum. Kaelen always tries hard with everything he does and relishes a challenge. He has included great detail in his recount of a Roman child and has shown great knowledge and understanding of our fraction work in math. Well done Kaelen! 😊</p>	<p>4W</p> <p>Well done to all of 4W for a fab first week back after half term. It's been a really tricky decision this week but I have chosen Sophie Tugwell. I was really shocked to learn that Sophie hasn't had pupil of the week in year! Sophie works incredibly hard in school; she puts maximum effort into everything she does and always produces exceptional work. Sophie consistently sets a fantastic example with her behaviour and is a great friend to others too. Well done, Sophie! 😊</p>
<p>5E</p> <p>Ellie Filewood is my pupil of the week this week. She has excelled in her maths although she has</p>	<p>5H</p> <p>I have chosen Sam Edwards as my pupil of the week because he has really impressed me with</p>

found elements of it tricky. This has culminated in a brilliant test score in her arithmetic test yesterday. Maths is not something she finds easy so to do so well is extremely impressive and is a great step forward for the rest of the year. 😊	his writing. He has written a fantastic persuasive text about visiting the moon! He has thought of lots of creative ideas, included lots of persuasive language features and worked really hard on his punctuation, spelling and handwriting! Well done Sam! 😊
6C This week we have chosen Luca Jowett-Rosa. Every member of staff has agreed that Luca has shown a mature and honest approach to everything he has done this week. He has shown fantastic determination and knowledge in both Maths and English. He has also impressed in Music! Well done Luca. Keep it up 😊	6M Brooklyn Ford for his excellent work during our English lessons. He has generated lots of fantastic ideas, drawing upon his knowledge of books he has read independently, to create his own character and map. This has enabled him to produce a wonderful start to his very own quest story. Well done Brooklyn- keep it up! 😊

Scholastic Book Fair

Our new **Scholastic Book Club is up and running!**

Please go to <https://schools.scholastic.co.uk/holy-trinity-ls16/digital-book-club> to browse the latest books and order online. For **every £1 you spend** on this month's Book Club, **our school will earn 20p** in Scholastic Rewards. Please place your **order online by March 20th, 2022**. Thank you!



Dates for your diary

Tue 15 Mar – Reception trip to Temple Newsam
 Wed 23 Mar – Year 3 trip to Tropical World
 Thur 24 Mar – Year 4 trip to Dane Law Living History Centre
 Fri 25 Mar – Year 5 Easter Worship at Tinshill Church
 Wed 30 Mar – Class photos
 Wed 30 Mar – Planetarium in school (y5)
 Fri 1 Apr – Last day before school closes for Easter holiday
 Tue 19 Apr – School re-opens after holidays
 Mon 2 May – School closed (Bank Holiday)
 Tue 3 May – Reception trip to Hesketh Farm (more information to follow soon)
 Tue 17 May – Year 1 trip to Harlow Carr (more information to follow soon)
 Fri 27 May – School closed - training day
 Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg
 w/c 13 Jun – Year 6 bikeability
 Thur 21 Jul – Year 6 treat day (Inflatable)
 Year 2 trip - TBC

Many thanks
 Cath Hellings
 Headteacher

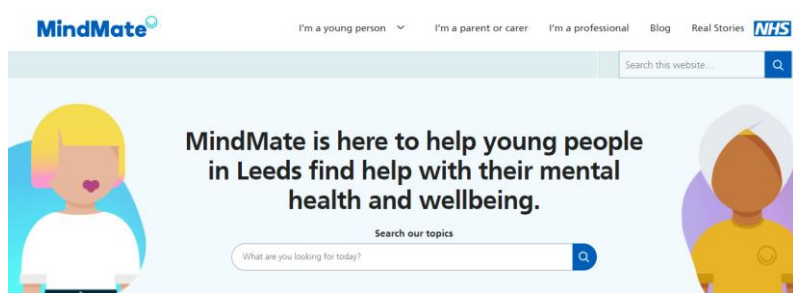


Leeds

Clinical Commissioning Group



www.kooth.com



Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/ writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People