

How We Deal With Bullying

We take bullying seriously:

- We have a clear Anti-Bullying Policy
- We follow our school's Golden Rules
- We educate each other through our PSHE and Philosophy for Children curriculum
- We offer Circle of Friends groups
- Our School councillors are trained to act as mediators
- We work with people who bully to help them understand their actions
- We have well-trained staff
- We have regular lessons and assemblies about bullying
- We practise improving relationships with each other
- Zero tolerance for bullying of any kind
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Cookridge Holy Trinity CoE Primary School

Anti-bullying Policy

At Cookridge Holy Trinity Primary School, we are committed to providing a caring, nurturing and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere free from oppression and abuse.



What is bullying?

If somebody physically hurts you, verbally or socially abuses you, that's bullying.



Physical: kick-spitting, push-

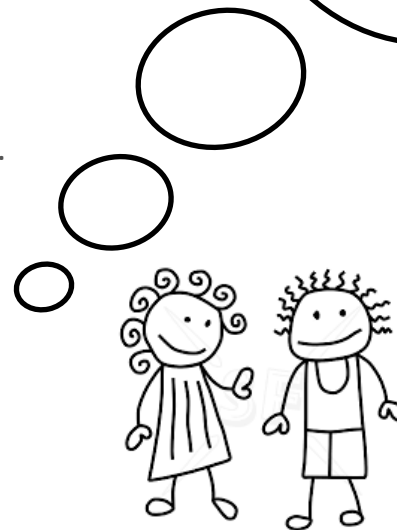
ing, hitting, ing.

Verbal: name calling, being teased or joked about.

Racist: calling racist names, teasing about skin colour/religion

Cyber: Saying unkind words through social media, text or email.

- ⇒ Be a good friend
- ⇒ Listen
- ⇒ Be a mediator
- ⇒ Talk to someone who can help
- ⇒ Be an ACTIVE bystander



How can we help someone being bullied?