



Cookridge Holy Trinity Church of England (A) Primary School

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'The Best for Every Child -a Unique Child of God'
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Dear Parent / Carers

Our Christian Value this term is [Hope](#).

Our Ethos Statement this week is:

[Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honour depend on God; he is my mighty rock, my refuge. Trust in him at all times, O people; pour out your hearts to him, for God is our refuge. Psalm 62:5-8](#)

A new way of working

We hope that you are all managing to keep safe during these uncertain times and have managed to enjoy a half term Stay-cation in an exotic part of your garden/home.

After a rigorous risk assessment, we broadened the opening of school this week with 4 bubbles of year 6 children being the first full year group to return to school. The children joined the bubbles of key worker children who have been coming into school since the week before Easter. I am reluctant to call it a return to normality because we do have a new normal way of doing things that we are all learning then analysing and relearning about.

There was a nervous excitement (both parents and children) on the gate on the first day for the year 6 with hand washing and social distancing on the curriculum – as well as maths and English!

Some children in year 1 are due to return to school in their 'bubbles' next week and the children in reception classes in future weeks.

There is no news around when the children in year 2, 3, 4 and 5 will return to school. Their teachers will continue to set work on the school website and make contact with the children in their class.

Please ensure that if you need to come into school this is by prior appointment only.

Please bear with us during this time.

Maths News

The next set of results are in...

Each week the Mathletics trophy is awarded to the class with the best participation in Mathletics, and we will announce our top ten school mathletes - the individual pupils with the most participation points.

Our top ten mathletes for w/c 1st June 2020 are:

1. Christian Holmes (1A)
2. Ruby Jones (1RB) - new entry 😊
3. Amelia Matson (3W)
4. Caleb Townsley (4H)
5. Elliott Blacker (3W)
6. Ellie Filewood (3W)
7. Ruiari Newton (3R) - new entry 😊
8. Imogen Townsley (3R) and Luke Wilson (4L) - new entry 😊 - joint scores
9. Inaara Mahmood (RW) - new entry 😊
10. Isabelle Dodds (4L) - new entry 😊

 **THE CHURCH
OF ENGLAND**
Diocese of Leeds



The Best for Every Child- a Unique Child of God

This week the key stage trophies have been awarded to: KS1 – RR and KS2 – 3W

Pupil of the week – although we are not able to be at school we would still like to recognise the efforts and skills of our pupils. Teachers may choose someone they know has submitted a super piece of work, left an enthusiastic comment, been trying hard on Mathletics or TT Rockstars, or been being a wonderful Holy Trinity example in the home environment by being kind and caring to their family.

RR My pupil of the week is Emad Hilali. It has been wonderful to see Emad's work based on our new topic 'Under the Sea' this week. Emad has drawn a fantastic shark and written a super sentence about it, trying very hard with his letter formation and finger spaces. Well done Emad :)	RW Our pupil of the week is Oscar Thompson, for his fantastic documentary at home. He has learnt so many amazing facts about different animals and is able to answer questions giving lots of detail about them. He has also produced some fantastic pieces of writing, using his phonics to write about different sea creatures independently 😊
1RB Our pupil of the week is Emily Cail. She has been working very hard, particularly with her writing. Emily produced a fantastic piece of work on carnivorous plants, presented her work beautifully and drew a superb picture. Well done Emily! 😊	1A Summer Cass for her fantastic attitude to her learning. Without fail, Summer has sent me her work every week and photos of what she has been getting up to in lockdown. I'm so impressed with how much effort you are putting in Summer, keep it up!
2J My pupil of the week this week is Ivan Lightowler. Ivan has returned to school this week as part of the key worker bubble and has adapted to the change really well. He has had a mature attitude to his learning and has tried really hard in all his lessons. It's been lovely to see you Ivan 😊	2S Anita Cwener for her fantastic video advert! I've been so impressed by all the Charlie and the Chocolate Factory work from last term, I know you're all working incredibly hard, keep it up!
3W Well done to all of 3W for another great week working at home. I've seen yet more examples of some excellent work from you all so well done! Particular well done to Amelia who is our pupil of the week. Amelia has been working really hard at home completing a range of work and racking up the points on mathletics. Well done, Amelia 😊	3R My pupil of the week is Maisie Redmond for having a brilliant attitude towards her home learning. Maisie has been very busy creating a fantastic PowerPoint about life in Ancient Greece. She's also made her own Matilda inspired video which I loved! Keep up all the super work Maisie :)
4H My pupil of the week this week is Caleb Townsley for his hard work in his maths where he has shown excellent determination to earn more coins on times table rockstars! He has also been working hard on his spellings and reading every day and has written a wonderful story, linked to our ancient Egyptians topic, about a mummy! Caleb has demonstrated real patience when painting beautiful, "paint by numbers" pictures and completing detailed jigsaws in his spare time! Well done Caleb!	4L My pupil of the week in 4L is William Miller. He has settled really well into his first week back at school. He has been really enthused with his learning and has produced some excellent descriptive writing and topic work! Well done Will!
5E Sophie Askey, for a brilliant entry in the 'Paint Al's Wall' competition- to design a wall to motivate Alistair Brownlee's swimming in the endless pool, which is part of the Brownlee Foundation. Sophie's work has been shortlisted and can be found here- http://www.thebrownleefoundation.org/wp-content/uploads/2020/04/Paint-Als-Wall-Competition-1.pdf . This is on top of the work completed from the website. Well done Sophie.	5O My pupil of the week is Elliot Cameron for showing a superb attitude to home learning. Well done Elliot.
6M Lydia for her fantastic attitude since coming back. She showed great skills whilst working on percentage- well	6C Olivia Adkins, for all her fantastic work over the last few months which has continued on her return to school. She

done Lyd :)

is demonstrating a mature, adaptable attitude to the new routines. Keep up the great work.

Pupdate

Poppy Hellings was in school this week.

She had a great time meeting her children in year 6 as well as her group of children in the key worker bubble – she did go into the bubbles but ensured that she kept a social distance – it was very difficult for her though as she was excited by the thought of meeting lots of new children!



As you can see - It is exhausting being the Holy Trinity School Dog!

Every Mind Matters

Every Mind Matters has released expert advice and top tips on how to look after your mental wellbeing if you need to stay at home during the coronavirus (COVID-19) outbreak. It also includes guidance if you're feeling worried or anxious about the outbreak. Please visit: www.nhs.uk/oneyou/every-mind-matters/ Learn about the government response to coronavirus on GOV.UK. For further health information and advice please visit nhs.uk/coronavirus.

Keep safe everyone and keep in touch.

Cath Hellings
Headteacher



RE: Supporting Parents and Carers during Self-Isolation and School Closures

We understand that this is a challenging and worrying time not only for our students, but for many of our parents and carers. We have therefore, put together this list of local and national agencies or charities that will offer advice, signpost or support you first hand. We hope you find it useful. All schools in the ESNW cluster of schools are working together to ensure we can support all our families.

Below are a range of different support that all our families can access;

ESNW Cluster

The Cluster supports families with children who are aged 0-19 in the Leeds area. Their aim is to give children who are enrolled at schools in Leeds the support needed to become successful and reach their potential. Some of the services their core team provide are family support, parenting courses, and therapeutic support for young people, children and adults. They can be found at;

Ireland Wood Children's Centre

Raynel Gardens

Leeds

LS16 6BW

Or visit our Facebook Page – ESNW Cluster

Mental Health Support, Information and Advice for Adults and Parents/Carers:

Key websites to access

www.leedsmind.org.uk

www.mindmate.co.uk

Silvercloud self-directed website for parents/carers

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

Mental Health Support for Children and Young people

Mindmate www.mindmate.org

Teen Connect (13-18 years) Teen Connect is a helpline for Leeds based 13-18 year olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

Kooth online counselling an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10-18 year olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. www.kooth.com

Give us a shout <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

Childline <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.
www.themix.org.uk

Resist or manage the urge to self-harm

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

Safe Zone (11-17 years)

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

The Market Place

The Market Place offers free, confidential support in Leeds 11-25 year olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. www.themarketplaceleeds.org.uk

Samaritans

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123 <https://www.samaritans.org>

Bereavement support for Children and Young People