



Cookridge Holy Trinity Church of England (A) Primary School

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‘The Best for Every Child -a Unique Child of God’
ISSUE No 516

19th November, 2021

Dear Parent / Carers

Our Christian Value this term is: **Service**

Our Ethos Statement this week is: **For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.**

Mark 10:45

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July

Autumn Term

It has been a lovely week of activity this week. We started the week in odd socks to celebrate our uniqueness and progressed to building dens to reflect our uniqueness!

There have been a variety of amazing dens on display during the course of this week – Children in Reception, year 1 and year 2 had an amazing day of thoughtfulness and co-operation with each other on Wednesday – they produced some amazing structures that they were really proud of. The children in years 3, 4, 5 and 6 were great team workers and had to adjust their structures to accommodate the windy conditions on Thursday – which they did with much success. There are a selection of photos on the website to see as well further down the newsletter. Thank you to Miss Hickey and Miss Appleyard for organising then re-organising and then organising the event again! Thank you to the PTA for funding the end of year treat ☺ that has finally happened!

Our year 3 children have had an amazing trip to Herd Farm where they tested their courage and invention skills on the multitude of challenges that they had to face during the day.

It has been lovely to hear children using ‘one kind word’ with each other also this week. In lessons and in the dining hall too.

A great week at Holy Trinity.

Pupil of the week

RWB

Rafferty McKenzie for trying really hard with his writing. Your letter formation is beautiful and I can tell you have been working hard on learning the correct formation and hearing the sounds in the word. Well done Rafferty! ☺

RR

Rosie Dodds is Pupil of the Week for her fantastic effort and enthusiasm during den building on Wednesday. Rosie demonstrated fantastic problem solving skills, perseverance and team work. Rosie was really good at using the zip ties and pegs to secure her den. Well done, Rosie ☺



Diocese of Leeds



The Best for Every Child- a Unique Child of God

<p>1A</p> <p>All of Year 1 had a fantastic morning den building on Wednesday however, my pupil of the week this week is Alice Kitson for being a fantastic team member throughout. Alice worked so hard to create a stable den, listened to instructions and worked well with all the other children. Well done, Alice! 😊</p>	<p>1RM</p> <p>This week in 1RM, Zac Orson is our pupil of the week! Zac has been working incredibly hard with his reading over the past few weeks and has gained a lot of confidence. Zac has remained focused and persevered with all aspects of learning this week and has really impressed all the adults in Year 1! Well done Zac 😊</p>
<p>2S</p> <p>Anna Carruthers for doing exceptionally well in our new topic on money and for trying her hardest in all our lessons. She is also a reliable, friendly, caring member of our class. Well done Anna 😊</p>	<p>2J</p> <p>It has been great to see almost all of 2J back in the classroom this week. They have all been working really hard. My pupil of the week for this week is Henry Hunter. Henry has been impressing me throughout the week in all subjects. He is a lot more motivated with his learning now and has been doing some brilliant 2 digit addition and subtraction in maths. He has also done some fabulous reading for me and demonstrated some excellent balances in gymnastics. Well done Henry. Keep up the enthusiasm! 😊</p>
<p>3P</p> <p>This week I have chosen Poppy Johnson as our pupil of the week. 3P have taken part in a range of outdoor team challenges this week where Poppy has shown exceptional maturity and kindness to all other students. She comes into school each day with a fantastic attitude, smiling and ready to learn and is always eager to contribute to our class discussions on 'The Explorer'. Well done Poppy, keep it up! 😊</p>	<p>3R</p> <p>This week I have chosen Max Middlemiss for impressing me with his resilience, perseverance and kindness towards others. On our school trip to Herd farm, Max was absolutely fantastic and encouraged other people in his group to try the activities when they felt a bit nervous. He has also been trying really hard with his handwriting this week and produced some fantastic pieces of work. Well done Max! 😊</p>
<p>4L</p> <p>Eva Cail is our 4L Pupil of the Week this week for her fantastic attitude towards her learning! Eva has tried incredibly hard with our math work looking at measuring and perimeter of the Titanic. She has also produced a wonderful descriptive poem, including the use of personification, written as the iceberg that sank the Titanic! What a great week, well done Eva! :-)</p>	<p>4W</p> <p>After another busy but great week in 4W it has been a really tough decision however, I have chosen Eliza Trigg. Eliza could get this award every week, she is incredibly hard working and takes great pride in all of her work - producing a lovely poem linked to our learning on the Titanic this week. Not only that but she is a great friend to others and is always extremely kind, helpful and polite. Well done, Eliza. 😊</p>
<p>5E</p> <p>Imogen Ingle is my pupil of the week this week. Not only is she a great role model for the class, she has really impressed in our P.E. lessons showing strength, agility, determination and poise to excel in what she has been doing. Several adults have seen the same and commented on her progress. Well done Imogen! 😊</p>	<p>5H</p> <p>I have chosen Jake Harland for his fantastic attitude and team work skills that he has shown this week in PE and in our den building session. He is encouraging others and is showing great sportsmanship! Well done Jake! 😊</p>
<p>6C</p> <p>Millie Kilbride for her exceptionally mature attitude throughout school. She demonstrates all the Y6 attitudes of effort, respect and determination, whether in lessons or helping around school. Well done Millie - keep the superb efforts. 😊</p>	<p>6M</p> <p>Jaiden Town for his excellent work on our class novel The Boy in the Striped Pyjamas. He has written a letter in the style of the character Bruno and used all of the top tips given to produce an empathetic piece of work. Well done Jaiden- keep it up 😊</p>

Dates for your diary

Wed 24th Nov – Year 6 trip to Eden Camp

Fri 26th Nov – Years 3 and 4 trip to St George's Crypt church to watch 'The Christmas Blessing'

Thur 9th Dec - Christmas Jumper Day

Friday 10th Dec – Year 6 Evacuee Day

Thur 16th Dec – Christmas Dinner

Fri 17th Dec – Christmas Carols round the tree (pm)

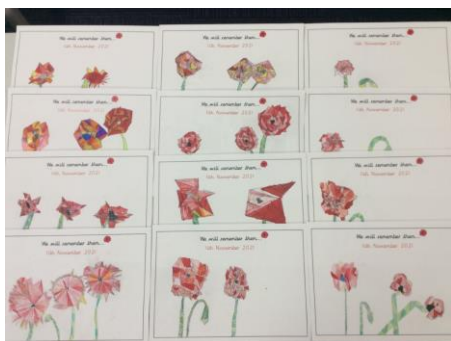
Fri 17th Dec – School closes for Christmas

Tue 4th Jan – School re-opens

Wed to Fri 12th to 14th Jan – Year 5 Residential to Robinwood

Remembrance

Holy Trinity has celebrated the lives of soldiers from the past and present, who have sacrificed their lives for peace across the world. The children have created beautiful and emotive Remembrance art work, inspired by the artist they have been studying this half term. Please see below their fantastic art work!



Admissions Reminder

If you have a child who is due to start school in September 2022, the LCC online applications are now open. Please feel free to call in to the school office for a Supplementary form and admission pack. The closing date for applications is 15th Jan 2022.

Reminder - School start time

Just a reminder that the bell goes at 8:50am for the start of the school day, children should be on site in their lines ready to come in when the bell goes. The gates to the playground are open at 8:30am and the playground is supervised from 8:35am each morning.

Mathletics News

The KS1 trophy really is getting quite at home in 1RM - well done team! Other Rec and KS1 classes need to try and win it away from them!

Likewise, in KS2 it will spend yet another in 4W, you're clearly doing a great job but it's time for a bit of competition from the rest of KS2!

We have had a real shuffle of the top 10 this week which is great to see...lots of new names 😊

1. Ella Ledger
2. Harry Wilson
3. Jackson Hill
4. Souad Nahil
5. Maryam Nahil
6. Ruby Jones
7. Zhila Zangana
8. Elsana Ganjpoor
9. Stanley Drake
10. Eloise Heels

Please don't forget Operation Christmas Child

Shoebbox Appeal

NEW DEADLINE MONDAY 22nd NOVEMBER 2021

Unfortunately due to transportation issues the deadline for the Shoeboxes has been brought forward and they are now going to be collected from school on Wednesday 24th November. Despite this, we are still hoping to repeat last year's success and have joined together as a school to create our shoeboxes with classmates. Each class have been given 7 shoeboxes to fill, it would be brilliant if each child could bring one or two items to help fill their class shoeboxes. I know lots of children have already brought items into school which is fantastic!

Ideas for items to donate: toothbrush, bar of soap, small toys, books, colouring books, pens, pencils etc. (See the attached information guide for more details of what may be included)

Please bring your items into school no later than Monday 22nd November 2021.

Many thanks for your continued support,
Miss Lillington

Den Building

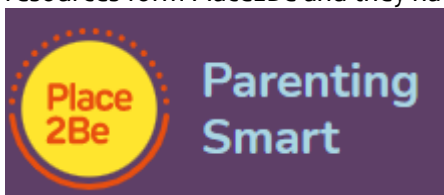
This week we finally managed to take part in our den building sessions from July- and it was worth the wait! We had the best time building out of bamboo canes and rubber piping, then using waterproof sheets and flags to make them into proper dens. All the children impressed us with their team working skills, their perseverance and their creativity. Chris (our den building pro) was eager to know when he could come back next. Well done Holy Trinity!





Children's Mental Health Week

Last year we ran our first Children's Mental Health Week and will be doing this again in the new year. We use resources from Place2Be and they have launched a new parent resource that may be of interest to you:



After piloting with parents and carers in our partner schools, we are proud to have launched Parenting Smart for all UK parents and carers of 4-11 year olds. The Parenting Smart site is completely free to use and access, full of tips and advice on a range of topics including transition to secondary school, meltdowns, and sleep difficulties. Visit our full site for the latest resources.

<https://parentingsmart.place2be.org.uk/>

Many thanks

Cath Hellings
Headteacher

We are Family!



**Families come in all sorts of different
SHAPES & SIZES, sometimes it can
feel like you're on a roller-coaster or a
roundabout!**

**Why not participate in a group that can give you the tools,
strategies & activities to help you to manage or get off that
roller-coaster or roundabout.**

**We are Family is a group for parents/carers with children
aged from 2-16yrs**

The group will start on:

**Wednesday 3rd November from 9:30 – 11:15 for 6 weeks
at Ireland Wood Children's Centre**

**If you would like to participate in the group or would like further
information**

Please contact us by: Email: info@esnorthwest.co.uk

Amanda Gaskin or Andrea Hey ESNW cluster

07891270346/07891276604



Leeds

Clinical Commissioning Group



www.kooth.com

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly

moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People