



Cookridge Holy Trinity Church of England (A) Primary School

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**‘The Best for Every Child -a Unique Child of God’
ISSUE No 510**

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Dear Parent / Carers

Our Christian Value this term is **Respect**,

Our Ethos Statement this week is: **Just then Boaz arrived from Bethlehem and greeted the harvesters, “The Lord be with you!” “The Lord bless you!” they called back.**

Ruth 2v4

Remaining training days this year:

Friday 27th May

Monday and Tuesday 25th and 26th July

Autumn Term

This week we have seen the return of the photographers for individual school photos – the children looked amazing and I am sure you will treasure the photos that they have brought home this week.

Poppy Hellings also had her photo taken – much to the delight of the children – she wore her school cardigan too.

Our children in Reception class are really getting into the swing of being at Holy Trinity. They are confident and are happy – in class, in the dining hall and also on the playground – where our year 6 buddies are doing an excellent job helping them find good games to play.

Thank you for helping us look after our school community through your quick drop off on the school playground on a morning and pick up on an afternoon. Thank you for maintaining those social distances – COVID-19 is still prevalent in our local community and keeping everyone as safe as possible is really important to us.

Please can you also ensure that your child does not play on the school adventure playground or field so that you can make that quick and safe exit from school each afternoon.

Have a wonderful weekend.

Pupil of the week

RWB

In RWB this week we have chosen Hugo Anderson. Hugo is developing in confidence and has a great attitude towards his learning. He is working hard and persevering to write his name and learn the letter sounds. Hugo is a kind and friendly member of our class. Well done for a great start in Reception Hugo :-)

RR

William Wouters is our Pupil of the Week this week :) William has a fantastic attitude to learning and has worked really hard with his name writing. He is ordering the letters and trying to form his letters really carefully. William has made lovely friendships in our class and is a wonderful member of RR. Well done, William :-)



Diocese of Leeds



The Best for Every Child- a Unique Child of God

<p>1A Henry Blacker for his fantastic writing this week. Henry wrote some super independent sentences all about our class book Elmer and also about the butterflies we have been looking after. He has also started putting his hand up a lot more to answer questions. Well done Henry! ☺</p>	<p>1RM This week in 1RM, Stanley Drake is our pupil of the week. Stanley has settled into Year 1 really well and has shown fantastic independence this week. Stanley has gained confidence to have a go before asking for help and his work has been fantastic, especially in maths. Well done Stanley, keep up the hard work :-)</p>
<p>2S Lucy Scott for always being an absolute superstar in 2S! She has impressed me from day one and has kept it up every day since. She tries hard in every single lesson and has done some lovely writing in her diary about the Great Fire of London. Lucy is also a wonderful friend and is just a delight to have in class! Well done :-)</p>	<p>2J Emelia Ingle is our pupil of the week this week in 2J. Emelia has impressed me with her attitude towards her learning since coming into Year 2. She demonstrates a positive attitude towards her work and always puts 100% effort into everything she does. This week she particularly impressed me with her 'can do' attitude in PE. She persevered with a very tricky balancing activity and her determination to succeed and focus was brilliant to see. Keep it up Emelia! ☺</p>
<p>3P This week I have chosen Daisy Young as our pupil of the week. She continues to show independence and maturity throughout lessons and is always ready to learn. Daisy has put particular effort into her handwriting this week and has produced some excellent work English work throughout our James and the Giant Peach topic. Well done! ☺</p>	<p>3R Lily Jaques for a superb start to year 3. I could choose Lily as my pupil of the week every week as she always works hard and tries her very best. She is incredibly polite and cheerful and she's always ready to get on with her learning. Lily has particularly impressed me with her maths work on addition this week. Well done Lily! ☺</p>
<p>4L Albie is our 4L Pupil of the Week for being a fantastic role model to the rest of the class! Albie always tries incredibly hard and has worked hard this week to produce a detailed newspaper report based on Thomas Edison's lightbulb! He has continued to work hard with his reading and maths and has persevered when in the learning pit! Well done Albie! ☺</p>	<p>4W Well done to all of 4W for another excellent week in school! This week our pupil of the week is Tobias Gautrey. Tobias could win this award every week, he works incredibly hard in all lessons, takes care with all of this work and is always ready to join in with class discussions. As well as this, he is an extremely polite and caring member of the class. Well done, Tobias. ☺</p>
<p>5E Liam Osborne, he has had another great week where he has demonstrated his flair for language in his writing; using some brilliant choices of words along with a keen interest in improving what he has written through listening carefully and using his editing skills. ☺</p>	<p>5H I have chosen Christopher Beatham for his excellent attitude in all lessons. He puts 100 % effort into all subjects. He has really impressed me with his knowledge in maths where he is really keen and enthusiastic and participates in class discussion! Well done Christopher! ☺</p>
<p>6C Bobby Masters for his consistently exemplary attitude and effort in all he does in school. He is always trying his hardest with any task, both in the classroom and around school with his Y6 Buddy duties. Keep up the hard work - well done. ☺</p>	<p>6M Chloe Towers for her wonderful attitude in all subjects. She is putting in 100% effort and really wanting to improve; if she is ever unsure she will ask for help and correct what she needs to do. I really enjoyed reading her application letter to M16 based on our class novel Alex Rider. Well done Chloe, keep it up ☺</p>

Mathletics News

I have seen lots more brilliant Maths learning happening across school this week. The trophies will be delivered to the winning class each week, or shared in the event of a tie! They are already on the move ...this week the KS1 trophy goes to **1RM** and the KS2 trophy goes to **4W**.

Our top 10 mathletes this week are:

1. Maryam Nahil - for the second week in a row 😊
2. Anita Cwener
3. Souad Nahil
4. Seth Clark
5. Ruby Jones
6. Jenson Bryer
7. Oskar Oliver
8. Elsana Ganjpoor
9. Eden Abidian
10. Noah Duffield

Harvest Festival

A huge thankyou to everyone who kindly donated to our harvest festival, we gathered plenty of food to be donated to The Salvation Army who are extremely grateful. Here are a few pictures of the School Councillors and some of the Worship Team delivering the donations to the church.



Request for Toys

As an eco-friendly school, instead of buying new toys/plastic we wanted to ask if there are any pre-loved toys/resources within our school community that we could use within our Reception provision.

We are looking for any of the following toys that are still in good condition:

- Cars
- Trains
- Prams
- Diggers (small and big)
- Dolls and clothes
- Small play figures (people)



We would also welcome contributions of

- Pebbles/rocks/bark (to fill our tyre)
- Top soil (to fill our mud kitchen)

Your contributions will be warmly welcomed – thank for your continued support.

Music Lessons in school

We are once again able to invite music teachers in to school and currently have woodwind and brass lessons for Key stage 2 children available on Tuesdays, If your child is interested in trying a woodwind or brass instrument please contact Music For Schools Foundation directly <https://www.mfsf.org.uk/> (email info@mfsf.org.uk).



We are also working with Roundhay Music and are hoping that they will also be able to come into school in the near future to offer lessons. Instruments likely to be offered are keyboard and guitar and possibly drums and recorder subject to interest and logistics. For more information please contact Roundhay Music <https://www.roundhaymusic.org/> (enquiries@roundhaymusic.org)

Many thanks

Cath Hellings
Headteacher



Leeds

Clinical Commissioning Group



www.kooth.com

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community (www.kooth.com) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

[Silvercloud self-directed website for parents/carers](#)

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People