



# Cookridge Holy Trinity Church of England (A) Primary School

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**‘The Best for Every Child -a Unique Child of God’  
ISSUE No 502**

25<sup>th</sup> June , 2021

Dear Parent / Carers

Our Christian Value this term is **Courage**

Our Ethos Statement this week is: **For the LORD is good and his love endures forever; his faithfulness continues through all generations Psalm 100:5**

### **Summer Term – the second half**

In a year where COVID-19 has been ‘THE’ other thing to consider when planning school events; we had to think very carefully about how we could run sports day and protect the integrity of the bubbles that our children and staff are in. It is with this in mind that we have taken the difficult decision to have our annual sports day in our bubbles without parents being invited. When deciding what to do we had to look at our risk assessment and then consider how we maintain the integrity of the bubbles, whilst ensuring that our duty to safeguard children, staff and parents/carers from any potential contact with COVID-19 is in place. I am sure that you will agree that it is crucial that we take this responsibility very seriously, especially when numerous bubbles in other schools have closed due to cases of COVID-19 in past few weeks. We definitely need to avoid having to collapse bubbles and revert back to remote learning!

Thank you for your continued support with helping us in maintain our bubbles and keep our children safe.

### **Dates for the diary**

- Wed 30<sup>th</sup> June – Reception trip to Hesketh Farm
- Thur 1<sup>st</sup> July – Year 2 trip to Yorkshire Wildlife Park
- Fri 2<sup>nd</sup> July – Year 1 trip to Abbey House Museum
- Thur 8<sup>th</sup> July – Year 5 trip to the Junior Warrior obstacle course
- Fri 23<sup>rd</sup> July – last day of term (1/2 day)

### **Pupil of the week**

<p>RR Xidane is our Pupil of the Week :) Xidane has a fantastic attitude to learning and is especially engaged during our lessons about Under the Sea. Xidane has been working really hard in phonics lessons, he is becoming really</p>	<p>RW This week in RW, Lyra Hakim is my pupil of the week. Lyra tries her best in everything she does. She always puts her hand up to participate in all class discussions. This week, I was very proud of Lyra's independent writing,</p>
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<p>confident in reading and writing as a result. Xidane wrote a fantastic retelling of The Snail and The Whale this week, using brilliant description and vocabulary. Well done 😊</p>	<p>retelling the story of 'Snail and the Whale'. Lyra used story language and adjectives to describe the characters and their adventure. Well done Lyra 😊</p>
<p>1A Charlie Hemmingway for being such a superstar all year. Charlie's writing and reading have come on so much in Year 1 and he's even writing independent sentences in lessons now. All the staff in Year 1 have been impressed with his effort and enthusiasm. Well done Charlie! 😊</p>	<p>1RB Scarlett Pickard - for being an amazing role model throughout the year, for consistently trying her best and for being a kind and helpful member of our class. Well done Scarlett 😊</p>
<p>2S Emilia Hickman for just being an absolute superstar in 2S. She is an always child who does incredible work in every lesson, is always enthusiastic, is a wonderful friend and is also bright and smiley, even after a walk in the rain! Keep it up Emilia, you've had a fantastic year in year 2! Well done! 😊</p>	<p>2J Our pupil of the week this week is Jacob Orson. Jacob has had a fantastic week and done his best in all his lessons. I have been especially impressed with his writing, where he has wowed me with the progress he has made in a short period of time. He is now writing neatly and is sounding out words much more accurately. I was also impressed by his number bond knowledge this week in maths. Keep it up Jacob! 😊</p>
<p>3W Elizabeth Norgate is 3W's pupil of the week. She has had an outstanding week in school and has really impressed with her enthusiasm for her work. She has come up with excellent ideas for our persuasive writing work in English and has been brilliant in maths describing the properties of shapes. Not only that but she's had a smile on her face all week and fully deserves her award! 😊</p>	<p>3R My pupil of the week Kaelen Patel. This is the second time I've given Kaelen pupil of the week for his superb attitude to learning and for being an absolute delight to teach. Kaelen always tries hard with everything he does and has made excellent progress this year with all his subjects. He has particularly impressed me with his writing and artwork which I know he is very proud of too. Well done Kaelen! 😊</p>
<p>4L Charlotte Campbell is our Pupil of the Week in 4L for being a wonderful member of the class. Charlotte always tries incredibly hard with her learning and puts 100% into everything she does. She represented our school wonderfully on our school trip to Bradford Science and Media Museum. Well done Charlotte! 😊</p>	<p>4H Christopher Beatham for showing enthusiasm in science. He really impressed me on our school trip yesterday to Bradford Media Museum where he participated in discussion, asked lots of questions and shared lots of facts about the solar system! Well done Christopher! 😊</p>
<p>5O George Haywood for working really hard in maths, showing a mature attitude around school and being very brave when dealing with his thumb injury. 😊</p>	<p>5E Leah Haggas, for yet another superb week. Her writing has been superb when writing our newspaper report on Lindisfarne but her improvements in Maths over the last few weeks have been amazing. Keep it up! 😊</p>
<p>6C Oscar Thomas for his exemplary attitude while working in a team for Y6 enterprise; often having to take on extra responsibilities while members of his group are out. He also shows impressive fairness and empathy</p>	<p>6M Natasha Dayman for her fantastic work on Kensuke's Kingdom. She has produced a fantastic reading journal that is well presented and neat, with well thought-out ideas to her answers. This is typical of Natasha</p>

during all class discussions and activities. Keep up the superb efforts. 😊

who produces exceptional work in everything she does. Well done 😊

### **Class Photos**

The photographer has been in school today and taken the class photos as planned. Next week we will send out a link to the proof and all orders will be made online directly to Tempest Photography. Please look out for the email next week as the links will only allow free postage to school for orders placed within 7 days of the link being live. After that time, you will still be able to order the photos but they will be delivered to your home and you will be charged for postage.

### **Science Week: Monday 28<sup>th</sup> June – Friday 2<sup>nd</sup> July**

To celebrate science week in school there will be different activities happening in the classrooms, and also some science demonstrations uploaded to the website when we take part in the Great Science Share on Monday 28<sup>th</sup> June.



### **Science Week Home Learning Challenge: Create a marble run.**

Cardboard, sticky tape, marbles - what else have you got lying around the house? Can you build a run that keeps the marble going for as long as possible? What recycled material could you use?

Visit the science page on the school website to get some inspiration for how you could make your marble run. Don't worry it doesn't need to go as long as a minute, just try and keep the marble going for as long as you can.

Send in a video of your marble run in action to your year-group email, by **Wednesday 30th June** to be in with a chance to win.

There will be a winner for the marble that travels for the longest time in KS1 and KS2 as well as a prize for the most eco-friendly design. Get problem solving!



### **Sports Day reminder**

Friday 2nd July - Year 5  
Monday 5th July - Year 6 and Reception  
Tuesday 6th July - Years 1 and 2  
Wednesday 7<sup>th</sup> July - Years 3 and 4

The team colours are as follows:

Matthew = blue

Mark = green

Luke = yellow

John = red

### **Mathletics news**

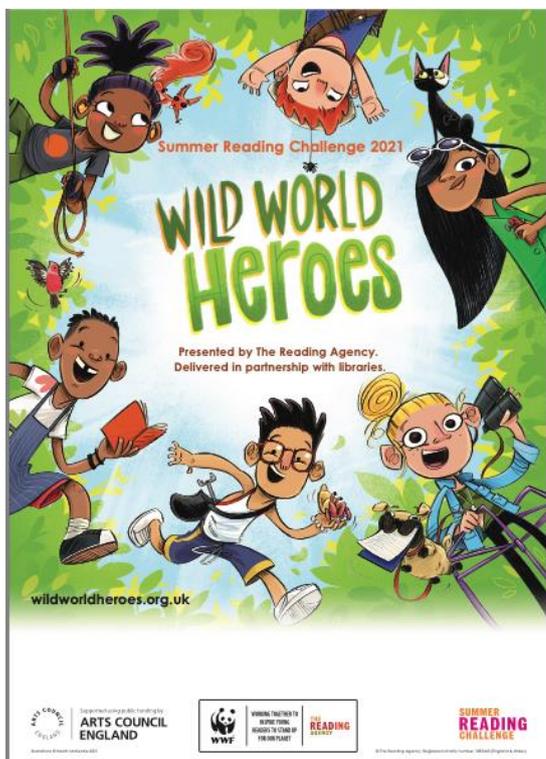
This week the Key Stage trophies go to....3W in KS2 and 2S in KS1 😊

Top 10 mathletes this week:

1. Ewan Horner
2. Rajan Bhath
3. Sebastian Wilson
4. Eden Abidian

5. Jenson Bryer
6. William Prestwich
7. Maisie Redmond-Ford
8. Lily Jacques
9. Luca Jowett-Rosa
10. Rose Prestwich

## Summer Reading Challenge



The reading challenge run by our library service is on the theme of Reading Heroes. The Challenge launched on 19<sup>th</sup> June and runs over the summer break. You join up at your local library who will have more information for you.

### Support available

A useful link: Parenting in a Pandemic: Support for your Mental Wellbeing in Lockdown 3.0

<https://northleeds.mumbler.co.uk/parenting-in-a-pandemic-support-for-your-mental-wellbeing-in-lockdown-3-0/>

If at any time parents/carers have any concerns about their own wellbeing or family relationships; the way their children are coping with home schooling; or any worries about more practical issues such as food, bills, parenting difficulties etc... we can access various support services via the local cluster. Please ask if you need anything, we may be able to help 😊. Please contact Mrs Casling via the [info@holyltrinity.leeds.sch.uk](mailto:info@holyltrinity.leeds.sch.uk) or telephone school at any point and I will get back to you.

Mrs Casling (Deputy Head and Inclusion lead)

## Training Days

The half-day training day that we cancelled during February will now be **23<sup>rd</sup> July**.

## Training Day Gate times for your child

### 23<sup>rd</sup> July

Year group	Gate	Time	
		AM	PM
6	Fire Gate	8:30	1pm
5	Fire Gate	8:40	11:40
4	Fire Gate	8:50	11:50
3	Office Gate	8:40	11:40
2	Main Gate	8:45	11:45
1	Main Gate	8:55	11:55
R	Office Gate	8:50	11:50

Monday and Tuesday 26<sup>th</sup> and 27<sup>th</sup> July are also training day  
Cath Hellings  
Headteacher



Leeds

Clinical Commissioning Group



[www.kooth.com](http://www.kooth.com)

Dear Parents/ Carers,

We are writing to inform you of a mental health and emotional wellbeing service available to young people called Kooth. We know that there are times when life can feel like a struggle and that, especially this year, some extra support can be needed. Recognising this, Kooth has been commissioned by Leeds NHS Clinical Commissioning Group to provide free, anonymous and safe online support for young people aged 10-18.

Kooth is an online community ([www.kooth.com](http://www.kooth.com)) that is accessible 24/7, 365 days of the year and provides access to chat sessions with BACP-accredited counsellors and qualified emotional wellbeing practitioners. All out-chat sessions are done via text, and last up to an hour. Chat is available from 12pm to 10pm on Monday-Friday, and 6pm-10pm on Saturday-Sunday, providing a much needed 'out of hours' service. Kooth is accessible from any device that can access the Wi-Fi, allowing young people to seek help and support at a time and location that is suitable for them.

But Kooth is so much more than just having chat sessions. Young people can get peer-to-peer support, as well as get involved with activities designed to improve emotional wellbeing and resilience. They can participate by reading/writing magazine articles, keeping a journal, setting goals and engaging in discussion boards and live forums. We allow young people to share their experiences safely, and everything contributed to the community is thoroughly moderated by the online team so that we can guarantee there won't be any trolling, bullying or judgement – they also won't be allowed to share any personal details with each other.

Kooth is not a replacement for any in person support for a young person; rather it is an additional means of accessing further support. There is no such thing as a problem that is too big or too small at Kooth. Our team reflects all communities and walks of life, so no matter what issue you come to us with there is somebody at Kooth who can and will help.



**Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

**[Silvercloud self-directed website for parents/carers](#)**

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13–18-year-olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10–18-year-olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

**The Mix** Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources. [www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

### **The Market Place**

The Market Place offers free, confidential support in Leeds 11–25-year-olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

### **Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

### **Bereavement support for Children and Young People**