

**Balanced Diets**

(a) A class carries out a survey to find out how often the children eat vegetables.

**Tally chart to show how often the children eat vegetables**

How often?	How often?
more than once a day	HHH /
once a day	HHH / IIII
once a week	HHH HHH /
less than once a week	///
never	

Use the tally chart. How many children eat vegetables more than once a day?

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1 mark

(b) Eleven children gave the same answer as each other.

Use the tally chart to find out what answer these eleven children gave.

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1 mark

(c) In a balanced diet, each food group has a special function in the body. Each food below is a good source of something the body needs.

Draw **THREE** lines below to match each food to its special function.

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Food	Function: Good source of...
carrots and oranges	fuel for activity.
chicken and eggs	new material for growth.
bread and cakes	vitamins for health.

1 mark