

Wednesday 3rd February 2021

LO: To know actions affect
myself and others

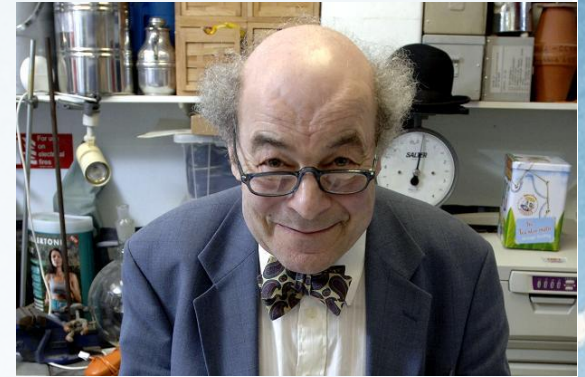
Understand that my actions affect myself and others

To develop self-awareness, doing the right thing

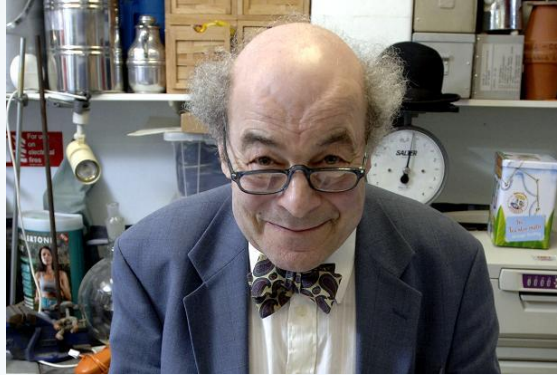
To learn the connection between discrimination and uncomfortable feelings

To understand the meaning of 'stereotypes'

What information can you find out about these people and what they are good at?



Do you think that we have stereotyped some of these people in the pictures? For example, how do we know that this man doesn't love rap music?



How do we know that this boy doesn't love ballroom dancing?

We should never 'Judge a book by its cover'.



Discrimination - unfair treatment of one particular person or group of people. Usually the different treatment is because of the person's gender, religion, nationality, culture, race or other personal traits.

A *stereotype* is an idea about a group of people that's believed by a lot of people. Stereotypes are not based on fact. Instead, stereotypes are based on opinions or feelings.

Stereotypes are often negative because they assume everyone in a certain group is the same or acts the same way. All groups are made up of people who have different personalities, strengths and weaknesses.

A stereotype about a certain group of people could turn into a prejudice and discrimination.



Chetan's Story

- Why do you think Chetan was treated this way?
- How do you think it made him feel?
- What could he do when he was feeling this way?
- Who else was affected by what Chetan was experiencing? Why?



<http://www.bbc.co.uk/education/clips/z3krkqt>



Exploring Discrimination

- Gender

- Race

- Religion

- Disability

- Culture



Doing the right thing

In pairs, take it in turns to be Familiou and the other girl in the clip. Practise role playing what you might say to Familiou if you had treated her this way.



<http://www.bbc.co.uk/education/clips/zkhmhyc>

- How did Familiou feel?
- What would the right thing have been for her friend to do? Why?
- What could you say if you had treated Familiou this way and you needed to apologise?



What kind of words/vocabulary could I use to apologise when I have done something wrong?

Sometimes, people might need some time to reflect or to calm down before they are ready to discuss the situation and apologise.

Remember, it's not always easy to say sorry.

Reflect on a time when you have done something wrong/unkind. How might it have made the other person feel? What could you have done to put it right?



