



## Cookridge Holy Trinity Church of England (A) Primary School

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**'The Best for Every Child -a Unique Child of God'**  
**ISSUE No 514**

5<sup>th</sup> November, 2021

Dear Parent / Carers

Our Christian Value this term is **Service**

Our Ethos Statement this week is: **'When you call upon me and come and pray to me, I will hear you. I will let you find me,' says the Lord, 'and I will restore your fortunes.'**

**Jeremiah 29.12,14**

**Wishing you a Happy Diwali**

**Remaining training days this year:**

Friday 27<sup>th</sup> May

Monday and Tuesday 25<sup>th</sup> and 26<sup>th</sup> July

### **Autumn Term**

I hope you all had a relaxing half term.

We are back with energy and enthusiasm here at school – it is lovely to see what the children are getting up to in class and in the dining hall (a wonderful place to be at lunchtime!).

The start of term has seen a rising number of children testing positive for COVID – we are thankful that the children affected are coming back to school, after their isolation, in relative good health. Please continue to be vigilant with your children and err on the side of caution with testing, so that we can protect all members of our school community – and our extended school community too. If you have isolate, because you have either contracted COVID or you have been 'pinged', please ensure that you follow Government legislation of staying in isolation. If being in isolation means you have difficulty getting your child to school, please contact the school office so that we can discuss ways in which we can help.

This term we are continuing to wash and gel hands – members of staff are still wearing face coverings in areas outside of their classrooms. Thank you for remembering to wear a face covering when visiting the school office. Thank you, also, for ensuring that the start and end of the day that you maintain a good social distance from others on the playground.

Our COVID risk assessment still states that we are not able to have parents into school for Christmas productions. We have made the difficult decision to record productions again this year. Mrs Murphy will be in touch shortly to gain your permission for us to film your child in their production. Please note that recordings will be only of your child's production and will be used only for your enjoyment – they must not be shared on social media.

 THE CHURCH  
OF ENGLAND  
Diocese of Leeds



**The Best for Every Child- a Unique Child of God**

## Pupil of the week

<p>RWB This week we have chosen Nathaniel Chipampe to be our pupil of the week. Nathaniel is making great progress, especially in his writing and has a fantastic attitude towards his learning. Nathaniel is a great friend to the children in our class and is helpful and friendly :-)</p>	<p>RR Archie Gibson is our Pupil of the Week. Archie is showing a wonderful attitude towards learning and has really grown in confidence to participate in class discussion and put his hand up during carpet times. Archie is working really hard on blending and segmenting and is gaining independence. Archie is building lovely friendships in Reception. Well done, Archie :)</p>
<p>1A Simone Ladinetti is our pupil of the week this week. Simone has had a fantastic week. He has been really impressing Mrs Turnbull and Ms Edwards. He has worked hard to follow instructions and get on with his work. He has been playing nicely and kindly with his friends, both in class and on the playground. Well done Simone, keep up your hard work and your fantastic attitude! ☺</p>	<p>1RM This week in 1RM, Phoebe Munden is our pupil of the week. Phoebe has shown fantastic resilience and courage since starting Year 1. She is such a kind and caring member of our class and is also wonderful at supporting her friends. This week Phoebe really impressed during Bikeability and achieved her goal of riding a bike! Well done Phoebe, keep up the hard work :)</p>
<p>2S We have chosen Bethan Williams as 2S's pupil of the week. All the adults in year 2 have been so impressed by Bethan's fantastic attitude towards her learning. She has tried especially hard with her maths this week and has mastered our new written method. She's also developing lovely handwriting. Bethan makes excellent contributions to our class discussions and always has a smile on her face. Keep up your wonderful hard work Bethan, we're really proud! Well done! :)</p>	<p>2J The whole of 2J have had a brilliant week this week so it has been lovely to be back at school. My pupil of the week however is George Scott. I have noticed George in all of our lessons this week for his brilliant attitude towards his learning and for his perseverance. He has worked brilliantly in science, maths and PE and I have been particularly impressed with how much effort he has been putting into neatening up his handwriting. ☺</p>
<p>3P This week I have chosen George Cook as our pupil of the week. George has great manners and shows exceptional kindness to all staff and pupils around school throughout the school day. He has also been working very hard in our multiplication topic in maths, persevering with his independent work even when it becomes more challenging. Well done George, keep it up! ☺</p>	<p>3R This week I have chosen Sophie Richards for working hard and impressing me in all areas of her learning. Sophie is a delightful member of 3R and always comes to school with a big smile on her face. This week she has done some super maths work on multiplication and impressed me with her fantastic gymnastics' skills in P.E! Well done Sophie - keep up the good work ☺</p>
<p>4L Neve Fletcher is our 4L Pupil of the Week! Neve has worked fantastically well this week across the curriculum. She has worked hard to improve her English work, using lots of detailed description in her diary entry based around the Titanic. She has continued to show lots of enthusiasm towards her maths learning and works well as part of a team. Well done Neve! :-)</p>	<p>4W It's been great to be back with the class this week and we've done lots of excellent work! As with every week, I have been really impressed with Rupert Kitts. He works incredibly hard in all lessons and produces excellent pieces of work. This week, he has written a great diary entry linked to our learning on the Titanic as well as completing some really tricky maths work. Not only this, he also sets a great example with his behaviour too. Well done, Rupert! ☺</p>
<p>5E Elliot has a brilliant week and has really shown high concentration levels, especially in English where he has tackled speech marks with great success and has accurately written a piece about</p>	<p>5H I have chosen Yashar Parsamanesh for his excellent and enthusiastic attitude in school. Yashar has only joined our school this year and he has settled in really well! He has shown a</p>

our class novel Holes that incorporates a blend of speech, description and action. Well done Elliot. 😊	growth mindset and works really hard to make progress in all our lessons. He is already a valued member of our class! Well done Yashar! 😊
6C Lucas Avery for his brilliant attitude in class and around school. He has worked hard with his reading and maths and the adults working with him have noticed his impressive efforts. He has also done a great job with the literary shed. Keep up the good work! 😊	6M George Haywood for his mature attitude during the first week back. He is thinking really deeply about our class novel 'The Boy in the Striped Pyjamas' and has asked some really thoughtful and insightful questions. The quality of his writing has also improved and his reflection in character was something that showed this. Well done George- keep it up 😊

### **Dates for your diary**

Wed 10<sup>th</sup> Nov – Nasal flu immunisations  
 Tue 16<sup>th</sup> Nov – Year 3 trip to Herd Farm  
 Wed 17<sup>th</sup> Nov – KS1 Den Building  
 Thur 18<sup>th</sup> Nov – KS2 Den Building  
 Wed 24<sup>th</sup> Nov – Year 6 trip to Eden Camp  
 Thur 9<sup>th</sup> Dec - Christmas Jumper Day  
 Friday 10<sup>th</sup> Dec – Year 6 Evacuee Day  
 Thur 16<sup>th</sup> Dec – Christmas Dinner  
 Fri 17<sup>th</sup> Dec – Christmas Carols round the tree (pm)  
 Fri 17<sup>th</sup> Dec – School closes for Christmas  
 Tue 4<sup>th</sup> Jan – School re-opens  
 Wed to Fri 12<sup>th</sup> to 14<sup>th</sup> Jan – Year 5 Residential to Robinwood

### **Operation Christmas Child - Shoebox Appeal – DEADLINE FRIDAY 26<sup>th</sup> NOVEMBER 2021**

We are hoping to repeat last year's success and run our Shoebox Appeal once again. Of course, the past couple of years have been different and incredibly difficult for everyone, so we have joined together as a school to create our shoeboxes with classmates. Each class have been given 7 shoeboxes to fill, it would be brilliant if each child could bring one or two items to help fill their class shoeboxes. I know lots of children have already brought items into school which is fantastic!

**Ideas for items to donate:** toothbrush, bar of soap, small toys, books, colouring books, pens, pencils etc. (See the attached information guide for more details of what may be included)

**Please bring your items into school no later than Friday 26th November 2021.**

Many thanks for your continued support,

Miss Lillington

### **Mathletics News**

A great start to the term with lots of Maths happening in school. The KS1 trophy is getting quite at home in 1RM - well done team! In KS2 it will spend the week in 4W 😊.

Lots of the same names again this week... our top 10 mathletes are:

We finally have a new name in the top spot! There are also some new names this week which is great to see. The results are in...



1. Jenson Bryer
2. Maryam Nahil
3. Souad Nahil
4. Harry Wilson
5. Anita Cwener
6. Dina Zangana
7. Jacob Zelikson
8. Maya Zelikson
9. Zachary Cunliffe
10. Tobias Gautrey

Many thanks

Cath Hellings  
Headteacher

**We are Family!**



Families come in all sorts of different  
**SHAPES & SIZES**, sometimes it can  
feel like you're on a roller-coaster or a  
roundabout!

**Why not participate in a group that can give you the tools,  
strategies & activities to help you to manage or get off that  
roller-coaster or roundabout.**

**We are Family is a group for parents/carers with children  
aged from 2-16yrs**

**The group will start on:**

**Wednesday 3<sup>rd</sup> November from 9:30 – 11:15 for 6 weeks**

**at Ireland Wood Children's Centre**

**If you would like to participate in the group or would like further  
information**

**Please contact us by: Email: [info@esnorthwest.co.uk](mailto:info@esnorthwest.co.uk)**

**Amanda Gaskin or Andrea Hey ESNW cluster**

**07891270346/07891276604**



**Leeds**

**Clinical Commissioning Group**



[www.kooth.com](http://www.kooth.com)

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community ([www.kooth.com](http://www.kooth.com)) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



### **Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

**[Silvercloud self-directed website for parents/carers](#)**

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

**The Mix** Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. [www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

### **The Market Place**

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

### **Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

### **Bereavement support for Children and Young People**