



## Cookridge Holy Trinity Church of England (A) Primary School

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**'The Best for Every Child - a Unique Child of God'**  
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Dear Parent / Carers

Our Christian Value this term is **Compassion**.

Our Ethos Statement this week is:

Thus has the LORD of hosts said, 'Dispense true justice and practice kindness and compassion each to his brother; Zechariah 7:9

Caring for life are linking our weekly Ethos statement and Christian Values to activities for children on their website. The website for Caring for Life is [www.gccleedsnorth.org](http://www.gccleedsnorth.org). Both the regular service and the Kids talk can be found on the home page the more specific children's activities can be found on the Kids Zone tab of the website. This is accessible by a password. If parents would like access to this area then they can email [gccleedsnorth@gmail.com](mailto:gccleedsnorth@gmail.com) to have the information sent to you. The activities are suitable for all Primary school aged children.

### **Uncertain times**

We hope that you are all managing to keep safe during these uncertain times.

The government plans to open schools from 1<sup>st</sup> June has been occupying our thoughts this week. We heard the announcement on Sunday – at the same time as everyone else and have been busy considering what that means for us all at Holy Trinity.

There are clear criteria that need to be met before schools can start to open – and the country is not there yet.

During the process of our preparation we are listening to government advice as well as Local Authority and Union advice (also the advice from the Health and Safety team in Leeds). A full risk assessment is being developed; when this is complete, and when we feel that we can offer a safe environment for both children and staff, we will be in touch with our parents of children in Reception, Year 1 and Year 6 to discuss next steps. Please bear with us during this time.

### **Maths News**

The next set of results are in...

Each week the Mathletics trophy is awarded to the class with the best participation in Mathletics, and we will announce our top ten school mathletes - the individual pupils with the most participation points.

Our top ten mathletes for w/c 11th May 2020 are:

1. Christian Holmes (1A)
2. Arnav Gupta (3R)
3. Elliott Blacker (3W)
4. Amelia Matson (3W)
5. Charlotte Campbell (3W) – new entry 😊
6. Oliver Mitchell (2J) – new entry 😊
7. Luca Jowett-Rosa (4L) – new entry 😊
8. Zachary Taylor (1A)
9. Imogen Townsley (3R)
10. Lewis Kellett (4L) – new entry 😊

 THE CHURCH  
OF ENGLAND  
Diocese of Leeds



**The Best for Every Child- a Unique Child of God**

This week the key stage trophies have been awarded to:  
 In KS2 it's a joint 4 way share for 6M, 3R, 3W and 4H!  
 In KS1 it goes to 1R

**Pupil of the week** – although we are not able to be at school we would still like to recognise the efforts and skills of our pupils. Teachers may choose someone they know has submitted a super piece of work, left an enthusiastic comment, been trying hard on Mathletics or TT Rockstars, or been being a wonderful Holy Trinity example in the home environment by being kind and caring to their family.

<p>RR          My pupil of the week is Oliver Hargreaves. He has had a fantastic week of home learning including some excellent fact writing about the different planets. He has also continued to develop his love of reading and I have been lucky enough to listen to a video of his excellent fluency and expression. Well done Oliver 😊</p>	<p>RW          This week we have chosen Boo Mellor for our pupil of the week. Boo has enjoyed our special story this week of What the Ladybird heard. She has drawn a brilliant map by listening to the characters description of the farm, showing excellent understanding! Well done Boo J</p>
<p>1RB          Our pupil of the week this week is Oliver Watkinson. He has made an outstanding effort with his Mathletics this week and has produced some amazing work on Jack and the Beanstalk and on plants. He has also shown kindness by delivering scones to his neighbours for VE day. Well done Oliver!</p>	<p>1A          Christian Holmes for his a super attitude to learning. Christian been continuing with his English and handwriting whilst at home but has also really been putting in the hours with his mathletics. Keep it up Christian!</p>
<p>2J          Ollie Thompson for his wonderful and inspiring fundraising efforts! Ollie has now finished his marathon with his final few miles completed last Saturday morning, with a continuous smile on his face and in front of cheering fans 😊. To date Ollie has now raised an enormous £2254 for the NHS. Thank you to all the parents and staff who have contributed to his fund. Ollie you're amazing and I'm very proud of you! 😊</p>	<p>2S          Tobias Gautry          A huge well done to all of 2S for being so fantastic! Our pupil of the week is Tobias for trying his absolute best at everything and being so positive and enthusiastic! You have been a superstar!</p>
<p>3W          Another fab week of learning this week and I've seen lots of super examples of work from the class but Ellie Filewood is 3W's pupil of the week this week. She has been working extremely hard at home, particularly with mathletics where she has been determined to get as points as possible. Well done, Ellie</p>	<p>3R          Alice Lyons for writing a fantastic myth using lots of descriptive vocabulary. Alice always works incredibly hard in school and it is amazing to her fantastic attitude to learning continue at home too. Keep up the super work Alice :)</p>
<p>4H          Ahmed Rady for his hard work in English and maths. He has also been very enthusiastic learning about our latest topic, "Ancient Egyptians." Ahmed has also been very eager to read higher level books and develop his reading and comprehension skills. Well done Ahmed!</p>	<p>4L          My pupil of the week is Millie for her fantastic attitude towards her home learning. She is working incredibly hard and has produced some lovely pieces of work for me to see! Well done Millie and keep it up! Miss Lill x</p>
<p>5E          Joshua Smith for his dedication to producing so many fantastic pieces of work each week. This week, I particularly enjoyed your poetry recital, complete with percussion and woodwind instruments for extra effect.</p>	<p>5O          Thomas Doore for an excellent poetry reading, trying his best at home and making Mr O laugh in the comments section on the website.</p>
<p>6M          Noah O'Hara for his growth mindset to solve the problems set. He is working hard and if he is unsure, getting in touch to find out how to solve it- well done Noah.</p>	<p>6C          Emily Riley for her continual hard work and efforts during the last few weeks. She has produced some great pieces of work that have been posted on our Year 6 class page, including: a ski resort brochure, a giant mountaineer and a clay model of a mountain range. Keep going with all the superb efforts with your home learning.</p>

### **Pupdate**

Assault course training with Miss Slaney and Tobias



After the training –she did a bit of interviewing her friends about what they thought of how well the training went – they were very impressed.



Poppy Hellings was in school this week – she had such a busy day:

She had some assault course training followed by a quick game of football – although she is more of a rugby union girl.

She then had some recovery time with her friends.

She said hello to children passing the school gates and then did a little bit of paper work with Mrs Murphy in the school office.

It is exhausting being the Holy Trinity School Dog!

### **Every Mind Matters**

Every Mind Matters has released expert advice and top tips on how to look after your mental wellbeing if you need to stay at home during the coronavirus (COVID-19) outbreak. It also includes guidance if you're feeling worried or anxious about the outbreak. Please visit: [www.nhs.uk/oneyou/every-mind-matters/](http://www.nhs.uk/oneyou/every-mind-matters/) Learn about the government response to coronavirus on GOV.UK. For further health information and advice please visit [nhs.uk/coronavirus](http://nhs.uk/coronavirus).

Keep safe everyone and keep in touch.

Cath Hellings  
Headteacher



### **RE: Supporting Parents and Carers during Self-Isolation and School Closures**

We understand that this is a challenging and worrying time not only for our students, but for many of our parents and carers. We have therefore, put together this list of local and national agencies or charities that will offer advice, signpost or support you first hand. We hope you find it useful. All schools in the ESNW cluster of schools are working together to ensure we can support all our families.

Below are a range of different support that all our families can access;

### **ESNW Cluster**

The Cluster supports families with children who are aged 0-19 in the Leeds area. Their aim is to give children who are enrolled at schools in Leeds the support needed to become successful and reach their potential. Some of the services their core team provide are family support, parenting courses, and therapeutic support for young people, children and adults. They can be found at;

#### **Ireland Wood Children's Centre**

Raynel Gardens

Leeds

LS16 6BW

Or visit our Facebook Page – ESNW Cluster

### **Mental Health Support, Information and Advice for Adults and Parents/Carers:**

Key websites to access

[www.leedsmind.org.uk](http://www.leedsmind.org.uk)

[www.mindmate.co.uk](http://www.mindmate.co.uk)

#### **Silvercloud self-directed website for parents/carers**

Northpoint have worked with Silvercloud Health to provide access to online support for parents and carers during the current situation.

The site has been designed by clinical experts with the aim of empowering you to think and feel better. The website includes programmes that are tailored to your needs. It contains easy to use content and interactive tools.

The online space is secure and anonymous. No identifying details are required apart from a contact e-mail address.

To access the site go to <https://nhs.silvercloudhealth.com/signup/> and enter the code 'north' when prompted.

### **Mental Health Support for Children and Young people**

**Mindmate** [www.mindmate.org](http://www.mindmate.org)

**Teen Connect (13-18 years)** Teen Connect is a helpline for Leeds based 13-18 year olds who are in crisis. Open 6 pm – 2 am every night of the year. Call, go online or send a text 0771 566 1559 .

**Kooth online counselling** an emotional wellbeing service Kooth online counselling is a free, safe and anonymous service for 10-18 year olds where young people can chat 1-2-1 with counsellors, access self-help articles 24/7 and connect with peers through live moderated forums. [www.kooth.com](http://www.kooth.com)

**Give us a shout** <https://www.giveusashout.org/>

24/7 Anonymous Text Support for When You Feel You Can't Cope. Text Us Today

For support in a crisis, Text Shout to 85258

**Childline** <https://www.childline.org.uk> - Whatever your worry we can help you. Call Childline for help and advice!

Tel: 0800 1111

**The Mix Emotional support for under 25's. 24/7 Crisis messenger, 1-2-1 chat, forums and resources.**

[www.themix.org.uk](http://www.themix.org.uk)

### **Resist or manage the urge to self-harm**

The Calm Harm app has been customised for young people in Leeds (aged 12 – 25 years). It helps you resist or manage the urge to self-harm; it has a number of activities including breathing techniques to help reduce symptoms of stress and anxiety.

#### **Safe Zone (11-17 years)**

The Safe Zone is a crisis service for young people aged 11-17 in Leeds. It's open every Monday from 7pm to 10pm – the last drop-in to Safe Zone will be 9.30pm. Call 0113 819 8189 call before you go.

#### **The Market Place**

The Market Place offers free, confidential support in Leeds 11-25 year olds. Call 0113 246 1659 or 0113 819 8189. 18A New Market St, Leeds. [www.themarketplaceleeds.org.uk](http://www.themarketplaceleeds.org.uk)

### **Samaritans**

Samaritans is available round the clock, every single day of the year, for anyone who is struggling to cope. Call 116 123

<https://www.samaritans.org>

### **Bereavement support for Children and Young People**