

**KS1: Year 1/2 Lesson 2 Resource 4b: Maz's changing feelings grid**



What is Maz doing?	At first Maz feels...	Later on Maz feels...	What would help Maz to feel better?
Eating sweets	happy	unhappy	Have a glass of water. Next time he might save some sweets for another day.
Going to a birthday party			
Dancing			
Thinking about his family			
Playing in the sunshine			