



## Cookridge Holy Trinity Church of England (A) Primary School

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**'The Best for Every Child - a Unique Child of God'**  
**ISSUE No 506**

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Dear Parent / Carers

Our Christian Value this term is **Courage**

Our Ethos Statement this week is: *When I am afraid, I will trust in you. In God, whose word I praise, in God I trust; I will not be afraid. What can mortal man do to me?* Psalm 56:3-4

**Epic Explorers - Please see the link for more information:** <https://youtu.be/UO6mF8iG3tY>

Wishing 'Eid Mubarak' to the members of our family who are celebrating Eid al-Adah this week.

### **Our final week of Summer Term**

I would like to start our newsletter this week by thanking you for all of your support this year. Your emails and kind words have definitely kept us going on what has turned out to be a marathon of a year! Your wearing of a face covering – in whatever form it has taken, has ensured that you have done your part in the taking care of the most vulnerable members of our Holy Trinity Family. Your queuing up in the different lines all year has ensured that we have been able to maintain our bubbles and help our children to maintain a distance from all of the other year groups. When some of our bubbles had to be closed this year you helped us by keeping your child at home – and supported us and them with online learning!

I would like to thank our teachers and teaching assistants who have learned a whole new way of working this year – in such a short space of time during January when all learning went online. We have all learned a new vocabulary of virtual learning, Zoom and Teams!

Our children – as always have been magnificent! Most notable was the incredible way they adapted to this alternative way of working and learning this year.

Our Christian Values of Thankfulness, Friendship, Trust, Forgiveness, Peace and Courage have certainly been lived out this year.

I would like to wish our current year 6 good luck as they move onto the new part of their life adventure. I hope that whatever challenges they face they will remember that God is always with them on their journey – through celebrations and commiserations. No matter where they end up they need to remember that they will always be a Holy Trinity pupil!

 THE CHURCH  
OF ENGLAND  
Diocese of Leeds



**The Best for Every Child- a Unique Child of God**



I would also like to wish Mr Matt Osborn the best of luck as he moves onto the next chapter of his life adventure. He has been a valued member of our Holy Trinity family for the last 9 and a bit years. We will miss his enthusiasm for learning – and his references to the ‘Learning Pit’ along with his ‘Growth Mindset’. We do wish him Adieu and hope that his journey is a fulfilling one.

As we move from this year into our next school year – lets pray for all of those we have lost this year, for all of those who have been adversely affected by COVID-19 – in whatever way, and ask that God to watch over our school community, keeping us all safe until we are re-united again in September. Keep safe everyone. Have a relaxing and reviving summer holiday.

### **Training Days from September 2021**

Monday and Tuesday 6<sup>th</sup> and 7<sup>th</sup> September

Friday 27<sup>th</sup> May

Monday and Tuesday 25<sup>th</sup> and 26<sup>th</sup> July

### **September (it will be here before we know it!)**

We have been working on routines for children and parents to come into school in September. We will not have bubbles but we will have an orderly lining up system for the morning and a defined process for picking up your child(ren) at the end of the school day.

**Start of the school day:** – gates will open from 8:30am. Mr Osborne will be manning the gate from this time. Mrs Hellings, Mrs Casling and Mr Clarke supervising the children in their lines. Teachers will be collecting the children at 8:50.

On the top playground (nearest to the gates) we will have a drop off zone where parents can come onto the school playground (if they need to) so that water bottles, book bags etc can be handed over and then your child will go straight to their lining up point. This system has really encouraged our children to develop independence and resilience this year – it has also enabled parents/carers to have a quick drop off and get off to work/start your day. We realise that the government have removed the legal requirement to give each other space but we request that you still look after each other and maintain a good social distance and leave the playground as your child joins their line. Years 1 and 2 will line up on the middle playground;  
Years 4,5,6 will line up on the bottom playground;  
Year 3 will continue to come through the office gate and line up on the ramp by the office – parents will leave their child at the gate.  
Reception parents will be informed of the start/end of the school day as they start school.

**The afternoon collection routine:** The gates will open at 3:20pm

The children will be dismissed to certain areas on all three playgrounds – so avoiding the need for all to mix (this protects each other) – look out for the signs that well demarcate these areas.

Years 4,5,6 will be dismissed to the bottom playground;

Years 1 and 2 will be dismissed to the middle playground (please note that year 1 children will be on the playground by 3:25 to avoid congestion and crossover);

Year 3 will be dismissed from the top playground.

We recommend that you wait at your youngest child’s collection point and your older children will come to you.

Drop off and collection zones will have signposting to help you find your way.

As with everything we do, we will continually assess and tweak any difficulties we encounter to ensure as smooth a transition as possible in September.

From September we will not be asking you to wear a face covering but if you feel that this is something that you wish to continue to do we will support you. We will continue to ask that you allow each other space - this will allow all members of our school community to feel safe.

Thank you for your continued understanding and support – we really do appreciate it.

### Pupil of the week

<p><b>Reception</b> Well done to everyone in Reception for a fabulous first year in school. Everyone has settled in beautifully and grown in confidence during the year! One of our personal highlights was working on the Nativity, although it was slightly different this year, the children did a fabulous job! We are so proud of each and every one of you and although we will miss you all next year, we know you are ready to meet the challenge of Year 1! ☺ Mrs Rathmell and Miss Wilkinson x</p>	
<p><b>1A</b> My POW this week is the whole of 1A. They have had a fantastic year and have taken all the disruption completely in their stride (despite being the second youngest in the school!). Their positivity and determination has carried them through and I've loved teaching every single one of them. I will miss them next year but they are completely ready for their next adventure in Year 2 ☺</p>	<p><b>1RB</b> Everyone in 1RB you are all superstars! It's been a very different year but despite everything you have smiled and tried your best. We have loved teaching you and wish you all the best for the future, Mrs Riddell and Mrs Bowman ☺</p>
<p><b>2S</b> 2S are ALL my pupils of the week! They have been absolutely incredible this year; they have risen to every challenge, constantly shown enthusiasm, made brilliant progress, completed some fantastic learning and done everything with huge smiles on their faces! I have loved teaching them and I hope they all have the amazing summer they deserve. Well done 2S, you are all superstars! ☺</p>	<p><b>2J</b> Our pupil of the week goes to all the children in 2J! What a year and what a class!! Our class is full of characters and there's never a dull moment. They've certainly kept us on our toes ;-)! But we've enjoyed every minute and what fabulous progress they have all made in their learning and attitude towards their learning. We are so proud of them all. Have a fabulous time with Miss Russell next year 2J and work hard. We'll miss you. Love from Miss Johnson &amp; Miss Peralta x</p>
<p><b>3W</b> After such an amazing year I have chosen all of 3W as my pupils of the week. It's been a challenging year in many ways but I have been so impressed with how the class has dealt with these and the maturity they have demonstrated. We've worked hard, had lots of fun and I can't wait for year four with them next year. Well done to all of 3W! ☺</p>	<p><b>3R</b> My pupils of the week is the whole of 3R for a fantastic year! They have all worked incredibly hard and I am so proud of all the progress they have made, despite a lockdown and also having to isolate! They have all been absolutely amazing and I will miss teaching them next year. Good luck in Y4 everyone and have a fantastic summer! ☺</p>
<p><b>4L</b> The whole of 4L are my Pupils of the Week! They have had such a wonderful year and despite lots of changes, they have created lots of fantastic memories as part of year 4! They have shown great resilience during their period of home learning and have risen to every challenge set! I am so proud of you all and will miss teaching each and every one of you. Love from Miss Lill x</p>	<p><b>4H</b> I have chosen all of 4H for pupil of the week this week. I have chosen them because they have all been a fabulous class to work with this year. I have been so impressed with their resilience and hard work both at school and during lockdown learning from home. I am really looking forward to working with them all next year in year 5! Have a wonderful summer 4H! :) see you in September! :)</p>
<p><b>5E</b> To all of 5E for negotiating our way to the end of a challenging year that has also provided us all with so much fun, laughter and, above all, great success. Have an amazing summer holiday! ☺</p>	<p><b>5O</b> All of class 5O for all their effort, dedication and resilience they have shown this year. It has been another tricky year with the lockdowns and they have coped absolutely brilliantly. I am proud of every single child in this class and the attitude that they have shown all year; they have made my last year at this school a pleasure. Thank you 5O and good luck in year 6 and beyond ☺.</p>

## Year 6

Our Pupil(s) of the Week this week are the whole of Year 6. All throughout this year they have shown maturity, determination and perseverance; when things got tough they never gave in. They are a real credit to everyone and even though things did not go as we planned for the end of the year, they took it in their stride and kept their growth mindset throughout. We would like to let them know how proud we are of each and every one of them for this year and we wish them all the best in high school- well done on a tremendous Year 6 everyone, we will miss you lots! ☺

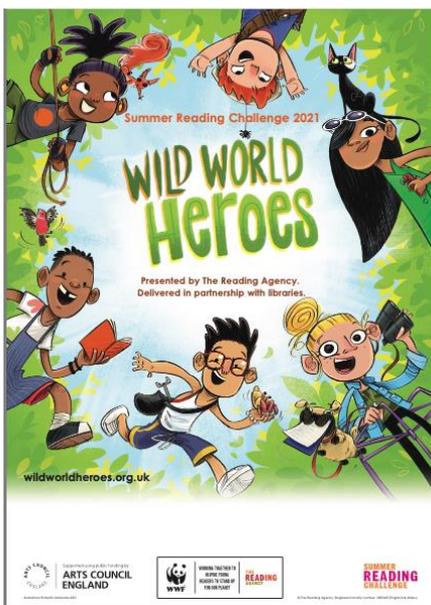
## School Dinners

We are changing our catering suppliers in September and there will be a small price increase, school dinners will now cost £2.20 per day for children in KS2. Please see attached for the menus.



Please be reminded that children must either be on school dinners or packed lunches, unfortunately due to food ordering and wastage we are unable to accommodate children having different meal choices on different days. Please remember to give at least one week's notice to the school office if you wish to change from school dinners to packed lunches or vice versa.

## Summer Reading Challenge



The reading challenge run by our library service is on the theme of Reading Heroes. The Challenge launched on 19<sup>th</sup> June and runs over the summer break. You join up at your local library who will have more information for you.

## Support available

**A useful link:** Parenting in a Pandemic: Support for your Mental Wellbeing in Lockdown 3.0

<https://northleeds.mumbler.co.uk/parenting-in-a-pandemic-support-for-your-mental-wellbeing-in-lockdown-3-0/>

If at any time parents/carers have any concerns about their own wellbeing or family relationships; the way their children are coping with home schooling; or any worries about more practical issues such as food, bills, parenting difficulties etc... we can access various support services via the local cluster. Please ask if you need anything, we may be able to help ☺. Please contact Mrs Casling via the [info@holytrinity.leeds.sch.uk](mailto:info@holytrinity.leeds.sch.uk) or telephone school at any point and I will get back to you.

Mrs Casling (Deputy Head and Inclusion lead)

Cath Hellings  
Headteacher



Leeds

Clinical Commissioning Group



[www.kooth.com](http://www.kooth.com)

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community ([www.kooth.com](http://www.kooth.com)) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



**Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

**Silvercloud self-directed website for parents/carers**

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

**The Mix** Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. [www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

### **The Market Place**

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

### **Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

### **Bereavement support for Children and Young People**