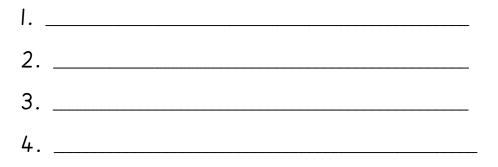
Before	After
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So Florence Nightingale helped to make hospitals more \_\_\_\_\_\_.

What are the 4 things that we need to do to make sure we get rid of as many of the bad germs on our bodies as possible and stay hygienic and healthy?



Is there anything else that you can think of that will also help to stop germs spreading?