



Cookridge Holy Trinity Church of England (A) Primary School

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**‘The Best for Every Child -a Unique Child of God’
ISSUE No 524**

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Dear Parent / Carers
Our Christian Value this term is: **Perseverance**

Our Ethos Statement this week is: **For the LORD is good and his love endures forever; his faithfulness continues through all generations. Psalm 100 v5**

新年快乐

Remaining training days this year:
Friday 27th May
Monday and Tuesday 25th and 26th July

Spring Term

This week has been a tricky week where we have had more cases of COVID than we have ever had in school. Our children as well as our Teachers and Teaching Assistants have been affected with this virus and we have, at times, struggled to find cover for some classes. Last week, on the advice from the Health and Safety Team at Leeds City Council, we had to close one of our classes and re-establish working from home routines when the number of cases reached a tipping point. Please be assured that we are really working hard to ensure that the children associate with their year groups only and our hand and respiratory hygiene routines are still in place, including ensuring that there is a good airflow through the classrooms along with ensuring that touch points around school are regularly cleaned throughout the day. I know that this is a difficult time for everyone – especially as we are told that cases are falling and that we can stop following precautions. We are, in school, still following the requirement for all adults to wear masks in circulation areas etc. Thank you for being ever vigilant and testing your children if there is any doubt about whether or not they may have COVID – and keeping your child at home if you think that their negative result doesn’t seem correct.
Take care and keep safe.

Pupil of the week

<p>RWB We have chosen George Oberreuter as our pupil of the week this week for his attitude towards his learning. George has been trying really hard with his phonics and this is reflected in his sentence writing. George is a kind and helpful member of our class and he has really been engaging with our dinosaur topic! ☺ Well done!</p>	<p>RR Eliana is our Pupil of the Week :) Eliana is a very kind and caring member of RR. She is always helpful towards other children and is growing in confidence within her play. Eliana is showing fantastic perseverance in all areas of our learning, she listens really carefully on the carpet and tries her best in everything we do. Well done, Eliana :)</p>
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THE CHURCH OF ENGLAND
Diocese of Leeds



The Best for Every Child- a Unique Child of God

<p>1A My pupil of the week this week is Sebastian Wright. This week, Sebastian wrote a super letter to the Wizard of Oz asking questions about the mysterious potion that was sent to us. I have also had really positive reports about Sebastian from other members of Year 1 staff. He has really impressed us all. Well done Sebastian! 😊</p>	<p>1RM This week in 1RM, Zhila Zangana is our pupil of the week. Zhila has really grown in confidence over the last few weeks. This has really shown in her work, especially in her reading and writing. Zhila is always willing to have a go and used her fantastic imagination to write about the magic potion from The Wonderful Wizard of Oz! Well done Zhila, keep up the hard work 😊</p>
<p>2J Our pupil of the week this week is Milo Webber! Milo has had an excellent term so far since coming back after Christmas. He's been wowing me with his fantastic vocabulary choices and handwriting in English lessons. He's been impressing me with his determination in our PE lessons and he's excelled with his facts and drawings in his science lessons. Well done Milo. Keep up the fantastic work and effort :-)</p>	<p>2S It was a really hard decision in 2S this week but we have chosen Erin Abotorabi for our pupil of the week. Erin is an always child who I could pick any week but this week she has really stood out in all her learning. She is using beautiful handwriting and has produced some wonderful writing about Peter Rabbit. She's also completed some super maths, persevering when she's found it tricky. Erin is also a lovely friend to everyone. We're so proud of all the progress she's making. Well done Erin! :-)</p>
<p>3P This week I have chosen Erin Powell as our pupil of the week. Erin is a thoughtful member of 3P, always offering kind and encouraging words to other class members. She has really impressed me this week as she has persevered with some tricky maths problems involving adding and subtracting money independently. She has shown fantastic engagement in our story 'Stig of the Dump', producing some excellent English work in a challenging lesson using fronted adverbials. Well done Erin! 😊</p>	<p>3R I have chosen Erin Corcoran as my pupil of the week for always trying hard with her learning and putting 100% effort into all her work. I could choose Erin every week, she really is a superstar! She listens brilliantly and is always setting a great example for others to follow. This week Erin has impressed me with her sentence writing using fronted adverbials to enhance her work. She has also shown fantastic team work skills in P.E and good accuracy when throwing and catching. Well done Erin! 😊</p>
<p>4L Dylan McDermott is our 4L Pupil of the Week this week. Dylan has really impressed me with his descriptive writing this week! He has produced a fantastic descriptive postcard, all the way from Italy! He was sure to include lots of fronted adverbials, similes and complex sentences! Well done Dylan! He has also worked hard to learn our new multiplication column method and has deepened his understanding of this with lots of investigation work! Keep up the great work, Dylan! 😊</p>	<p>4W Well done to 4W for another busy but great week! Our pupil of the week this week is Anita. Anita has had an excellent week in school. She has quietly got on with every piece of work given to her this week and has demonstrate an excellent understanding of our new method of multiplication in maths. Anita also really impressed in our dance lessons, listening intently and giving everything a go. Well done Anita! 😊</p>
<p>5E Florence Young is our pupil of the week this week. She has written a superb diary entry based on the poem, The Highwayman. She has created vivid imagery and injected a sense of suspense in her writing. Well done! 😊</p>	<p>5H I have chosen Jessica Askey for my pupil of the week this week because she always works hard, she always puts in lots of effort into everything that she does and she has written a fantastic descriptive diary entry based on the poem, "The Highwayman." Well done Jessica! 😊</p>
<p>6C Leah Haggas for her fantastic endeavours over the past weeks. She is putting in a concerted effort to improve all aspects of her understanding. Willing to go into the leaning pit, and then demonstrate determination and perseverance, she is making improvements to her work every day. This has been noticed in maths, English and French. Keep up the brilliant attitude and work. 😊</p>	<p>6M Ahmed Rady for his incredible, mature attitude when helping at lunch time in his buddy job. He has been noted by many members of staff for his helpful attitude and how he is with the younger children; Ahmed is a real role model for them all. Well done- keep it up! 😊</p>

Dates for your diary

Week Commencing 14th February Parent Consultations

Tue 15 Mar – Reception trip to Temple Newsam (more information to follow soon)

Wed 23 Mar – Year 3 trip to Tropical World (more information to follow soon)

Thur 24 Mar – Year 4 trip to Dane Law Living History Centre (more information to follow soon)

Wed 30 Mar – class photos

Wed 30 Mar – Planetarium in school (y5)

Tue 3 May – Reception trip to Hesketh Farm (more information to follow soon)

Wed to Fri 8 – 10 Jun – Year 6 residential to Peat Rigg

Competition

Thank you to everyone who entered the Poppy Hellings portrait competition - you have definitely captured her likeness and spirit! They are all on display in the lunch hall today so the staff and children can vote for their top 3 during lunchtime. The winners will earn some 'Poppy time' in school - to come for a play, take her for a walk or just spend some time giving her a fuss!



Mathletics news

The KS1 trophy this week goes back to 1RW and in KS2 it will spend another week in 4W - well done all who contributed 😊

Top 10 mathletes - some new names again this week

1. Jenson Bryer
2. Sebastian Wilson
3. Rajan Bhath
4. George Griffiths
5. Michael Li
6. Betsy Norgate
7. Jonah Lee-Bentham
8. Harry Wilson
9. Antoni Palczewski
10. Eleanor Bose/Zachary Ford - joint scores

Many thanks
Cath Hellings
Headteacher



Leeds

Clinical Commissioning Group



www.kooth.com

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People