



## Cookridge Holy Trinity Church of England (A) Primary School

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**'The Best for Every Child - a Unique Child of God'**  
**ISSUE No 460**

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Dear Parent / Carers

Our Christian Value this term is [Compassion](#).

Our Ethos Statement this week is:

[Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. 2 Corinthians 1: 3-4](#)

Caring for life are linking our weekly Ethos statement and Christian Values to activities for children on their website. The website for Caring for Life is [www.gccheedsnorth.org](http://www.gccheedsnorth.org). Both the regular service and the Kids talk can be found on the home page the more specific children's activities can be found on the Kids Zone tab of the website. This is accessible by a password. If parents would like access to this area then they can email [gccheedsnorth@gmail.com](mailto:gccheedsnorth@gmail.com) to have the information sent to you. The activities are suitable for all Primary school aged children.

### **Uncertain times**

We hope that you are all managing to keep safe during these uncertain times.

The government plans to open schools from 1<sup>st</sup> June will be confirmed on either 28<sup>th</sup> or 29<sup>th</sup> May – we will, once again, hear the news at the same time that you do. We have been busy this week carrying out an in depth risk assessment that has been devised by the Local Authority applying it to our school context. I can honestly say that it has caused a few sleepless nights. The uppermost priority for us in school is the health, safety and wellbeing of our children and adults during this time. We have considered what the Government want us to achieve and adapted that vision to how it can be applied in our school. Again we are planning for a new way of working in school.

We have a provisional plan in place – which is dependent upon outcomes on 28<sup>th</sup>/29<sup>th</sup> May.

Please ensure that if you need to come into school this is by prior appointment only.

Please bear with us during this time.

### **Maths News**

The next set of results are in...

Each week the Mathletics trophy is awarded to the class with the best participation in Mathletics, and we will announce our top ten school mathletes - the individual pupils with the most participation points.

Our top ten mathletes for w/c 18th May 2020 are:

1. Christian Holmes (1A)
2. Amelia Matson (3W)
3. Lewis Kellett (4L)
4. Ellie Filewood (3W) - new entry 😊
5. Oliver Mitchell (2J)
6. Imogen Townsley (3R)
7. Elliott Blacker (3W)
8. Ashley Farmery (5E) - new entry 😊

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9. Oliver Thompson (2J) - new entry 😊

10. Joshua Smith (5E)

This week the key stage trophies have been awarded to: KS1 – 1RB and KS2 – 4H

**Pupil of the week** – although we are not able to be at school we would still like to recognise the efforts and skills of our pupils. Teachers may choose someone they know has submitted a super piece of work, left an enthusiastic comment, been trying hard on Athletics or TT Rockstars, or been being a wonderful Holy Trinity example in the home environment by being kind and caring to their family.

RR My pupil of the week is Ernie Boyle. It has been wonderful to see his enthusiasm and creativity at home. He has done excellent writing and art work based on our special story this week. He has also been enjoying Mr. Mercer's music lessons and time outside - even decorating and flying a Kite. Well done, Ernie 😊	RW Our pupil of the week in RW is Renae Charlton-Matthew for working very hard at home. This week our special story was The Hungry Caterpillar, Renae and her brother found a cocoon in their garden and have been very caring and gentle. Renae has also been working hard with her maths, planting seeds and working out one more and one less. Well done Renae, keep up all the hard work.
1RB Our pupil of the week this week is George Thomas. George has been working exceptionally hard at home, not only in his maths and English, but also going out into the garden, identifying the different plants and trees and creating a wonderful wildlife are for minibeasts to live in. He also made a stunning flower collage made from natural materials. Well done George! 😊	1A Well done 1A for working really hard this term. You have all tried so hard with working in a different way during our school lockdown. Have a lovely half term holiday – you all deserve a break ☺
2J All of 2J have had a fantastic week at home doing lots of super activities. My pupil of the week this week goes to Oliver Mitchell for his fabulous efforts with his maths. He's managed to get onto the Athletics leaderboard for the first time and I also know that he's been keeping up with his reading practice at home too. Keep it up Oliver 😊	2S Nicola Stincheddu-Tedde for his fantastic attitude to his learning at home. He's trying incredibly hard with every piece of work and I've loved seeing how much his handwriting is improving! A huge well done Nicola, and to the rest of 2S for all being so fabulous this half term! I know you're all being absolute superstars at home, keep it up! 😊
3W A really tough choice again this week, I've seen lots of excellent examples of work from 3W as usual so well done everyone. However, I've chosen Elliott Blacker this week, he's been smashing athletics over the last few weeks building some excellent scores. Well done 😊	3R Imogen Townsley for persevering with her work at home and creating a fantastic myth linked to our topic of Ancient Greece. Imogen has worked incredibly hard to plan and write her myth and I really enjoyed reading it. She used lots of imaginative description and thought carefully about her characters. She should be incredibly proud of her writing 😊 Keep up the fantastic work Imogen!
4H My pupil of the week this week is Seth Clark. He has been keeping very busy with his fantastic Egyptian topic work. I was very impressed with his beautiful pharaoh headdress art work! I am glad to hear that he has been developing his PE skills playing football and making delicious fudge! Well done Seth!	4L My pupil of the week is Evie for her fantastic effort with her home learning. She has produced some great descriptive writing including a description of Howard Carter's discovery of Tutankhamun's tomb and a brilliant newspaper report of the discovery using quotations. What a busy week! Well done Evie, Miss Lill
5E Alice Smith for her wonderful artwork. Alice produced a detailed drawing of a face complete with great shading, having used the instructions and top tips to perfect her work.	5O Yasmine Abotorabi for having an excellent attitude to her learning at home and getting through lots of tricky maths work.
6M All of 6M for their hard work over this half term. They have all really risen to the challenge in difficult times and have done themselves and our school proud- well done 6M!	6C Sean Potter for his outstanding attitude over the past few weeks. He has shown impressive independence in completing his home learning tasks. He has also been very busy in putting his many other skills to the test, while also doing lots of problem solving, when helping his family with home DIY tasks and building an impressive robotic arm. Keep up the great work!

## Pupdate



Poppy after her bath

Poppy Hellings was in school this week.

She had a great time seeing the children and meeting other Holy Trinity children who just happened to be walking by. At home it was bath time – she had a great time splashing around (trying to escape) she definitely enjoys that lighter feeling after her bath.

She always has to look her best for her new school friends!

It is exhausting being the Holy Trinity School Dog!

## Every Mind Matters

Every Mind Matters has released expert advice and top tips on how to look after your mental wellbeing if you need to stay at home during the coronavirus (COVID-19) outbreak. It also includes guidance if you're feeling worried or anxious about the outbreak. Please visit: [www.nhs.uk/oneyou/every-mind-matters/](http://www.nhs.uk/oneyou/every-mind-matters/) Learn about the government response to coronavirus on GOV.UK. For further health information and advice please visit [nhs.uk/coronavirus](http://nhs.uk/coronavirus).

Keep safe everyone and keep in touch.

Cath Hellings  
Headteacher



## **RE: Supporting Parents and Carers during Self-Isolation and School Closures**

We understand that this is a challenging and worrying time not only for our students, but for many of our parents and carers. We have therefore, put together this list of local and national agencies or charities that will offer advice, signpost or support you first hand. We hope you find it useful. All schools in the ESNW cluster of schools are working together to ensure we can support all our families.

Below are a range of different support that all our families can access;

### **ESNW Cluster**

The Cluster supports families with children who are aged 0-19 in the Leeds area. Their aim is to give children who are enrolled at schools in Leeds the support needed to become successful and reach their potential. Some of the services their core team provide are family support, parenting courses, and therapeutic support for young people, children and adults. They can be found at;

### **Ireland Wood Children's Centre**

Raynel Gardens

Leeds

LS16 6BW

Or visit our Facebook Page – ESNW Cluster

### **Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

#### **Silvercloud self-directed website for parents/carers**

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13-18 year olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10-18 year olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

**The Mix** Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.

[www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

#### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

#### **The Market Place**

The Market Place offers free, confidential support in Leeds 11-25 year olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

### **Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123

<https://www.samaritans.org>

### **Bereavement support for Children and Young People**