



Thursday 6th May 2021



LO: To learn strategies to deal with feelings in the context of relationships

 Feel	
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 Think	
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 Do	
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 Feel	
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 Think	
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 Do	
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1) Mollie spends lots of time with her best friend who she has known all her life. Mollie feels really lucky to have a best friend of the opposite sex without having to worry about being boyfriends or girlfriends.

One day on the way home from school her best friend tells her that they fancy her and asks Mollie to go out with him.

How does Mollie feel?

2) Jacob has a friend who has been very quiet recently. They have stopped smiling and don't want to spend time with anybody anymore.

One lunchtime Jacob asks what is wrong. Their friend starts to cry but refuses to talk about what is the matter.

How does Jacob feel?

3) It is nearly Lucy's birthday and she is desperately hoping for an MP3 player. When Lucy's family ask what she would like as a gift, Lucy tells them about the MP3 player.

Lucy's family say that they can't afford something that expensive.

How does Lucy feel?

4) Becky and Shannon has spent quite a bit of time getting ready to go out. They are spending Saturday afternoon in the park with friends.

Their dad stops them as they get to the door and tells them that they cannot go out looking like that.

How does Becky and Shannon feel?

5) Sam has a good friend. People have begun to gossip about them because they have started to sweat more and sometimes smell a bit.

One day after PE Sam's friend sits next to them and asks why people have started to avoid them.

How does Jack feel?