



Cookridge Holy Trinity Church of England (A) Primary School

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**‘The Best for Every Child -a Unique Child of God’
ISSUE No 520**

17th December, 2021

Dear Parent / Carers
Our Christian Value this term is: **Service**

Our Ethos Statement this week is: **The sight of the star filled them with delight, and, going into the house, they saw the child with His mother, Mary.’ Matthew 2v10**

Remaining training days this year:
Friday 27th May
Monday and Tuesday 25th and 26th July

Autumn Term

It is really hard to believe how quickly the Autumn term has flown. This week has been a typical example of this - what with the school panto (oh yes it was) a visit by Santa to all classes – and then Santa under the spotlight - being questioned by the children in Reception Class – he looked as though he had been under interrogation when he left this morning!

Christmas lunch ran like clockwork – we managed to get all the children in and tables cleaned between sittings – it was a military operation and a big thankyou to Mrs Mann and the team in the kitchen for delivering an amazing Christmas lunch with the children in year 2 enjoying a rather Victorian Christmas – in their Victorian finery!

I hope you enjoyed the Christmas productions and the carol that was sent virtually to you this week. The children had a lot of fun dressing up, acting out their lines on stage and having the really great feedback from the videographers and teachers.

All that is left is for me and the team at Holy Trinity to wish you all a happy, safe and Holy Christmas. I hope that there are many times during the Christmas break where you will laugh, and smile and take delight in.

God bless you all at this special time.

See you all on Tuesday 4th January 2022!

Autumn Term

Pupil of the week

<p>RWB This week we have chosen Lily Prestwich as our pupil of the week. Lily continues to make amazing progress since starting school. She is a polite, caring and helpful member of our class. Well done Lily 🍷</p>	<p>RR Daisy is the Pupil of the Week in RR. Daisy has had an amazing first term at school, she is always kind, polite, caring and a wonderful friend to all the children in Reception. Daisy's attitude to learning is excellent, she puts 100% effort into everything we do at school, she is</p>
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THE CHURCH OF ENGLAND
Diocese of Leeds



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	<p>always engaged on the carpet and the care she puts into her independent work is fantastic.</p> <p>Well done, Daisy 🧑🏻</p>
<p>1A</p> <p>My pupil of the week this week is Kitty Popplewell. Kitty is an always child in 1A. She is enthusiastic in every lesson and always has her hand up. She has really stood out to Mrs Turnbull and I for her thoughtful contributions and her mature attitude to her learning. Well done, keep it up Kitty! 🧑🏻</p>	<p>1RM</p> <p>This week in 1RM, we have chosen Samson Jakubiak as our pupil of the week. Samson always has a fantastic attitude to learning. He is always the first on the carpet ready to learn, listening and participating in all lessons. Samson has really impressed all the teachers this half term with his enthusiasm. Samson has worked incredibly hard in his reading, writing and maths and it has really shown! Keep up the hard work Samson, well done! 🧑🏻</p>
<p>2J</p> <p>Happy Christmas to all of 2J and well done for having an excellent term in school! Our pupil of the week is Eloise Harris. Eloise has worked incredibly hard all term. She listens to instructions brilliantly and is always setting a great example for others to follow. This week she demonstrated some lovely creativity during our peg doll activity on Victorian Day. Well done Eloise! 🧑🏻</p>	<p>2S</p> <p>Our pupil of the week is Niamh Farey. Sadly, Niamh is leaving us this week and I know all of the children and adults in year 2 are going to miss her! We have loved having Niamh with us, the word superstar has been used to describe her by every adult in Year 2 and that's exactly what she is. Niamh is enthusiastic, has a wonderful attitude towards her learning and is such a lovely friend. I'll really miss her smiling face next term but we all wish her all the best in her new school, they're very lucky to have her! Well done on a fantastic time at Holy Trinity Niamh. 🧑🏻</p>
<p>3P</p> <p>This week I have chosen Leila Carter as our pupil of the week. Leila starts and ends every day with a big smile and a positive attitude. She puts 100% effort into every lesson and is becoming more confident and independent in her Maths and English work. This week I have been particularly impressed with her performance of her own creative Christmas acrostic poem and her constant focus in our chess lessons. Well done Leila, keep it up! 🧑🏻</p>	<p>3R</p> <p>This week I have chosen Jacob Clark for a fantastic term in Y3. Jacob always produces brilliant work which is to a high standard and has recently earned his pen licence for his beautiful handwriting. This week Jacob has created a fantastic Christmas acrostic poem and his impressed me with his mature attitude and behaviour around school. Well done Jacob! 🧑🏻</p>
<p>4L</p> <p>My 4L Pupil of the Week is George Farey for an incredible term in year 4. This is quite a sad Pupil of the Week as George will be leaving us to start his new school in the new year. George is a fantastic member of the class, he always tries incredibly hard with everything he does and I know that he will be missed by all his friends and previous class teachers. I am sure he will impress everyone at his new school and make lots of new friends and memories there! Well done and good luck George! 🧑🏻</p>	<p>4W</p> <p>Well done to all of 4W for a fantastic term! It has been another incredibly difficult decision this week but Nicola has had a fab week. He has been getting out quietly with all that has been asked of him, working really hard and setting a great example with his behaviour too! Nicola has also been working really hard on his handwriting and presentation over the course of the term, so a big well done to him. 🧑🏻</p>
<p>5E</p> <p>Sasha Bassindale is my final pupil of the week for 2021. She has worked exceptionally hard all year but this week she has shown her creative flair in designing a theme park using area and perimeter but also in creating, to scale, a</p>	<p>5H</p> <p>I have chosen Zach Burnett as pupil of the week this week! I could choose Zach any week, he is a superstar! He has really impressed me with his excellent computing skills when making persuasive brochures about New York! He has</p>

<p>prototype 3d model of it using paper. Well done, Sasha! 🧑🏻‍🎓</p>	<p>also really impressed me with his outstanding rugby skills this week. He has shown precision, accuracy and strength in our PE lessons and works well in a team. Well done Zach for all your hard work! 🧑🏻‍🎓</p>
<p>6C Faye Mathie for her brilliant attitude and all round effort. In the class and throughout school she is always smiling and shows all the important skills of perseverance, determination and curiosity. As well as all of this, she constantly thinks of others and will go out of her way to help and assist. A team player and a real credit to the school. Well done Faye! 🧑🏻‍🎓</p>	<p>6M Harry Domeney for his hard work in all his lessons this week. His confidence has grown over the course of the year and he impressed Mrs Urch with his perseverance when things got tough creating origami Christmas cards. Well done Harry- keep it up 🧑🏻‍🎓</p>

Dates for your diary

Wed to Fri 12th to 14th Jan – Year 5 Residential to Robinwood

Elf Run – Mon 13th December

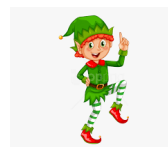
The Elf Run was a huge success and the children had a great time running round the playground listening to all our favourite Christmas tunes!



Thank you so much for your generous donations, we have beaten our target and have already raised a **HUGE £1057** for Simon on the Streets (there is still time to donate if you have not already done so!)

www.justgiving.com/Cookridge-Holy-Trinity-Cofe-Primary

Reverse Advent Calendar



Thank you to everyone who donated, we have been overwhelmed by your generosity and all the good have now been donated to the Leeds North and West foodbank, Trussell Trust.



Mathletics News

The trophies will be spending their Christmas holidays in 2J and 5E - well done to those classes!

A new entry and number one this week 😊

1. Max Gilbert
2. Jenson Bryer
3. Oskar Oliver
4. Zachary Cunliffe
5. Sebastian Wilson
6. Jackson Hill
7. Eden Abidian
8. Alice Kitson
9. Nicola Stincheddu-Tedde
10. Stanley Drake *joint with* Hannah Tugwell

Many thanks

Cath Hellings
Headteacher



Leeds

Clinical Commissioning Group



www.kooth.com

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People